

Key & interpreting the data

Allergy data detailed in the table has been derived from specifications obtained from the suppliers of the products.

Allergy data for condiments (pepper, salt, etc.) which you may add to your food, are listed at the bottom of the table (i.e. not with the dish).

NB the staff need to be informed of your allergy every time you dine with us even if you have eaten the dish before so that every precaution can be taken in our kitchen to prevent cross contamination.

'N' means that the allergen is not part of the product as it is delivered by the supplier .

'Yes' in a column entitled 'allergen(s) (e.g. gluten) present' indicates that the product contains that allergen & is, therefore, not suitable for you if you suffer from this allergy.

'C' means that this allergen is present in the manufacturing site/factory/supply chain & our suppliers believe there is a significant risk that this allergen could cross-contaminate the food.

The 'Yes'/No' in the column entitled 'suitable for vegans'/'suitable for vegetarians' details information supplied by the product manufacturer. Our kitchens have limited space and as such we cannot always preserve the vegetarian status of a meal. For example we only have one fryer for breaded products and so breaded vegetable products cannot be considered vegetarian.

'Data unavailable' is where ingredient detail for the item/dish is currently unavailable from the supplier & will be added onto the table upon obtaining it. Or because it is bought at local level in-house.

Gluten is a protein component of wheat, rye, barley & oats. If you are intolerant to gluten then please consult the 'gluten present' column.

Additives are artificial antioxidants, colours, flavourings, preservatives, sweeteners, flavour-enhancers & sulphites.

The Treenut column indicates the presence of the following; almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their respective derivatives.

NB: We have taken all reasonable steps to ensure that this table is accurate. However, we cannot guarantee that the product is '100% free from' that component because of the risk of unexpected cross-contamination. Your statutory rights are not affected.

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Buffet 1

47810	SW 1 SUB	REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
44910		DEEP BLUE TUNA IN BRINE	No	No	N	N	N	N	Yes	N	N	N	N
47183		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
47808		WILTSHIRE HAM	No	No	N	N	N	N	N	Yes	N	N	N
48656		SALTED SWEET CREAM BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
48777		BRANSTON PICKLE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
48950		WHITE SQUARE TIN BREAD	Yes	Yes	Yes	Yes	N	N	N	Yes	N	N	N
48951		BROWN SQUARE TIN BREAD	Yes	Yes	Yes	Yes	N	N	N	Yes	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
		SW 1 SUB	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	N	N
47073	BREADED MUSH SUB	BARBECUE HICKORY SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
48413		GARLIC & HERB BREADED MUSHROOMS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
		BREADED MUSH SUB	Yes	Yes	Yes	N	N	N	N	Yes	N	N	N
47101	SAUSAGE ROLLS SUB	COCKTAIL SAUSAGE ROLLS	No	No	Yes	N	N	Yes	N	Yes	N	N	N
		SAUSAGE ROLLS SUB	No	No	Yes	N	N	Yes	N	Yes	N	N	N
48130	VEG SPRING ROLLS SUB	MANDARIN CHILLI GLAZE	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48989		VEGETABLE CRACKER SPRING ROLL	Yes	No	Yes	Yes	N	N	N	N	Yes	N	N
		VEG SPRING ROLLS SUB	Yes	No	Yes	Yes	N	N	N	N	Yes	N	N

BF Buffets August 09

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
46898	MARGHERITA PIZZA SUB	CHEESE & TOMATO PIZZA SLAB LOW FAT/SALT	Yes	No	Yes	N	N	Yes	N	Yes	N	N	N
		MARGHERITA PIZZA SUB	Yes	No	Yes	N	N	Yes	N	Yes	N	N	N
50364	VEG SATAY SUB	VEGETABLE SATE	Yes	No	Yes	N	Yes	Yes	N	Yes	N	Yes	N
		VEG SATAY SUB	Yes	No	Yes	N	Yes	Yes	N	Yes	N	Yes	N
50363	CURRY BITES SUB	SWEET POTATO & CURRY BITES	Yes	No	Yes	N	N	Yes	N	N	N	C	C
		CURRY BITES SUB	Yes	No	Yes	N	N	Yes	N	N	N	C	C
44975	VEG STICKS N DIPS SUB	RED PEPPERS!	Yes	Yes	N	N	N	N	N	N	C	N	N
47809		MAYONNAISE GARLIC FLAVOUR	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
47811		PRAWN COCKTAIL SAUCE	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
44556		CARROTS	Yes	Yes	N	N	N	N	N	N	C	N	N
		VEG STICKS N DIPS SUB	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
T55219	POTATO CRISPS SUB	WALKERS READY SALTED BAR	Data Unavailable										
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Buffet 2

31881	SW 2 SUB	EGGS MEDIUM	Yes	No	N	N	Yes	N	N	N	N	N	N
47183		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
47808		WILTSHIRE HAM	No	No	N	N	N	N	N	Yes	N	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
47811		PRAWN COCKTAIL SAUCE	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48656		SALTED SWEET CREAM BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
48690		PRAWNS	No	No	N	N	N	N	Yes	N	N	N	N
48950		WHITE SQUARE TIN BREAD	Yes	Yes	Yes	Yes	N	N	N	Yes	N	N	N
48951		BROWN SQUARE TIN BREAD	Yes	Yes	Yes	Yes	N	N	N	Yes	N	N	N
		SW 2 SUB	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	N	N

47073	BREADED MUSH SUB	BARBECUE HICKORY SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
48413		GARLIC & HERB BREADED MUSHROOMS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
		BREADED MUSH SUB	Yes	Yes	Yes	N	N	N	N	Yes	N	N	N

47073	Chicken strips With BBQ dip	BARBECUE HICKORY SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
48711		SEED COATED CHICKEN STRIPS	No	No	Yes	C	Yes	C	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
		Chicken strips With BBQ dip	No	No	Yes	C	Yes	C	N	Yes	N	N	N

48130	VEG SPRING ROLLS SUB	MANDARIN CHILLI GLAZE	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48989		VEGETABLE CRACKER SPRING ROLL	Yes	No	Yes	Yes	N	N	N	N	Yes	N	N
		VEG SPRING ROLLS SUB	Yes	No	Yes	Yes	N	N	N	N	Yes	N	N

47101	SAUSAGE ROLLS SUB	COCKTAIL SAUSAGE ROLLS	No	No	Yes	N	N	Yes	N	Yes	N	N	N
		SAUSAGE ROLLS SUB	No	No	Yes	N	N	Yes	N	Yes	N	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
46898	CHSE N MUSH PIZZA SUB	CHEESE & TOMATO PIZZA SLAB LOW FAT/SALT	Yes	No	Yes	N	N	Yes	N	Yes	N	N	N
48656		SALTED SWEET CREAM BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
48916		MUSHROOM CUP	Yes	Yes	N	N	N	N	N	N	C	N	N
		CHSE N MUSH PIZZA SUB	Yes	No	Yes	N	N	Yes	N	Yes	C	N	N
50365	QUICHE SUB	TOMATO & CHEESE QUICHE	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
		QUICHE SUB	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
50364	VEG SATAY SUB	VEGETABLE SATE	Yes	No	Yes	N	Yes	Yes	N	Yes	N	Yes	N
		VEG SATAY SUB	Yes	No	Yes	N	Yes	Yes	N	Yes	N	Yes	N
50363	CURRY BITES SUB	SWEET POTATO & CURRY BITES	Yes	No	Yes	N	N	Yes	N	N	N	C	C
		CURRY BITES SUB	Yes	No	Yes	N	N	Yes	N	N	N	C	C
44975	VEG STICKS N DIPS SUB	RED PEPPERS!	Yes	Yes	N	N	N	N	N	N	C	N	N
47809		MAYONNAISE GARLIC FLAVOUR	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
47811		PRAWN COCKTAIL SAUCE	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
44556		CARROTS	Yes	Yes	N	N	N	N	N	N	C	N	N
		VEG STICKS N DIPS SUB	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
T55219	POTATO CRISPS SUB	WALKERS READY SALTED BAR	Data Unavailable										
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Buffet 3

31881	SW 2 SUB	EGGS MEDIUM	Yes	No	N	N	Yes	N	N	N	N	N	N
47183		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
47808		WILTSHIRE HAM	No	No	N	N	N	N	N	Yes	N	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
47811		PRAWN COCKTAIL SAUCE	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48656		SALTED SWEET CREAM BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
48690		PRAWNS	No	No	N	N	N	N	Yes	N	N	N	N
48950		WHITE SQUARE TIN BREAD	Yes	Yes	Yes	Yes	N	N	N	Yes	N	N	N
48951		BROWN SQUARE TIN BREAD	Yes	Yes	Yes	Yes	N	N	N	Yes	N	N	N
		SW 2 SUB	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	N	N

47073	BREADED MUSH SUB	BARBECUE HICKORY SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
48413		GARLIC & HERB BREADED MUSHROOMS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
		BREADED MUSH SUB	Yes	Yes	Yes	N	N	N	N	Yes	N	N	N

47073	Chicken strips With BBQ dip	BARBECUE HICKORY SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
48711		SEED COATED CHICKEN STRIPS	No	No	Yes	C	Yes	C	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
		Chicken strips With BBQ dip	No	No	Yes	C	Yes	C	N	Yes	N	N	N

48130	VEG SPRING ROLLS SUB	MANDARIN CHILLI GLAZE	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48989		VEGETABLE CRACKER SPRING ROLL	Yes	No	Yes	Yes	N	N	N	N	Yes	N	N
		VEG SPRING ROLLS SUB	Yes	No	Yes	Yes	N	N	N	N	Yes	N	N

47101	SAUSAGE ROLLS SUB	COCKTAIL SAUSAGE ROLLS	No	No	Yes	N	N	Yes	N	Yes	N	N	N
		SAUSAGE ROLLS SUB	No	No	Yes	N	N	Yes	N	Yes	N	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
46898	CHSE N MUSH PIZZA SUB	CHEESE & TOMATO PIZZA SLAB LOW FAT/SALT	Yes	No	Yes	N	N	Yes	N	Yes	N	N	N
48656		SALTED SWEET CREAM BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
48916		MUSHROOM CUP	Yes	Yes	N	N	N	N	N	N	C	N	N
		CHSE N MUSH PIZZA SUB	Yes	No	Yes	N	N	Yes	N	Yes	C	N	N
46461	CAJUN PRAWNS SUB	LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
47162		CAJUN BATTERED TAIL ON SHRIMP 1	No	No	Yes	N	Yes	Yes	Yes	Yes	Yes	N	N
47809		MAYONNAISE GARLIC FLAVOUR	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
		CAJUN PRAWNS SUB	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	N	N
48025	LAMB KOFTAS SUB	YEO VALLEY NATURAL ORG YOGHURT	Yes	No	N	N	N	Yes	N	N	N	N	C
48652		MINT SAUCE	Yes	Yes	Yes	N	N	N	N	Yes	N	N	N
48816		MINTED LAMB & MUTTON DIPPER	No	No	Yes	C	C	C	N	Yes	N	N	N
		LAMB KOFTAS SUB	No	No	Yes	C	C	Yes	N	Yes	N	N	C
50364	VEG SATAY SUB	VEGETABLE SATE	Yes	No	Yes	N	Yes	Yes	N	Yes	N	Yes	N
		VEG SATAY SUB	Yes	No	Yes	N	Yes	Yes	N	Yes	N	Yes	N
50365	QUICHE SUB	TOMATO & CHEESE QUICHE	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
		QUICHE SUB	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
50363	CURRY BITES SUB	SWEET POTATO & CURRY BITES	Yes	No	Yes	N	N	Yes	N	N	N	C	C
		CURRY BITES SUB	Yes	No	Yes	N	N	Yes	N	N	N	C	C
44975	VEG STICKS N DIPS SUB	RED PEPPERS!	Yes	Yes	N	N	N	N	N	N	C	N	N
47809		MAYONNAISE GARLIC FLAVOUR	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
47811		PRAWN COCKTAIL SAUCE	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
44556		CARROTS	Yes	Yes	N	N	N	N	N	N	C	N	N
		VEG STICKS N DIPS SUB	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
T55219	POTATO CRISPS SUB	WALKERS READY SALTED BAR	Data Unavailable										

BF Buffets August 09

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
		POTATO CRISPS SUB	Data Unavailable										

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Lunch Menus

44910	STANDARD SW	DEEP BLUE TUNA IN BRINE	No	No	N	N	N	N	Yes	N	N	N	N
44975		RED PEPPERS!	Yes	Yes	N	N	N	N	N	N	C	N	N
47183		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
47809		MAYONNAISE GARLIC FLAVOUR	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
47811		PRAWN COCKTAIL SAUCE	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48656		SALTED SWEET CREAM BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
48690		PRAWNS	No	No	N	N	N	N	Yes	N	N	N	N
48777		BRANSTON PICKLE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
48950		WHITE SQUARE TIN BREAD	Yes	Yes	Yes	Yes	N	N	N	Yes	N	N	N
48951		BROWN SQUARE TIN BREAD	Yes	Yes	Yes	Yes	N	N	N	Yes	N	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
T55219		WALKERS READY SALTED BAR	Data Unavailable										
44556		CARROTS	Yes	Yes	N	N	N	N	N	N	C	N	N
		STANDARD SW	Data Unavailable										

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31881	PREMIUM SW	EGGS MEDIUM	Yes	No	N	N	Yes	N	N	N	N	N	N
44975		RED PEPPERS!	Yes	Yes	N	N	N	N	N	N	C	N	N
47183		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
47808		WILTSHIRE HAM	No	No	N	N	N	N	N	Yes	N	N	N
47809		MAYONNAISE GARLIC FLAVOUR	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
47811		PRAWN COCKTAIL SAUCE	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48656		SALTED SWEET CREAM BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
48690		PRAWNS	No	No	N	N	N	N	Yes	N	N	N	N
48950		WHITE SQUARE TIN BREAD	Yes	Yes	Yes	Yes	N	N	N	Yes	N	N	N
48951		BROWN SQUARE TIN BREAD	Yes	Yes	Yes	Yes	N	N	N	Yes	N	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
T55219		WALKERS READY SALTED BAR	Data Unavailable										
44556		CARROTS	Yes	Yes	N	N	N	N	N	N	C	N	N
		PREMIUM SW	Data Unavailable										

15549	Condiments	VINEGAR MALT	Yes	Yes	Yes	N	N	N	N	N	N	N	N
16456		FRENCH MUSTARD	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48056		PEPPER BLACK CRACKED	Yes	Yes	N	N	N	N	N	N	N	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
47984		COLEMAN'S ENGLISH MUSTARD	Yes	Yes	Yes	N	N	N	N	N	Yes	N	N
48046		TABLE SALT	Yes	Yes	N	N	N	N	N	N	N	N	N
48060		HP BROWN SAUCE	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50360		TOMATO KETCHUP	Yes	Yes	N	N	N	N	N	N	Yes	N	N

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BF Burger Night August 09

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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43810	BBQ BEEF BURGER	SOFT SALAD BAP AR5	Yes	Yes	Yes	Yes	N	N	N	Yes	C	N	N
46385		BEER BATTERED ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
47073		BARBECUE HICKORY SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
49089		BEEF BURGER 6OZ	No	No	Yes	N	N	N	N	Yes	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
		BBQ BEEF BURGER	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N

43810	BBQ CHIX BURGER	SOFT SALAD BAP AR5	Yes	Yes	Yes	Yes	N	N	N	Yes	C	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
46385		BEER BATTERED ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
47073		BARBECUE HICKORY SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
		BBQ CHIX BURGER	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C

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WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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42876	BLK N BLUE BEEF BURGER	BACON	No	No	N	N	N	N	N	Yes	N	N	N
43810		SOFT SALAD BAP AR5	Yes	Yes	Yes	Yes	N	N	N	Yes	C	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
49089		BEEF BURGER 6OZ	No	No	Yes	N	N	N	N	Yes	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
47928		BLACK & BLUE SAUCE 60X65G	No	No	N	N	N	Yes	N	Yes	C	C	C
		BLK N BLUE BEEF BURGER	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C

42876	BLK N BLUE CHIX BURGER	BACON	No	No	N	N	N	N	N	Yes	N	N	N
43810		SOFT SALAD BAP AR5	Yes	Yes	Yes	Yes	N	N	N	Yes	C	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
47928		BLACK & BLUE SAUCE 60X65G	No	No	N	N	N	Yes	N	Yes	C	C	C
		BLK N BLUE CHIX BURGER	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C

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WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
43810	FAJITA BEEF BURGER	SOFT SALAD BAP AR5	Yes	Yes	Yes	Yes	N	N	N	Yes	C	N	N
44975		RED PEPPERS!	Yes	Yes	N	N	N	N	N	N	C	N	N
45858		SALSA SAUCE SFC	Yes	Yes	N	N	N	N	N	N	N	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48390		CAJUN SEASONING	Yes	Yes	N	N	N	N	N	N	Yes	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
49089		BEEF BURGER 6OZ	No	No	Yes	N	N	N	N	Yes	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
		FAJITA BEEF BURGER	No	No	Yes	Yes	Yes	C	N	Yes	Yes	N	N

BF Burger Night August 09

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
43810	FAJITA CHIX BURGER	SOFT SALAD BAP AR5	Yes	Yes	Yes	Yes	N	N	N	Yes	C	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
44975		RED PEPPERS!	Yes	Yes	N	N	N	N	N	N	C	N	N
45858		SALSA SAUCE SFC	Yes	Yes	N	N	N	N	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48390		CAJUN SEASONING	Yes	Yes	N	N	N	N	N	N	Yes	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
		FAJITA CHIX BURGER	No	No	Yes	Yes	Yes	C	N	Yes	Yes	C	C

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WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
42876	NEW YORK BEEF BURGER	BACON	No	No	N	N	N	N	N	Yes	N	N	N
43810		SOFT SALAD BAP AR5	Yes	Yes	Yes	Yes	N	N	N	Yes	C	N	N
47183		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
49089		BEEF BURGER 6OZ	No	No	Yes	N	N	N	N	Yes	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
		NEW YORK BEEF BURGER	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N

42876	NEW YORK CHIX BURGER	BACON	No	No	N	N	N	N	N	Yes	N	N	N
43810		SOFT SALAD BAP AR5	Yes	Yes	Yes	Yes	N	N	N	Yes	C	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
47183		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
		NEW YORK CHIX BURGER	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
43810	SWISS BEEF BURGER	SOFT SALAD BAP AR5	Yes	Yes	Yes	Yes	N	N	N	Yes	C	N	N
47183		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48916		MUSHROOM CUP	Yes	Yes	N	N	N	N	N	N	C	N	N
49089		BEEF BURGER 6OZ	No	No	Yes	N	N	N	N	Yes	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
		SWISS BEEF BURGER	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N

43810	SWISS CHIX BURGER	SOFT SALAD BAP AR5	Yes	Yes	Yes	Yes	N	N	N	Yes	C	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
47183		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48916		MUSHROOM CUP	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
		SWISS CHIX BURGER	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
31881	GAMMON N EGG BURGER	EGGS MEDIUM	Yes	No	N	N	Yes	N	N	N	N	N	N
43810		SOFT SALAD BAP AR5	Yes	Yes	Yes	Yes	N	N	N	Yes	C	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48903		GAMMON STEAK 8OZ	No	No	N	N	N	N	N	Yes	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
		GAMMON N EGG BURGER	No	No	Yes	Yes	Yes	C	N	Yes	Yes	N	N

42876	SMOTHERED BEEF BURGER	BACON	No	No	N	N	N	N	N	Yes	N	N	N
43810		SOFT SALAD BAP AR5	Yes	Yes	Yes	Yes	N	N	N	Yes	C	N	N
47073		BARBECUE HICKORY SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
47183		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
49089		BEEF BURGER 6OZ	No	No	Yes	N	N	N	N	Yes	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
		SMOTHERED BEEF BURGER	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
42876	SMOTHERED CHIX BURGER	BACON	No	No	N	N	N	N	N	Yes	N	N	N
43810		SOFT SALAD BAP AR5	Yes	Yes	Yes	Yes	N	N	N	Yes	C	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
47073		BARBECUE HICKORY SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
47183		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
		SMOTHERED CHIX BURGER	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C

15549	Condiments	VINEGAR MALT	Yes	Yes	Yes	N	N	N	N	N	N	N	N
16456		FRENCH MUSTARD	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48056		PEPPER BLACK CRACKED	Yes	Yes	N	N	N	N	N	N	N	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
47984		COLEMAN'S ENGLISH MUSTARD	Yes	Yes	Yes	N	N	N	N	N	Yes	N	N
48046		TABLE SALT	Yes	Yes	N	N	N	N	N	N	N	N	N
48060		HP BROWN SAUCE	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50360		TOMATO KETCHUP	Yes	Yes	N	N	N	N	N	N	Yes	N	N

Key & interpreting the data

Allergy data detailed in the table has been derived from specifications obtained from the suppliers of the products.

Allergy data for condiments (pepper, salt, etc.) which you may add to your food, are listed at the bottom of the table (i.e. not with the dish).

NB the staff need to be informed of your allergy every time you dine with us even if you have eaten the dish before so that every precaution can be taken in our kitchen to prevent cross contamination.

If you find a dish contains the allergen you are allergic to please consult the 'Full allergy data' as this shows the breakdown of the ingredients and the product causing the unsuitability may be a non-essential component that can be left out of the dish, for example a sauce.

'N' means that the allergen is not part of the product as it is delivered by the supplier .

'Yes' in a column entitled 'allergen(s) (e.g. gluten) present' indicates that the product contains that allergen & is, therefore, not suitable for you if you suffer from this allergy.

'C' means that this allergen is present in the manufacturing site/factory/supply chain & our suppliers believe there is a significant risk that this allergen could cross-contaminate the food.

The 'Yes'/'No' in the column entitled 'suitable for vegans'/'suitable for vegetarians' details information supplied by the product manufacturer. Our kitchens have limited space and as such we cannot always preserve the vegetarian status of a meal. For example we only have one fryer for breaded products and so breaded vegetable products cannot be considered vegetarian.

'Data unavailable' is where ingredient detail for the item/dish is currently unavailable from the supplier & will be added onto the table upon obtaining it. Or because it is bought at local level in-house.

Gluten is a protein component of wheat, rye, barley & oats. If you are intolerant to gluten then please consult the 'gluten present' column.

Additives are artificial antioxidants, colours, flavourings, preservatives, sweeteners, flavour-enhancers & sulphites.

The Treenut column indicates the presence of the following; almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their respective derivatives.

NB: We have taken all reasonable steps to ensure that this table is accurate. However, we cannot guarantee that the product is '100% free from' that component because of the risk of unexpected cross-contamination. Your statutory rights are not affected.

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Starters

GARLIC BREAD	Yes	No	Yes	N	N	Yes	N	N	N	N	N
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Mains

You have a choice of one of the following to add to you meal if it is marked with an asterix *

BAKED BEANS	Yes	Yes	N	N	N	N	N	N	N	N	N
PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
CORN ON THE COB	Yes	Yes	N	N	N	N	N	N	N	N	N

CHARGRILLED BURGERS*	No	No	Yes	Yes	N	N	N	Yes	Yes	N	N
CHEESE BURGER*	No	No	Yes	Yes	N	Yes	N	Yes	Yes	N	N
SAUS N MASH*	No	No	Yes	N	Yes	Yes	N	Yes	Yes	N	N
CHICKEN NUGGETS*	No	No	Yes	Yes	N	Yes	N	N	N	N	N
FISH N CHIPS*	No	No	Yes	N	N	N	Yes	N	N	N	N
ORGANIC MACARONI CHS	Yes	No	Yes	N	N	Yes	N	N	C	N	N
PENNE PASTA	Yes	No	Yes	N	N	Yes	N	N	C	N	C
CHICKEN DINNER	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
PIZZA PLAIN	Yes	No	Yes	N	N	Yes	N	N	N	N	N

Toppings

HAM	No	No	N	N	N	N	N	Yes	N	N	N
PINEAPPLE	Yes	Yes	N	N	N	N	N	N	N	N	N
BACON	No	No	N	N	N	N	N	Yes	N	N	N
MUSHROOM	Yes	Yes	N	N	N	N	N	N	C	N	N

CHICKEN CURRY	No	No	Yes	C	C	Yes	C	Yes	Yes	C	C
SPAGHETTI BOL	No	No	Yes	N	N	Yes	N	N	Yes	N	C
ROAST LAMB	No	No	Yes	N	Yes	Yes	N	Yes	Yes	N	N
ROAST BEEF	No	No	Yes	N	Yes	Yes	N	Yes	Yes	N	N
ROAST TURKEY	No	No	Yes	N	Yes	Yes	N	Yes	Yes	N	N

Desserts

CHOC INDULGE	No	No	Yes	Yes	Yes	Yes	N	Yes	C	C	C
BROWNIE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	C	C	C
JELLY N ICE CREAM	No	No	N	N	N	Yes	N	Yes	N	N	N
ICE CREAM SUNDAE	DATA UNAVAILABLE										
CRUNCHIE SUNDAE	Yes	No	N	C	C	Yes	N	Yes	N	N	C

KIDS PARTY BUFFET	DATA UNAVAILABLE										
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Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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CONDIMENTS

VINEGAR MALT	Yes	Yes	Yes	N	N	N	N	N	N	N	N
TOMATO KETCHUP	Yes	Yes	N	N	N	N	N	N	Yes	N	N
FRENCH MUSTARD	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
PEPPER BLACK CRACKED	Yes	Yes	N	N	N	N	N	N	N	N	N
REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
COLEMAN'S ENGLISH MUSTARD	Yes	Yes	Yes	N	N	N	N	N	Yes	N	N
TABLE SALT	Yes	Yes	N	N	N	N	N	N	N	N	N
HP BROWN SAUCE	Yes	Yes	Yes	N	N	N	N	N	N	N	N

Key & interpreting the data

Allergy data detailed in the table has been derived from specifications obtained from the suppliers of the products.

Allergy data for condiments (pepper, salt, etc.) which you may add to your food, are listed at the bottom of the table (i.e. not with the dish).

NB the staff need to be informed of your allergy every time you dine with us even if you have eaten the dish before so that every precaution can be taken in our kitchen to prevent cross contamination.

'N' means that the allergen is not part of the product as it is delivered by the supplier .

'Yes' in a column entitled 'allergen(s) (e.g. gluten) present' indicates that the product contains that allergen & is, therefore, not suitable for you if you suffer from this allergy.

'C' means that this allergen is present in the manufacturing site/factory/supply chain & our suppliers believe there is a significant risk that this allergen could cross-contaminate the food.

The 'Yes'/'No' in the column entitled 'suitable for vegans'/'suitable for vegetarians' details information supplied by the product manufacturer. Our kitchens have limited space and as such we cannot always preserve the vegetarian status of a meal. For example we only have one fryer for breaded products and so breaded vegetable products cannot be considered vegetarian.

'Data unavailable' is where ingredient detail for the item/dish is currently unavailable from the supplier & will be added onto the table upon obtaining it. Or because it is bought at local level in-house.

Gluten is a protein component of wheat, rye, barley & oats. If you are intolerant to gluten then please consult the 'gluten present' column.

Additives are artificial antioxidants, colours, flavourings, preservatives, sweeteners, flavour-enhancers & sulphites.

The Treenut column indicates the presence of the following; almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their respective derivatives.

NB: We have taken all reasonable steps to ensure that this table is accurate. However, we cannot guarantee that the product is '100% free from' that component because of the risk of unexpected cross-contamination. Your statutory rights are not affected.

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Starters

45704	GARLIC BREAD	GARLIC CIABATTA SLICES	Yes	No	Yes	N	N	Yes	N	N	N	N	N
		GARLIC BREAD	Yes	No	Yes	N	N	Yes	N	N	N	N	N

Mains

You have a choice of one of the following to add to you meal if it is marked with an asterix *

28823	BAKED BEANS	BAKED BEANS	Yes	Yes	N	N	N	N	N	N	N	N	N
		BAKED BEANS	Yes	Yes	N	N	N	N	N	N	N	N	N

45674	PEAS	A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
		PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N

38225	CORN ON THE COB	SWEETCORN COBS MINI	Yes	Yes	N	N	N	N	N	N	N	N	N
		CORN ON THE COB	Yes	Yes	N	N	N	N	N	N	N	N	N

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43811	CHARGRILLED BURGERS*	BURGER AR4.5 LARGE BUN SEEDED	Yes	Yes	Yes	Yes	N	N	N	Yes	Yes	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45113		100% PREMIUM BEEF BURGER 2OZ	No	No	C	C	N	N	N	C	C	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
		CHARGRILLED BURGERS*	No	No	Yes	Yes	N	N	N	Yes	Yes	N	N

43811	CHEESE BURGER*	BURGER AR4.5 LARGE BUN SEEDED	Yes	Yes	Yes	Yes	N	N	N	Yes	Yes	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45113		100% PREMIUM BEEF BURGER 2OZ	No	No	C	C	N	N	N	C	C	N	N
47183		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
		CHEESE BURGER*	No	No	Yes	Yes	N	Yes	N	Yes	Yes	N	N

38213	SAUS N MASH*	GRAVY MIX BISTO	Yes	No	Yes	N	N	Yes	N	Yes	Yes	N	N
48263		YORKSHIRE PUDDING-RUSTIC	Yes	No	Yes	N	Yes	Yes	N	Yes	N	N	N
48542		LUXURY MASH	Yes	No	C	N	C	Yes	N	N	C	N	N
48725		KIDS MINI PORK SAUSAGES	No	No	Yes	N	N	N	N	N	N	N	N
		SAUS N MASH*	No	No	Yes	N	Yes	Yes	N	Yes	Yes	N	N

45768	CHICKEN NUGGETS*	BATTERED CHICKEN CHUNKS	No	No	Yes	Yes	N	Yes	N	N	N	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
		CHICKEN NUGGETS*	No	No	Yes	Yes	N	Yes	N	N	N	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
42589	FISH N CHIPS*	FLOUR PLAIN MCDOUGALLS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
43825		FISH BATTER - MCDOUGALLS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48699		PANGA	No	No	N	N	N	N	Yes	N	N	N	N
		FISH N CHIPS*	No	No	Yes	N	N	N	Yes	N	N	N	N
47094	ORGANIC MACARONI CHS	G TOMATO	Yes	Yes	N	N	N	N	N	N	C	N	N
48716		KIDS ORGANIC MACARONI CHEESE	Yes	No	Yes	N	N	Yes	N	N	N	N	N
		ORGANIC MACARONI CHS	Yes	No	Yes	N	N	Yes	N	N	C	N	N
45704	PENNE PASTA	GARLIC CIABATTA SLICES	Yes	No	Yes	N	N	Yes	N	N	N	N	N
46693		KIDS PENNE PASTA 24X200G	Yes	Yes	Yes	N	N	N	N	N	C	N	C
47183		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
		PENNE PASTA	Yes	No	Yes	N	N	Yes	N	N	C	N	C
38213	CHICKEN DINNER	GRAVY MIX BISTO	Yes	No	Yes	N	N	Yes	N	Yes	Yes	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
46447		ROAST POTATO WITH RAPESEED OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
48263		YORKSHIRE PUDDING-RUSTIC	Yes	No	Yes	N	Yes	Yes	N	Yes	N	N	N
48542		LUXURY MASH	Yes	No	C	N	C	Yes	N	N	C	N	N
		CHICKEN DINNER	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C

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47183	PIZZA PLAIN	UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
49118		PIZZA SLIPPER	Yes	Yes	Yes	N	N	N	N	N	N	N	N
		PIZZA PLAIN	Yes	No	Yes	N	N	Yes	N	N	N	N	N

Pizza Toppings

47808	HAM	WILTSHIRE HAM	No	No	N	N	N	N	N	Yes	N	N	N
		HAM	No	No	N	N	N	N	N	Yes	N	N	N

42873	PINEAPPLE	PINEAPPLE RINGS IN SYRUP	Yes	Yes	N	N	N	N	N	N	N	N	N
		PINEAPPLE	Yes	Yes	N	N	N	N	N	N	N	N	N

42876	BACON	BACON	No	No	N	N	N	N	N	Yes	N	N	N
		BACON	No	No	N	N	N	N	N	Yes	N	N	N

48916	MUSHROOM	MUSHROOM CUP	Yes	Yes	N	N	N	N	N	N	C	N	N
		MUSHROOM	Yes	Yes	N	N	N	N	N	N	C	N	N

46548	CHICKEN CURRY	DELICATELY FLAV BASMATI RICE	Yes	Yes	N	N	N	N	N	N	N	N	N
49110		CHICKEN KORMA	No	No	Yes	C	C	Yes	C	Yes	Yes	C	C
		CHICKEN CURRY	No	No	Yes	C	C	Yes	C	Yes	Yes	C	C

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45704	SPAGHETTI BOL	GARLIC CIABATTA SLICES	Yes	No	Yes	N	N	Yes	N	N	N	N	N
47183		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48720		KIDS SPAG BOL REDUCED	No	No	Yes	N	N	N	N	N	Yes	N	C
		SPAGHETTI BOL	No	No	Yes	N	N	Yes	N	N	Yes	N	C

38213	ROAST LAMB	GRAVY MIX BISTO	Yes	No	Yes	N	N	Yes	N	Yes	Yes	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
46447		ROAST POTATO WITH RAPESEED OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48069		LAMB LEG BONELESS	No	No	N	N	N	N	N	N	N	N	N
48263		YORKSHIRE PUDDING-RUSTIC	Yes	No	Yes	N	Yes	Yes	N	Yes	N	N	N
48542		LUXURY MASH	Yes	No	C	N	C	Yes	N	N	C	N	N
		ROAST LAMB	No	No	Yes	N	Yes	Yes	N	Yes	Yes	N	N

38213	ROAST BEEF	GRAVY MIX BISTO	Yes	No	Yes	N	N	Yes	N	Yes	Yes	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
46447		ROAST POTATO WITH RAPESEED OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48263		YORKSHIRE PUDDING-RUSTIC	Yes	No	Yes	N	Yes	Yes	N	Yes	N	N	N
48270		TOPSIDE	No	No	N	N	N	N	N	N	N	N	N
48542		LUXURY MASH	Yes	No	C	N	C	Yes	N	N	C	N	N
		ROAST BEEF	No	No	Yes	N	Yes	Yes	N	Yes	Yes	N	N

38213	ROAST TURKEY	GRAVY MIX BISTO	Yes	No	Yes	N	N	Yes	N	Yes	Yes	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
46447		ROAST POTATO WITH RAPESEED OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48263		YORKSHIRE PUDDING-RUSTIC	Yes	No	Yes	N	Yes	Yes	N	Yes	N	N	N
48542		LUXURY MASH	Yes	No	C	N	C	Yes	N	N	C	N	N
48926		SLICED TURKEY	No	No	C	N	N	C	N	N	N	N	N
		ROAST TURKEY	No	No	Yes	N	Yes	Yes	N	Yes	Yes	N	N

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Desserts

32358	CHOC INDULGE	CHOCOLATE BROWNIE	Yes	No	Yes	C	Yes	C	N	Yes	C	C	C
46567		CHOC FLAVOUR FUDGE SAUCE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
48451		CADBURY CRUNCHIE NUGGETS	Yes	No	N	C	C	Yes	N	N	N	N	C
48654		STAPLES DAIRY CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
60233		MARSHMALLOWS	No	No	Yes	N	N	N	N	N	N	N	N
49114		CHOCOLATE ICE CREAM	Yes	No	N	Yes	N	Yes	N	Yes	N	N	N
		CHOC INDULGE	No	No	Yes	Yes	Yes	Yes	N	Yes	C	C	C

32358	BROWNIE	CHOCOLATE BROWNIE	Yes	No	Yes	C	Yes	C	N	Yes	C	C	C
46567		CHOC FLAVOUR FUDGE SAUCE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
49116		VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
49114		CHOCOLATE ICE CREAM	Yes	No	N	Yes	N	Yes	N	Yes	N	N	N
		BROWNIE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	C	C	C

49116	JELLY N ICE CREAM	VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
49115		STRAWBERRY ICE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
49120		STRAWBERRY JELLY	No	No	N	N	N	N	N	Yes	N	N	N
		JELLY N ICE CREAM	No	No	N	N	N	Yes	N	Yes	N	N	N

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26109	ICE CREAM SUNDAE	STRAWB SAUCE 235	DATA UNAVAILABLE										
42756		POMPADOUR FAN WAFERS	Yes	No	Yes	Yes	N	Yes	N	N	N	N	N
46567		CHOC FLAVOUR FUDGE SAUCE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
48190		TOFFEE FUDGE DESSERT SAUCE	Yes	No	N	Yes	N	Yes	N	Yes	N	N	N
49116		VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
49115		STRAWBERRY ICE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
49114		CHOCOLATE ICE CREAM	Yes	No	N	Yes	N	Yes	N	Yes	N	N	N
		ICE CREAM SUNDAE	DATA UNAVAILABLE										
46567	CRUNCHIE SUNDAE	CHOC FLAVOUR FUDGE SAUCE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
48451		CADBURY CRUNCHIE NUGGETS	Yes	No	N	C	C	Yes	N	N	N	N	C
49116		VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
		CRUNCHIE SUNDAE	Yes	No	N	C	C	Yes	N	Yes	N	N	C

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
15575	KIDS PARTY BUFFET	MEDDOWMIX WHITE L L LIQUID ICE CRE	Yes	No	N	N	N	Yes	N	N	N	N	N
48917		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
26108		CHOC TOP 500	Yes	Yes	N	N	N	N	N	Yes	N	N	N
38225		SWEETCORN COBS MINI	Yes	Yes	N	N	N	N	N	N	N	N	N
42880		BEANS MILK CHOCOLATE 4X3KG	DATA UNAVAILABLE										
43811		BURGER AR4.5 LARGE BUN SEEDED	Yes	Yes	Yes	Yes	N	N	N	Yes	Yes	N	N
45162		MINI FISH BATTERED	No	No	Yes	N	C	Yes	Yes	N	C	N	N
49414		CHOCOLATE CELEBRATION CAKE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	N	C
45768		BATTERED CHICKEN CHUNKS	No	No	Yes	Yes	N	Yes	N	N	N	N	N
47010		MILK CHOCOLATE DIGESTIVES	Yes	No	Yes	Yes	N	Yes	N	N	N	C	C
47094		G TOMATO	Yes	Yes	N	N	N	N	N	N	C	N	N
47176		LARDERFRESH SOFT SPREAD	Yes	No	N	N	N	Yes	N	Yes	N	N	N
47183		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
47808		WILTSHIRE HAM	No	No	N	N	N	N	N	Yes	N	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48653		JELLY BEANS	Yes	No	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
		KIDS PARTY BUFFET	DATA UNAVAILABLE										
15549	CONDIMENTS SUB	VINEGAR MALT	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50360		TOMATO KETCHUP	Yes	Yes	N	N	N	N	N	N	Yes	N	N
16456		FRENCH MUSTARD	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48056		PEPPER BLACK CRACKED	Yes	Yes	N	N	N	N	N	N	N	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
47984		COLEMAN'S ENGLISH MUSTARD	Yes	Yes	Yes	N	N	N	N	N	Yes	N	N
48046		TABLE SALT	Yes	Yes	N	N	N	N	N	N	N	N	N
48060		HP BROWN SAUCE	Yes	Yes	Yes	N	N	N	N	N	N	N	N

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Allergy data for condiments (pepper, salt, etc.) which you may add to your food, are listed at the bottom of the table (i.e. not with the dish).

NB the staff need to be informed of your allergy every time you dine with us even if you have eaten the dish before so that every precaution can be taken in our kitchen to prevent cross contamination.

If you find a dish contains the allergen you are allergic to please consult the 'Full allergy data' as this shows the breakdown of the ingredients and the product causing the unsuitability may be a non-essential component that can be left out of the dish, for example a sauce.

'N' means that the allergen is not part of the product as it is delivered by the supplier .

'Yes' in a column entitled 'allergen(s) (e.g. gluten) present' indicates that the product contains that allergen & is, therefore, not suitable for you if you suffer from this allergy.

'C' means that this allergen is present in the manufacturing site/factory/supply chain & our suppliers believe there is a significant risk that this allergen could cross-contaminate the food.

The 'Yes'/'No' in the column entitled 'suitable for vegans'/'suitable for vegetarians' details information supplied by the product manufacturer. Our kitchens have limited space and as such we cannot always preserve the vegetarian status of a meal. For example we only have one fryer for breaded products and so breaded vegetable products cannot be considered vegetarian.

'Data unavailable' is where ingredient detail for the item/dish is currently unavailable from the supplier & will be added onto the table upon obtaining it. Or because it is bought at local level in-house.

Gluten is a protein component of wheat, rye, barley & oats. If you are intolerant to gluten then please consult the 'gluten present' column.

Additives are artificial antioxidants, colours, flavourings, preservatives, sweeteners, flavour-enhancers & sulphites.

The Treenut column indicates the presence of the following; almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their respective derivatives.

NB: We have taken all reasonable steps to ensure that this table is accurate. However, we cannot guarantee that the product is '100% free from' that component because of the risk of unexpected cross-contamination. Your statutory rights are not affected.

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Starters

COMBO FEAST	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	C	N
CHICKEN LIVER PATE	No	No	Yes	N	N	Yes	N	Yes	Yes	N	N
WHITEBAIT	No	No	Yes	N	Yes	C	Yes	Yes	Yes	C	C
SEEDED GOUJONS	No	No	Yes	Yes	Yes	C	N	Yes	Yes	N	N
PRAWN COCKTAIL	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	N	N
GARLIC MUSHROOMS	Yes	No	Yes	Yes	Yes	C	N	Yes	Yes	N	N
CAMEMBERT ROUNDS	Yes	No	Yes	N	N	Yes	N	Yes	Yes	N	N
For Soup of the Day please see separate allergy sheets											
LAMB KEBABS	No	No	Yes	C	C	Yes	N	Yes	Yes	N	C

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Grills

CHICKEN N RIBS	No	No	Yes	Yes	Yes	C	N	Yes	Yes	C	C
BBQ RIBS	No	No	Yes	Yes	Yes	C	N	Yes	Yes	N	N
7OZ SIRLOIN STEAK	No	No	N	N	N	Yes	N	N	C	N	N
7OZ RUMP STEAK	No	No	N	N	N	Yes	N	N	C	N	N

STEAK ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
PEPPERCORN SAUCE SIDE	No	No	Yes	N	N	Yes	N	Yes	Yes	N	N

MIXED GRILL	No	No	Yes	N	Yes	Yes	N	Yes	C	N	N
SURF TURF N CHICKEN	No	No	Yes	C	C	C	Yes	Yes	Yes	C	C
8OZ GAMMON STEAK	No	No	N	N	Yes	Yes	N	Yes	C	N	N
CHICKEN BURGER	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C
CHICKEN BURGER CHS BAC	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C
BURGER PLAIN	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N
BURGER PLAIN DBLE	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N
BURGER CHS BACON	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N
BURGER DBLE CHS BAC	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Pub Classics

MINTED LAMB	No	No	Yes	Yes	C	Yes	N	Yes	Yes	N	N
BEEF N ALE PIE	No	No	Yes	Yes	C	Yes	N	Yes	Yes	N	N
SMOTHERED CHICKEN	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C
THAI GREEN CHICKEN CURRY	No	No	C	C	Yes	C	Yes	Yes	C	C	C
HAM HOCK	No	No	C	Yes	C	Yes	C	Yes	Yes	C	C
SAUS N MASH YORKI	No	No	Yes	N	Yes	Yes	N	Yes	Yes	N	N
ROAST CHICKEN DINNER	No	No	Yes	C	C	Yes	N	Yes	Yes	C	N
CHICK TIKKA MASALA	No	No	Yes	C	C	Yes	C	Yes	Yes	C	C
VEG CURRY	Yes	No	Yes	N	N	Yes	N	N	C	C	C
CHICKEN N BACON SALAD	No	No	C	C	C	C	N	Yes	Yes	C	C
TOMATO VEG PASTA	Yes	No	Yes	C	C	Yes	N	Yes	C	C	C
ROAST CHICKEN BBQ SCE	No	No	C	Yes	Yes	Yes	N	Yes	Yes	C	N
LASAGNE	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C
LIVER N ONIONS YORKI	No	No	Yes	N	Yes	Yes	N	Yes	Yes	N	N
CHILLI	No	No	N	N	N	Yes	N	N	Yes	N	N
COTTAGE PIE	No	No	Yes	N	C	Yes	N	Yes	Yes	N	N
HAM EGG N CHIPS	No	No	N	N	Yes	N	N	Yes	N	N	N
CHEESE N ONION PASTY	Yes	No	Yes	Yes	N	Yes	N	Yes	N	N	N
CORNISH PASTY	No	No	Yes	Yes	N	Yes	N	Yes	Yes	N	N
EXTRA FEAST SIDE	Yes	No	Yes	N	N	Yes	N	N	N	N	N

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Fish

FISH N CHIPS	No	No	Yes	N	Yes	N	Yes	Yes	Yes	C	C
SALMON FILLET	No	No	Yes	N	N	Yes	Yes	Yes	Yes	N	N
FISH PIE	No	No	Yes	Yes	C	Yes	Yes	Yes	Yes	C	C
SCAMPI N PEAS	No	No	Yes	N	Yes	N	Yes	Yes	Yes	C	C

Side Dishes

EXTRA FEAST SIDE	Yes	No	Yes	N	N	Yes	N	N	N	N	N
MIXED SALAD	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
GARLIC BREAD CHEES SIDE	Yes	No	Yes	N	N	Yes	N	N	N	N	N
GARLIC BREAD SIDE	Yes	No	Yes	N	N	Yes	N	N	N	N	N
BAG AND BUTTER	Yes	No	Yes	N	N	Yes	N	N	C	N	N
MUSHROOMS SIDE	Yes	No	N	N	N	Yes	N	N	C	N	N
CHIPS 12OZ SIDE	Yes	Yes	N	N	N	N	N	N	N	N	N
BATT ONION RINGS SIDE	Yes	No	Yes	N	N	Yes	N	N	N	N	N
SEASONAL VEG SIDE	Yes	Yes	N	N	N	N	N	N	N	N	N

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Sunday Roasts

ROAST LAMB	No	No	Yes	N	Yes	Yes	N	Yes	Yes	N	N
ROAST TURKEY	No	No	Yes	N	Yes	Yes	N	Yes	Yes	N	N
ROAST BEEF	No	No	Yes	N	Yes	Yes	N	Yes	Yes	N	N
ROAST VEG WELLINGTON	Yes	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C
ROAST MEGA LAMB	No	No	Yes	N	Yes	Yes	N	Yes	Yes	N	N
ROAST MEGA TURKEY	No	No	Yes	N	Yes	Yes	N	Yes	Yes	N	N
ROAST MEGA BEEF	No	No	Yes	N	Yes	Yes	N	Yes	Yes	N	N
ROAST MEGA VEG WELLING	Yes	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Desserts

ULT SHARNG SUNDAE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	N	C
CARAMEL APPLE BETTY	Yes	No	Yes	Yes	Yes	Yes	N	Yes	C	C	C
STRAWBERRY SUNDAE	DATA UNAVAILABLE										
CHOC FUDGE CAKE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	N	C
TIRAMISU	No	No	Yes	C	Yes	Yes	N	Yes	N	N	C
CHOCOLATE INDULGENCE	No	No	Yes	Yes	Yes	Yes	N	Yes	C	C	C
BANOFFEE WAFFLE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	C	C	C
PROFITEROLES	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	N	N
BREAD N BUTTER PUD	Yes	No	Yes	Yes	Yes	Yes	N	N	C	C	C
CHOC CRUNCH CHEESECAKE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	N	C
STICKY TOFFEE PUDDING	Yes	No	Yes	C	Yes	Yes	N	Yes	C	C	C
FRUIT SALAD	Yes	No	N	N	N	Yes	N	N	N	N	N

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Condiments

VINEGAR MALT	Yes	Yes	Yes	N	N	N	N	N	N	N	N
TOMATO KETCHUP	Yes	Yes	N	N	N	N	N	N	Yes	N	N
FRENCH MUSTARD	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
PEPPER BLACK CRACKED	Yes	Yes	N	N	N	N	N	N	N	N	N
REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
COLEMAN'S ENGLISH MUSTARD	Yes	Yes	Yes	N	N	N	N	N	Yes	N	N
TABLE SALT	Yes	Yes	N	N	N	N	N	N	N	N	N
HP BROWN SAUCE	Yes	Yes	Yes	N	N	N	N	N	N	N	N

Sun Roast Condiments

VINEGAR MALT	Yes	Yes	Yes	N	N	N	N	N	N	N	N
TOMATO KETCHUP	Yes	Yes	N	N	N	N	N	N	Yes	N	N
FRENCH MUSTARD	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
PEPPER BLACK CRACKED	Yes	Yes	N	N	N	N	N	N	N	N	N
HORSERADISH SAUCE	Yes	No	N	N	Yes	N	N	Yes	Yes	N	N
REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
COLEMAN'S ENGLISH MUSTARD	Yes	Yes	Yes	N	N	N	N	N	Yes	N	N
TABLE SALT	Yes	Yes	N	N	N	N	N	N	N	N	N
MINT SAUCE	Yes	Yes	Yes	N	N	N	N	Yes	N	N	N

Key & interpreting the data

Allergy data detailed in the table has been derived from specifications obtained from the suppliers of the products.

Allergy data for condiments (pepper, salt, etc.) which you may add to your food, are listed at the bottom of the table (i.e. not with the dish).

NB the staff need to be informed of your allergy every time you dine with us even if you have eaten the dish before so that every precaution can be taken in our kitchen to prevent cross contamination.

'N' means that the allergen is not part of the product as it is delivered by the supplier .

'Yes' in a column entitled 'allergen(s) (e.g. gluten) present' indicates that the product contains that allergen & is, therefore, not suitable for you if you suffer from this allergy.

'C' means that this allergen is present in the manufacturing site/factory/supply chain & our suppliers believe there is a significant risk that this allergen could cross-contaminate the food.

The 'Yes'/No' in the column entitled 'suitable for vegans'/'suitable for vegetarians' details information supplied by the product manufacturer. Our kitchens have limited space and as such we cannot always preserve the vegetarian status of a meal. For example we only have one fryer for breaded products and so breaded vegetable products cannot be considered vegetarian.

'Data unavailable' is where ingredient detail for the item/dish is currently unavailable from the supplier & will be added onto the table upon obtaining it. Or because it is bought at local level in-house.

Gluten is a protein component of wheat, rye, barley & oats. If you are intolerant to gluten then please consult the 'gluten present' column.

Additives are artificial antioxidants, colours, flavourings, preservatives, sweeteners, flavour-enhancers & sulphites.

The Treenut column indicates the presence of the following; almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their respective derivatives.

NB: We have taken all reasonable steps to ensure that this table is accurate. However, we cannot guarantee that the product is '100% free from' that component because of the risk of unexpected cross-contamination. Your statutory rights are not affected.

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Starters

48965	COMBO FEAST	WHOLETAIL SCAMPI	No	No	Yes	N	N	N	Yes	Yes	Yes	N	N
44267		TORTILLA CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
45704		GARLIC CIABATTA SLICES	Yes	No	Yes	N	N	Yes	N	N	N	N	N
45858		SALSA SAUCE SFC	Yes	Yes	N	N	N	N	N	N	N	N	N
46385		BEER BATTERED ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
47073		BARBECUE HICKORY SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
47809		MAYONNAISE GARLIC FLAVOUR	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48413		GARLIC & HERB BREADED MUSHROOM	Yes	Yes	Yes	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48691		POTATO WEDGES	Yes	No	C	C	C	C	N	N	C	C	N
48711		SEED COATED CHICKEN STRIPS	No	No	Yes	C	Yes	C	N	N	N	N	N
		COMBO FEAST	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	C	N

47094	CHICKEN LIVER PATE	G TOMATO	Yes	Yes	N	N	N	N	N	N	C	N	N
47560		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48656		SALTED SWEET CREAM BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
48695		BAGUETTE	Yes	No	Yes	N	N	Yes	N	N	C	N	N
48897		CHICKEN & HONEY PATE	No	No	Yes	N	N	Yes	N	Yes	N	N	N
49049		SALAD MIX WITH GUEST LEAF	Yes	Yes	N	N	N	N	N	N	N	N	N
		CHICKEN LIVER PATE	No	No	Yes	N	N	Yes	N	Yes	Yes	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
46461	WHITEBAIT	LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
48568		TARTAR SAUCE	Yes	No	N	N	Yes	N	N	Yes	Yes	C	C
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
49030		BREADED WHITEBAIT	No	No	Yes	N	N	C	Yes	N	N	N	N
		WHITEBAIT	No	No	Yes	N	Yes	C	Yes	Yes	Yes	C	C

47094	SEEDED GOUJONS	G TOMATO	Yes	Yes	N	N	N	N	N	N	C	N	N
47560		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
47809		MAYONNAISE GARLIC FLAVOUR	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48711		SEED COATED CHICKEN STRIPS	No	No	Yes	C	Yes	C	N	N	N	N	N
49049		SALAD MIX WITH GUEST LEAF	Yes	Yes	N	N	N	N	N	N	N	N	N
		SEEDED GOUJONS	No	No	Yes	Yes	Yes	C	N	Yes	Yes	N	N

48917	PRAWN COCKTAIL	CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
46461		LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
47094		G TOMATO	Yes	Yes	N	N	N	N	N	N	C	N	N
47811		PRAWN COCKTAIL SAUCE	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48054		PAPRIKA PEPPER 1X500G	Yes	Yes	N	N	N	N	N	N	N	N	N
48656		SALTED SWEET CREAM BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
48690		PRAWNS	No	No	N	N	N	N	Yes	N	N	N	N
48951		BROWN SQUARE TIN BREAD	Yes	Yes	Yes	Yes	N	N	N	Yes	N	N	N
49049		SALAD MIX WITH GUEST LEAF	Yes	Yes	N	N	N	N	N	N	N	N	N
		PRAWN COCKTAIL	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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47073	GARLIC MUSHROOMS	BARBECUE HICKORY SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
47809		MAYONNAISE GARLIC FLAVOUR	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48413		GARLIC & HERB BREADED MUSHROOM	Yes	Yes	Yes	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
		GARLIC MUSHROOMS	Yes	No	Yes	Yes	Yes	C	N	Yes	Yes	N	N

47094	CAMEMBERT ROUNDS	G TOMATO	Yes	Yes	N	N	N	N	N	N	C	N	N
47560		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
49009		BREADED CAMEMBERT	Yes	No	Yes	N	N	Yes	N	Yes	N	N	N
49049		SALAD MIX WITH GUEST LEAF	Yes	Yes	N	N	N	N	N	N	N	N	N
49104		REDCURRANT & BLACKCURRANT SAUC	Yes	Yes	N	N	N	N	N	N	N	N	N
		CAMEMBERT ROUNDS	Yes	No	Yes	N	N	Yes	N	Yes	Yes	N	N

For Soup of the Day please see separate allergy sheets

43908	LAMB KEBABS	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
47094		G TOMATO	Yes	Yes	N	N	N	N	N	N	C	N	N
47560		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48025		YEO VALLEY NATURAL ORG YOGHURT	Yes	No	N	N	N	Yes	N	N	N	N	C
48652		MINT SAUCE	Yes	Yes	Yes	N	N	N	N	Yes	N	N	N
48816		MINTED LAMB & MUTTON DIPPER	No	No	Yes	C	C	C	N	Yes	N	N	N
49049		SALAD MIX WITH GUEST LEAF	Yes	Yes	N	N	N	N	N	N	N	N	N
		LAMB KEBABS	No	No	Yes	C	C	Yes	N	Yes	Yes	N	C

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Grills

43908	CHICKEN N RIBS	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
47073		BARBECUE HICKORY SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48429		SMOKEY MAPLE RIB RACKS	No	No	Yes	N	N	N	N	Yes	N	N	N
		CHICKEN N RIBS	No	No	Yes	Yes	Yes	C	N	Yes	Yes	C	C

43908	BBQ RIBS	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
47073		BARBECUE HICKORY SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48429		SMOKEY MAPLE RIB RACKS	No	No	Yes	N	N	N	N	Yes	N	N	N
		BBQ RIBS	No	No	Yes	Yes	Yes	C	N	Yes	Yes	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
43908	7OZ SIRLOIN STEAK	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48916		MUSHROOM CUP	Yes	Yes	N	N	N	N	N	N	C	N	N
47094		G TOMATO	Yes	Yes	N	N	N	N	N	N	C	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48656		SALTED SWEET CREAM BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48901		SIRLOIN STEAK	No	No	N	N	N	N	N	N	N	N	N
		7OZ SIRLOIN STEAK	No	No	N	N	N	Yes	N	N	C	N	N

43908	7OZ RUMP STEAK	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48916		MUSHROOM CUP	Yes	Yes	N	N	N	N	N	N	C	N	N
47094		G TOMATO	Yes	Yes	N	N	N	N	N	N	C	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48656		SALTED SWEET CREAM BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48902		RUMP STEAK	No	No	N	N	N	N	N	N	N	N	N
		7OZ RUMP STEAK	No	No	N	N	N	Yes	N	N	C	N	N

46385	STEAK ONION RINGS	BEER BATTERED ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
		STEAK ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
47358	PEPPERCORN SAUCE SIDE	CREAMY PEPPERCORN SAUCE 96X70G	No	No	Yes	N	N	Yes	N	Yes	Yes	N	N
		PEPPERCORN SAUCE SIDE	No	No	Yes	N	N	Yes	N	Yes	Yes	N	N
31881	MIXED GRILL	EGGS MEDIUM	Yes	No	N	N	Yes	N	N	N	N	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48916		MUSHROOM CUP	Yes	Yes	N	N	N	N	N	N	C	N	N
47094		G TOMATO	Yes	Yes	N	N	N	N	N	N	C	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48656		SALTED SWEET CREAM BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48740		4OZ RUMP STEAK	No	No	N	N	N	N	N	N	N	N	N
48903		GAMMMON STEAK 8OZ	No	No	N	N	N	N	N	Yes	N	N	N
48955		PREMIUM PORK SAUSAGE	No	No	Yes	N	N	N	N	Yes	N	N	N
		MIXED GRILL	No	No	Yes	N	Yes	Yes	N	Yes	C	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
48917	SURF TURF N CHICKEN	CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
48965		WHOLETAIL SCAMPI	No	No	Yes	N	N	N	Yes	Yes	Yes	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
46461		LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
47094		G TOMATO	Yes	Yes	N	N	N	N	N	N	C	N	N
47560		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48740		4OZ RUMP STEAK	No	No	N	N	N	N	N	N	N	N	N
49049		SALAD MIX WITH GUEST LEAF	Yes	Yes	N	N	N	N	N	N	N	N	N
		SURF TURF N CHICKEN	No	No	Yes	C	C	C	Yes	Yes	Yes	C	C

31881	8OZ GAMMON STEAK	EGGS MEDIUM	Yes	No	N	N	Yes	N	N	N	N	N	N
42873		PINEAPPLE RINGS IN SYRUP	Yes	Yes	N	N	N	N	N	N	N	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48916		MUSHROOM CUP	Yes	Yes	N	N	N	N	N	N	C	N	N
47094		G TOMATO	Yes	Yes	N	N	N	N	N	N	C	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48656		SALTED SWEET CREAM BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48903		GAMMMON STEAK 8OZ	No	No	N	N	N	N	N	Yes	N	N	N
		8OZ GAMMON STEAK	No	No	N	N	Yes	Yes	N	Yes	C	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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43811	CHICKEN BURGER	BURGER AR4.5 LARGE BUN SEEDED	Yes	Yes	Yes	Yes	N	N	N	Yes	Yes	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
46385		BEER BATTERED ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
47094		G TOMATO	Yes	Yes	N	N	N	N	N	N	C	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
49049		SALAD MIX WITH GUEST LEAF	Yes	Yes	N	N	N	N	N	N	N	N	N
		CHICKEN BURGER	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C

42876	CHICKEN BURGER CHS BA	BACON	No	No	N	N	N	N	N	Yes	N	N	N
43811		BURGER AR4.5 LARGE BUN SEEDED	Yes	Yes	Yes	Yes	N	N	N	Yes	Yes	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
46385		BEER BATTERED ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
47094		G TOMATO	Yes	Yes	N	N	N	N	N	N	C	N	N
47183		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
49049		SALAD MIX WITH GUEST LEAF	Yes	Yes	N	N	N	N	N	N	N	N	N
		CHICKEN BURGER CHS BAC	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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43811	BURGER PLAIN	BURGER AR4.5 LARGE BUN SEEDED	Yes	Yes	Yes	Yes	N	N	N	Yes	Yes	N	N
46385		BEER BATTERED ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
47094		G TOMATO	Yes	Yes	N	N	N	N	N	N	C	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48813		6OZ BEEF BURGER	No	No	C	C	C	C	N	C	C	N	N
49049		SALAD MIX WITH GUEST LEAF	Yes	Yes	N	N	N	N	N	N	N	N	N
		BURGER PLAIN	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N

43811	BURGER PLAIN DBLE	BURGER AR4.5 LARGE BUN SEEDED	Yes	Yes	Yes	Yes	N	N	N	Yes	Yes	N	N
46385		BEER BATTERED ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
47094		G TOMATO	Yes	Yes	N	N	N	N	N	N	C	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48813		6OZ BEEF BURGER	No	No	C	C	C	C	N	C	C	N	N
49049		SALAD MIX WITH GUEST LEAF	Yes	Yes	N	N	N	N	N	N	N	N	N
		BURGER PLAIN DBLE	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N

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42876	BURGER CHS BACON	BACON	No	No	N	N	N	N	N	Yes	N	N	N
43811		BURGER AR4.5 LARGE BUN SEEDED	Yes	Yes	Yes	Yes	N	N	N	Yes	Yes	N	N
46385		BEER BATTERED ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
47094		G TOMATO	Yes	Yes	N	N	N	N	N	N	C	N	N
47183		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48813		6OZ BEEF BURGER	No	No	C	C	C	C	N	C	C	N	N
49049		SALAD MIX WITH GUEST LEAF	Yes	Yes	N	N	N	N	N	N	N	N	N
		BURGER CHS BACON	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N

42876	BURGER DBLE CHS BAC	BACON	No	No	N	N	N	N	N	Yes	N	N	N
43811		BURGER AR4.5 LARGE BUN SEEDED	Yes	Yes	Yes	Yes	N	N	N	Yes	Yes	N	N
46385		BEER BATTERED ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
47094		G TOMATO	Yes	Yes	N	N	N	N	N	N	C	N	N
47183		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48813		6OZ BEEF BURGER	No	No	C	C	C	C	N	C	C	N	N
49049		SALAD MIX WITH GUEST LEAF	Yes	Yes	N	N	N	N	N	N	N	N	N
		BURGER DBLE CHS BAC	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N

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Pub Classics

43908	MINTED LAMB	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45003		MINTED LAMB LOIN STEAKS 195G	No	No	Yes	Yes	N	N	N	N	N	N	N
46348		RED WINE & ROSEMARY SAUCE	No	No	Yes	N	N	Yes	N	Yes	Yes	N	N
48542		LUXURY MASH	Yes	No	C	N	C	Yes	N	N	C	N	N
49010		VEG MIX 3 MICROWAVE	Yes	Yes	N	N	N	N	N	N	N	N	N
		MINTED LAMB	No	No	Yes	Yes	C	Yes	N	Yes	Yes	N	N

38213	BEEF N ALE PIE	GRAVY MIX BISTO	Yes	No	Yes	N	N	Yes	N	Yes	Yes	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48913		BEEF & ALE PIE	No	No	Yes	Yes	C	Yes	N	Yes	C	N	N
		BEEF N ALE PIE	No	No	Yes	Yes	C	Yes	N	Yes	Yes	N	N

42876	SMOTHERED CHICKEN	BACON	No	No	N	N	N	N	N	Yes	N	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45704		GARLIC CIABATTA SLICES	Yes	No	Yes	N	N	Yes	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
47073		BARBECUE HICKORY SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
47183		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
		SMOTHERED CHICKEN	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nut / nut derivatives present
46548	THAI GREEN CHICKEN CURRY	DELICATELY FLAV BASMATI RICE	Yes	Yes	N	N	N	N	N	N	N	N	N
48665		PRAWN CRACKERS	No	No	N	N	Yes	N	Yes	N	N	C	N
49106		CHICKEN THAI GREEN CURRY	No	No	C	C	C	C	Yes	Yes	C	C	C
		THAI GREEN CHICKEN CURRY	No	No	C	C	Yes	C	Yes	Yes	C	C	C
48542	HAM HOCK	LUXURY MASH	Yes	No	C	N	C	Yes	N	N	C	N	N
49010		VEG MIX 3 MICROWAVE	Yes	Yes	N	N	N	N	N	N	N	N	N
49108		HAM HOCK WITH PARSLEY SAUCE	No	No	C	Yes	C	Yes	C	Yes	Yes	C	C
		HAM HOCK	No	No	C	Yes	C	Yes	C	Yes	Yes	C	C
38213	SAUS N MASH YORKI	GRAVY MIX BISTO	Yes	No	Yes	N	N	Yes	N	Yes	Yes	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48542		LUXURY MASH	Yes	No	C	N	C	Yes	N	N	C	N	N
48955		PREMIUM PORK SAUSAGE	No	No	Yes	N	N	N	N	Yes	N	N	N
49119		LARGE YORKSHIRE PUDDING	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
		SAUS N MASH YORKI	No	No	Yes	N	Yes	Yes	N	Yes	Yes	N	N
38213	ROAST CHICKEN DINNER	GRAVY MIX BISTO	Yes	No	Yes	N	N	Yes	N	Yes	Yes	N	N
46447		ROAST POTATO WITH RAPESEED OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
47664		HALF ROAST CHICKEN	No	No	C	C	C	C	N	C	C	C	N
48480		SAGE ON STF BALL	No	No	Yes	N	N	N	N	Yes	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
49010		VEG MIX 3 MICROWAVE	Yes	Yes	N	N	N	N	N	N	N	N	N
		ROAST CHICKEN DINNER	No	No	Yes	C	C	Yes	N	Yes	Yes	C	N

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28082	CHICK TIKKA MASALA	POPPADUMS PLAIN S/WOOD	Yes	Yes	N	N	N	N	N	N	N	N	N
45037		NAAN PLAIN	Yes	No	Yes	N	N	Yes	N	N	N	N	N
46247		MANGO CHUTNEY - GREEN LABEL	Yes	Yes	N	N	N	N	N	N	C	C	C
48693		CHICKEN TIKKA MARSALA	No	No	C	C	C	Yes	C	Yes	Yes	C	C
46548		DELICATELY FLAV BASMATI RICE	Yes	Yes	N	N	N	N	N	N	N	N	N
		CHICK TIKKA MASALA	No	No	Yes	C	C	Yes	C	Yes	Yes	C	C
28082	VEG CURRY	POPPADUMS PLAIN S/WOOD	Yes	Yes	N	N	N	N	N	N	N	N	N
45037		NAAN PLAIN	Yes	No	Yes	N	N	Yes	N	N	N	N	N
46247		MANGO CHUTNEY - GREEN LABEL	Yes	Yes	N	N	N	N	N	N	C	C	C
46548		DELICATELY FLAV BASMATI RICE	Yes	Yes	N	N	N	N	N	N	N	N	N
49101		TANDOORI VEGETABLE MASALA	Yes	No	N	N	N	Yes	N	N	N	N	N
		VEG CURRY	Yes	No	Yes	N	N	Yes	N	N	C	C	C
48917	CHICKEN N BACON SALAD	CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
42876		BACON	No	No	N	N	N	N	N	Yes	N	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
44975		RED PEPPERS!	Yes	Yes	N	N	N	N	N	N	C	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
47094		G TOMATO	Yes	Yes	N	N	N	N	N	N	C	N	N
47560		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
49049		SALAD MIX WITH GUEST LEAF	Yes	Yes	N	N	N	N	N	N	N	N	N
		CHICKEN N BACON SALAD	No	No	C	C	C	C	N	Yes	Yes	C	C

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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45704	TOMATO VEG PASTA	GARLIC CIABATTA SLICES	Yes	No	Yes	N	N	Yes	N	N	N	N	N
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
49107		RST VEG & CHERRY TOM PASTA	Yes	No	Yes	C	C	C	N	Yes	C	C	C
		TOMATO VEG PASTA	Yes	No	Yes	C	C	Yes	N	Yes	C	C	C

22418	ROAST CHICKEN BBQ SCE	POTATO JACKET _10-12OZ	Yes	Yes	N	N	N	N	N	N	N	N	N
48917		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
47073		BARBECUE HICKORY SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
47094		G TOMATO	Yes	Yes	N	N	N	N	N	N	C	N	N
47560		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
47664		HALF ROAST CHICKEN	No	No	C	C	C	C	N	C	C	C	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48656		SALTED SWEET CREAM BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
49049		SALAD MIX WITH GUEST LEAF	Yes	Yes	N	N	N	N	N	N	N	N	N
		ROAST CHICKEN BBQ SCE	No	No	C	Yes	Yes	Yes	N	Yes	Yes	C	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
48917	LASAGNE	CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
45013		LASAGNE ALFORNO	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C
45704		GARLIC CIABATTA SLICES	Yes	No	Yes	N	N	Yes	N	N	N	N	N
47094		G TOMATO	Yes	Yes	N	N	N	N	N	N	C	N	N
47560		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
49049		SALAD MIX WITH GUEST LEAF	Yes	Yes	N	N	N	N	N	N	N	N	N
		LASAGNE	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C

42876	LIVER N ONIONS YORKI	BACON	No	No	N	N	N	N	N	Yes	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48542		LUXURY MASH	Yes	No	C	N	C	Yes	N	N	C	N	N
49119		LARGE YORKSHIRE PUDDING	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
49103		LAMBS LIVER & ONIONS	No	No	Yes	N	N	Yes	N	Yes	Yes	N	N
		LIVER N ONIONS YORKI	No	No	Yes	N	Yes	Yes	N	Yes	Yes	N	N

44267	CHILLI	TORTILLA CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
46548		DELICATELY FLAV BASMATI RICE	Yes	Yes	N	N	N	N	N	N	N	N	N
48686		BEEF CHILLI	No	No	N	N	N	Yes	N	N	Yes	N	N
		CHILLI	No	No	N	N	N	Yes	N	N	Yes	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
38213	COTTAGE PIE	GRAVY MIX BISTO	Yes	No	Yes	N	N	Yes	N	Yes	Yes	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48542		LUXURY MASH	Yes	No	C	N	C	Yes	N	N	C	N	N
49102		COTTAGE PIE FILLING	No	No	Yes	N	N	Yes	N	Yes	Yes	N	N
		COTTAGE PIE	No	No	Yes	N	C	Yes	N	Yes	Yes	N	N
31881	HAM EGG N CHIPS	EGGS MEDIUM	Yes	No	N	N	Yes	N	N	N	N	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
47808		WILTSHIRE HAM	No	No	N	N	N	N	N	Yes	N	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
		HAM EGG N CHIPS	No	No	N	N	Yes	N	N	Yes	N	N	N
28823	CHEESE N ONION PASTY	BAKED BEANS	Yes	Yes	N	N	N	N	N	N	N	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
49112		CHEESE & ONION PASTY	Yes	No	Yes	Yes	N	Yes	N	Yes	N	N	N
		CHEESE N ONION PASTY	Yes	No	Yes	Yes	N	Yes	N	Yes	N	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
28823	CORNISH PASTY	BAKED BEANS	Yes	Yes	N	N	N	N	N	N	N	N	N
38213		GRAVY MIX BISTO	Yes	No	Yes	N	N	Yes	N	Yes	Yes	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
49113		CORNISH PASTY	No	No	Yes	Yes	N	Yes	N	Yes	N	N	N
		CORNISH PASTY	No	No	Yes	Yes	N	Yes	N	Yes	Yes	N	N
45704	EXTRA FEAST SIDE	GARLIC CIABATTA SLICES	Yes	No	Yes	N	N	Yes	N	N	N	N	N
46385		BEER BATTERED ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
48413		GARLIC & HERB BREADED MUSHROOM	Yes	Yes	Yes	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
		EXTRA FEAST SIDE	Yes	No	Yes	N	N	Yes	N	N	N	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Fish

42589	FISH N CHIPS	FLOUR PLAIN MCDOUGALLS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
43526		PEAS MUSHY	Yes	Yes	N	N	N	N	N	Yes	N	N	N
43825		FISH BATTER - MCDOUGALLS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
46461		LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48568		TARTAR SAUCE	Yes	No	N	N	Yes	N	N	Yes	Yes	C	C
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48699		PANGA	No	No	N	N	N	N	Yes	N	N	N	N
		FISH N CHIPS	No	No	Yes	N	Yes	N	Yes	Yes	Yes	C	C

22418	SALMON FILLET	POTATO JACKET _10-12OZ	Yes	Yes	N	N	N	N	N	N	N	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
46307		SALMON TAILS	No	No	N	N	N	N	Yes	N	N	N	N
46461		LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
46548		DELICATELY FLAV BASMATI RICE	Yes	Yes	N	N	N	N	N	N	N	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48656		SALTED SWEET CREAM BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
49105		WATERCRESS CRÈME FRAICHE	Yes	No	Yes	N	N	Yes	N	Yes	Yes	N	N
		SALMON FILLET	No	No	Yes	N	N	Yes	Yes	Yes	Yes	N	N

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45674	FISH PIE	A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
47183		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48542		LUXURY MASH	Yes	No	C	N	C	Yes	N	N	C	N	N
48656		SALTED SWEET CREAM BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
48951		BROWN SQUARE TIN BREAD	Yes	Yes	Yes	Yes	N	N	N	Yes	N	N	N
49111		FISH PIE MIX	No	No	Yes	Yes	C	Yes	Yes	Yes	Yes	C	C
		FISH PIE	No	No	Yes	Yes	C	Yes	Yes	Yes	Yes	C	C

48965	SCAMPI N PEAS	WHOLETAIL SCAMPI	No	No	Yes	N	N	N	Yes	Yes	Yes	N	N
43526		PEAS MUSHY	Yes	Yes	N	N	N	N	N	Yes	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
46461		LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48568		TARTAR SAUCE	Yes	No	N	N	Yes	N	N	Yes	Yes	C	C
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
		SCAMPI N PEAS	No	No	Yes	N	Yes	N	Yes	Yes	Yes	C	C

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nut / nut derivatives present
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Side Dishes

45704	EXTRA FEAST SIDE	GARLIC CIABATTA SLICES	Yes	No	Yes	N	N	Yes	N	N	N	N	N
46385		BEER BATTERED ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
48413		GARLIC & HERB BREADED MUSHROOM	Yes	Yes	Yes	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
		EXTRA FEAST SIDE	Yes	No	Yes	N	N	Yes	N	N	N	N	N

48917	MIXED SALAD	CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
47094		G TOMATO	Yes	Yes	N	N	N	N	N	N	C	N	N
47560		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
49049		SALAD MIX WITH GUEST LEAF	Yes	Yes	N	N	N	N	N	N	N	N	N
		MIXED SALAD	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N

45704	GARLIC BREAD CHEES SIDE	GARLIC CIABATTA SLICES	Yes	No	Yes	N	N	Yes	N	N	N	N	N
47183		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
		GARLIC BREAD CHEES SIDE	Yes	No	Yes	N	N	Yes	N	N	N	N	N

45704	GARLIC BREAD SIDE	GARLIC CIABATTA SLICES	Yes	No	Yes	N	N	Yes	N	N	N	N	N
		GARLIC BREAD SIDE	Yes	No	Yes	N	N	Yes	N	N	N	N	N

48656	BAG AND BUTTER	SALTED SWEET CREAM BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
48695		BAGUETTE	Yes	No	Yes	N	N	Yes	N	N	C	N	N
		BAG AND BUTTER	Yes	No	Yes	N	N	Yes	N	N	C	N	N

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48916	MUSHROOMS SIDE	MUSHROOM CUP	Yes	Yes	N	N	N	N	N	N	C	N	N
48656		SALTED SWEET CREAM BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
		MUSHROOMS SIDE	Yes	No	N	N	N	Yes	N	N	C	N	N
48541	CHIPS 12OZ SIDE	TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
		CHIPS 12OZ SIDE	Yes	Yes	N	N	N	N	N	N	N	N	N
46385	BATT ONION RINGS SIDE	BEER BATTERED ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
		BATT ONION RINGS SIDE	Yes	No	Yes	N	N	Yes	N	N	N	N	N
49010	SEASONAL VEG SIDE	VEG MIX 3 MICROWAVE	Yes	Yes	N	N	N	N	N	N	N	N	N
		SEASONAL VEG SIDE	Yes	Yes	N	N	N	N	N	N	N	N	N

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Sunday Roasts

15509	ROAST LAMB	NEW POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
38213		GRAVY MIX BISTO	Yes	No	Yes	N	N	Yes	N	Yes	Yes	N	N
46447		ROAST POTATO WITH RAPESEED OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48069		LAMB LEG BONELESS	No	No	N	N	N	N	N	N	N	N	N
48263		YORKSHIRE PUDDING-RUSTIC	Yes	No	Yes	N	Yes	Yes	N	Yes	N	N	N
48656		SALTED SWEET CREAM BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
49010		VEG MIX 3 MICROWAVE	Yes	Yes	N	N	N	N	N	N	N	N	N
		ROAST LAMB	No	No	Yes	N	Yes	Yes	N	Yes	Yes	N	N

15509	ROAST TURKEY	NEW POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
38213		GRAVY MIX BISTO	Yes	No	Yes	N	N	Yes	N	Yes	Yes	N	N
46447		ROAST POTATO WITH RAPESEED OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48263		YORKSHIRE PUDDING-RUSTIC	Yes	No	Yes	N	Yes	Yes	N	Yes	N	N	N
48656		SALTED SWEET CREAM BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
48926		SLICED TURKEY	No	No	C	N	N	C	N	N	N	N	N
49010		VEG MIX 3 MICROWAVE	Yes	Yes	N	N	N	N	N	N	N	N	N
		ROAST TURKEY	No	No	Yes	N	Yes	Yes	N	Yes	Yes	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
15509	ROAST BEEF	NEW POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
38213		GRAVY MIX BISTO	Yes	No	Yes	N	N	Yes	N	Yes	Yes	N	N
46447		ROAST POTATO WITH RAPESEED OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48263		YORKSHIRE PUDDING-RUSTIC	Yes	No	Yes	N	Yes	Yes	N	Yes	N	N	N
48270		TOPSIDE	No	No	N	N	N	N	N	N	N	N	N
48656		SALTED SWEET CREAM BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
49010		VEG MIX 3 MICROWAVE	Yes	Yes	N	N	N	N	N	N	N	N	N
		ROAST BEEF	No	No	Yes	N	Yes	Yes	N	Yes	Yes	N	N

15509	ROAST VEG WELLINGTON	NEW POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
38213		GRAVY MIX BISTO	Yes	No	Yes	N	N	Yes	N	Yes	Yes	N	N
46447		ROAST POTATO WITH RAPESEED OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48263		YORKSHIRE PUDDING-RUSTIC	Yes	No	Yes	N	Yes	Yes	N	Yes	N	N	N
48656		SALTED SWEET CREAM BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
49010		VEG MIX 3 MICROWAVE	Yes	Yes	N	N	N	N	N	N	N	N	N
49109		VEGETARIAN WELLINGTON	Yes	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C
		ROAST VEG WELLINGTON	Yes	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C

15509	ROAST MEGA LAMB	NEW POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
38213		GRAVY MIX BISTO	Yes	No	Yes	N	N	Yes	N	Yes	Yes	N	N
46447		ROAST POTATO WITH RAPESEED OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48069		LAMB LEG BONELESS	No	No	N	N	N	N	N	N	N	N	N
48263		YORKSHIRE PUDDING-RUSTIC	Yes	No	Yes	N	Yes	Yes	N	Yes	N	N	N
48656		SALTED SWEET CREAM BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
49010		VEG MIX 3 MICROWAVE	Yes	Yes	N	N	N	N	N	N	N	N	N
		ROAST MEGA LAMB	No	No	Yes	N	Yes	Yes	N	Yes	Yes	N	N

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15509	ROAST MEGA TURKEY	NEW POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
38213		GRAVY MIX BISTO	Yes	No	Yes	N	N	Yes	N	Yes	Yes	N	N
46447		ROAST POTATO WITH RAPESEED OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48263		YORKSHIRE PUDDING-RUSTIC	Yes	No	Yes	N	Yes	Yes	N	Yes	N	N	N
48656		SALTED SWEET CREAM BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
48926		SLICED TURKEY	No	No	C	N	N	C	N	N	N	N	N
49010		VEG MIX 3 MICROWAVE	Yes	Yes	N	N	N	N	N	N	N	N	N
		ROAST MEGA TURKEY	No	No	Yes	N	Yes	Yes	N	Yes	Yes	N	N

15509	ROAST MEGA BEEF	NEW POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
38213		GRAVY MIX BISTO	Yes	No	Yes	N	N	Yes	N	Yes	Yes	N	N
46447		ROAST POTATO WITH RAPESEED OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48263		YORKSHIRE PUDDING-RUSTIC	Yes	No	Yes	N	Yes	Yes	N	Yes	N	N	N
48270		TOPSIDE	No	No	N	N	N	N	N	N	N	N	N
48656		SALTED SWEET CREAM BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
49010		VEG MIX 3 MICROWAVE	Yes	Yes	N	N	N	N	N	N	N	N	N
		ROAST MEGA BEEF	No	No	Yes	N	Yes	Yes	N	Yes	Yes	N	N

15509	ROAST MEGA VEG WELLIN	NEW POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
38213		GRAVY MIX BISTO	Yes	No	Yes	N	N	Yes	N	Yes	Yes	N	N
46447		ROAST POTATO WITH RAPESEED OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48263		YORKSHIRE PUDDING-RUSTIC	Yes	No	Yes	N	Yes	Yes	N	Yes	N	N	N
48656		SALTED SWEET CREAM BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
49010		VEG MIX 3 MICROWAVE	Yes	Yes	N	N	N	N	N	N	N	N	N
49109		VEGETARIAN WELLINGTON	Yes	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C
		ROAST MEGA VEG WELLING	Yes	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C

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Desserts

38344	ULT SHARNG SUNDAE	CHOCOLATE FLAKES	Yes	No	N	Yes	N	Yes	N	N	N	N	C
46226		FABULOUS FUDGE CAKE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	N	C
46567		CHOC FLAVOUR FUDGE SAUCE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
48451		CADBURY CRUNCHIE NUGGETS	Yes	No	N	C	C	Yes	N	N	N	N	C
48654		STAPLES DAIRY CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
48954		PROFITEROLES	Yes	No	Yes	Yes	Yes	Yes	N	N	N	N	N
49116		VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
		ULT SHARNG SUNDAE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	N	C

24097	CARAMEL APPLE BETTY	UHT WHIPPING CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
48477		BIRDS CUSTARD	Yes	No	N	N	N	Yes	N	N	N	N	N
48712		CARAMEL APPLE CRUMBLE PIE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	C	C	C
49116		VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
		CARAMEL APPLE BETTY	Yes	No	Yes	Yes	Yes	Yes	N	Yes	C	C	C

26109	STRAWBERRY SUNDAE	STRAWB SAUCE 235	DATA UNAVAILABLE										
42756		POMPADOUR FAN WAFERS	Yes	No	Yes	Yes	N	Yes	N	N	N	N	N
47693		STRAWBERRIES	Yes	Yes	N	N	N	N	N	N	C	N	N
48654		STAPLES DAIRY CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
49116		VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
49115		STRAWBERRY ICE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
		STRAWBERRY SUNDAE	DATA UNAVAILABLE										

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nut / nut derivatives present
24097	CHOC FUDGE CAKE	UHT WHIPPING CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
46226		FABULOUS FUDGE CAKE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	N	C
49116		VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
		CHOC FUDGE CAKE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	N	C
49012	TIRAMISU	TIRAMISU	No	No	Yes	C	Yes	Yes	N	Yes	N	N	C
		TIRAMISU	No	No	Yes	C	Yes	Yes	N	Yes	N	N	C
32358	CHOCOLATE INDULGENCE	CHOCOLATE BROWNIE	Yes	No	Yes	C	Yes	C	N	Yes	C	C	C
38344		CHOCOLATE FLAKES	Yes	No	N	Yes	N	Yes	N	N	N	N	C
46567		CHOC FLAVOUR FUDGE SAUCE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
48451		CADBURY CRUNCHIE NUGGETS	Yes	No	N	C	C	Yes	N	N	N	N	C
48654		STAPLES DAIRY CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
60233		MARSHMALLOWS	No	No	Yes	N	N	N	N	N	N	N	N
49116		VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
49114		CHOCOLATE ICE CREAM	Yes	No	N	Yes	N	Yes	N	Yes	N	N	N
		CHOCOLATE INDULGENCE	No	No	Yes	Yes	Yes	Yes	N	Yes	C	C	C
41071	BANOFFEE WAFFLE	BELGIAN WAFFLES 50X115G	Yes	No	Yes	Yes	Yes	Yes	N	Yes	C	C	C
44336		BANANA	Yes	Yes	N	N	N	N	N	N	C	N	N
48190		TOFFEE FUDGE DESSERT SAUCE	Yes	No	N	Yes	N	Yes	N	Yes	N	N	N
49116		VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
		BANOFFEE WAFFLE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	C	C	C

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
24097	PROFITEROLES	UHT WHIPPING CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
46567		CHOC FLAVOUR FUDGE SAUCE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
48954		PROFITEROLES	Yes	No	Yes	Yes	Yes	Yes	N	N	N	N	N
		PROFITEROLES	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	N	N
48477	BREAD N BUTTER PUD	BIRDS CUSTARD	Yes	No	N	N	N	Yes	N	N	N	N	N
49117		BREAD & BUTTER PUDDING	Yes	No	Yes	Yes	Yes	Yes	N	N	C	C	C
		BREAD N BUTTER PUD	Yes	No	Yes	Yes	Yes	Yes	N	N	C	C	C
48190	CHOC CRUNCH CHEESECA	TOFFEE FUDGE DESSERT SAUCE	Yes	No	N	Yes	N	Yes	N	Yes	N	N	N
48451		CADBURY CRUNCHIE NUGGETS	Yes	No	N	C	C	Yes	N	N	N	N	C
48703		CLOTTED CREAM CHEESECAKE	Yes	No	Yes	C	Yes	Yes	N	Yes	N	N	C
		CHOC CRUNCH CHEESECAKE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	N	C
24097	STICKY TOFFEE PUDDING	UHT WHIPPING CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
47780		STICKY TOFFEE PUD	Yes	No	Yes	C	Yes	Yes	N	Yes	C	C	C
48477		BIRDS CUSTARD	Yes	No	N	N	N	Yes	N	N	N	N	N
49116		VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
		STICKY TOFFEE PUDDING	Yes	No	Yes	C	Yes	Yes	N	Yes	C	C	C
24097	FRUIT SALAD	UHT WHIPPING CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
47719		FRUIT SALAD	Yes	Yes	N	N	N	N	N	N	N	N	N
49116		VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
		FRUIT SALAD	Yes	No	N	N	N	Yes	N	N	N	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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15549	CONDIMENTS SUB	VINEGAR MALT	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50360		TOMATO KETCHUP	Yes	Yes	N	N	N	N	N	N	Yes	N	N
16456		FRENCH MUSTARD	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48056		PEPPER BLACK CRACKED	Yes	Yes	N	N	N	N	N	N	N	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
47984		COLEMAN'S ENGLISH MUSTARD	Yes	Yes	Yes	N	N	N	N	N	Yes	N	N
48046		TABLE SALT	Yes	Yes	N	N	N	N	N	N	N	N	N
48060		HP BROWN SAUCE	Yes	Yes	Yes	N	N	N	N	N	N	N	N

15549	SUN ROAST CONDIMENTS	VINEGAR MALT	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50360		TOMATO KETCHUP	Yes	Yes	N	N	N	N	N	N	Yes	N	N
16456		FRENCH MUSTARD	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48056		PEPPER BLACK CRACKED	Yes	Yes	N	N	N	N	N	N	N	N	N
47480		HORSERADISH SAUCE	Yes	No	N	N	Yes	N	N	Yes	Yes	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
47984		COLEMAN'S ENGLISH MUSTARD	Yes	Yes	Yes	N	N	N	N	N	Yes	N	N
48046		TABLE SALT	Yes	Yes	N	N	N	N	N	N	N	N	N
48652		MINT SAUCE	Yes	Yes	Yes	N	N	N	N	Yes	N	N	N

Key & interpreting the data

Allergy data detailed in the table has been derived from specifications obtained from the suppliers of the products.

Allergy data for condiments (pepper, salt, etc.) which you may add to your food, are listed at the bottom of the table (i.e. not with the dish).

NB the staff need to be informed of your allergy every time you dine with us even if you have eaten the dish before so that every precaution can be taken in our kitchen to prevent cross contamination.

If you find a dish contains the allergen you are allergic to please consult the 'Full allergy data' as this shows the breakdown of the ingredients and the product causing the unsuitability may be a non-essential component that can be left out of the dish, for example a sauce.

'N' means that the allergen is not part of the product as it is delivered by the supplier .

'Yes' in a column entitled 'allergen(s) (e.g. gluten) present' indicates that the product contains that allergen & is, therefore, not suitable for you if you suffer from this allergy.

'C' means that this allergen is present in the manufacturing site/factory/supply chain & our suppliers believe there is a significant risk that this allergen could cross-contaminate the food.

The 'Yes'/'No' in the column entitled 'suitable for vegans'/'suitable for vegetarians' details information supplied by the product manufacturer. Our kitchens have limited space and as such we cannot always preserve the vegetarian status of a meal. For example we only have one fryer for breaded products and so breaded vegetable products cannot be considered vegetarian.

'Data unavailable' is where ingredient detail for the item/dish is currently unavailable from the supplier & will be added onto the table upon obtaining it. Or because it is bought at local level in-house.

Gluten is a protein component of wheat, rye, barley & oats. If you are intolerant to gluten then please consult the 'gluten present' column.

Additives are artificial antioxidants, colours, flavourings, preservatives, sweeteners, flavour-enhancers & sulphites.

The Treenut column indicates the presence of the following; almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their respective derivatives.

NB: We have taken all reasonable steps to ensure that this table is accurate. However, we cannot guarantee that the product is '100% free from' that component because of the risk of unexpected cross-contamination. Your statutory rights are not affected.

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Sandwiches & Baguettes

CHIPS N COLES SIDE	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
PRAWN SW BAG	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	N	N
HAM SW BAG	No	No	Yes	Yes	N	Yes	N	Yes	Yes	N	N
TUNA MAYO SW BAG	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	N	N
CHEESE SW BAG	Yes	No	Yes	Yes	N	Yes	N	Yes	Yes	N	N

Hot Filled Baguettes

BBQ CHICK BAG	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C
SIRLOIN BAG ONION	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N
SAUSAGE ONION BAG	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N
BLT BAG	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N

Jacket Potatoes

JKT PRAWN	No	No	C	Yes	Yes	Yes	Yes	Yes	Yes	N	N
JKT CHS N BEANS	Yes	No	C	Yes	Yes	Yes	N	Yes	Yes	N	N
JKT TUNA MAYO	No	No	C	Yes	Yes	Yes	Yes	Yes	Yes	N	N
JKT CHILLI	No	No	C	Yes	Yes	Yes	N	Yes	Yes	N	N

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Wraps

CHIPS N COLES SIDE	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
LAMB KOFTA WRAP	No	No	Yes	C	C	Yes	N	Yes	Yes	N	C
TUNA MAYO WRAP	No	No	Yes	Yes	Yes	C	Yes	Yes	Yes	N	N
SEEDED CHICK WRAP	No	No	Yes	Yes	Yes	C	N	Yes	Yes	N	N

CONDIMENTS SUB

VINEGAR MALT	Yes	Yes	Yes	N	N	N	N	N	N	N	N
TOMATO KETCHUP	Yes	Yes	N	N	N	N	N	N	Yes	N	N
FRENCH MUSTARD	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
PEPPER BLACK CRACKED	Yes	Yes	N	N	N	N	N	N	N	N	N
REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
COLEMAN'S ENGLISH MUSTARD	Yes	Yes	Yes	N	N	N	N	N	Yes	N	N
TABLE SALT	Yes	Yes	N	N	N	N	N	N	N	N	N
HP BROWN SAUCE	Yes	Yes	Yes	N	N	N	N	N	N	N	N

Key & interpreting the data

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WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Sandwiches & Baguettes

48867	CHIPS N COLES SIDE	COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48053		GROUND WHITE PEPPER	Yes	Yes	N	N	N	N	N	N	N	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
		CHIPS N COLES SIDE	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N

46461	PRAWN SW BAG	LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
47094		G TOMATO	Yes	Yes	N	N	N	N	N	N	C	N	N
47176		LARDERFRESH SOFT SPREAD	Yes	No	N	N	N	Yes	N	Yes	N	N	N
47560		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
47811		PRAWN COCKTAIL SAUCE	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48690		PRAWNS	No	No	N	N	N	N	Yes	N	N	N	N
48695		BAGUETTE	Yes	No	Yes	N	N	Yes	N	N	C	N	N
48950		WHITE SQUARE TIN BREAD	Yes	Yes	Yes	Yes	N	N	N	Yes	N	N	N
48951		BROWN SQUARE TIN BREAD	Yes	Yes	Yes	Yes	N	N	N	Yes	N	N	N
49049		SALAD MIX WITH GUEST LEAF	Yes	Yes	N	N	N	N	N	N	N	N	N
		PRAWN SW BAG	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
47094	HAM SW BAG	G TOMATO	Yes	Yes	N	N	N	N	N	N	C	N	N
47176		LARDERFRESH SOFT SPREAD	Yes	No	N	N	N	Yes	N	Yes	N	N	N
47560		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
47808		WILTSHIRE HAM	No	No	N	N	N	N	N	Yes	N	N	N
48695		BAGUETTE	Yes	No	Yes	N	N	Yes	N	N	C	N	N
48950		WHITE SQUARE TIN BREAD	Yes	Yes	Yes	Yes	N	N	N	Yes	N	N	N
48951		BROWN SQUARE TIN BREAD	Yes	Yes	Yes	Yes	N	N	N	Yes	N	N	N
49049		SALAD MIX WITH GUEST LEAF	Yes	Yes	N	N	N	N	N	N	N	N	N
		HAM SW BAG	No	No	Yes	Yes	N	Yes	N	Yes	Yes	N	N

44910	TUNA MAYO SW BAG	DEEP BLUE TUNA IN BRINE	No	No	N	N	N	N	Yes	N	N	N	N
46461		LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
47094		G TOMATO	Yes	Yes	N	N	N	N	N	N	C	N	N
47176		LARDERFRESH SOFT SPREAD	Yes	No	N	N	N	Yes	N	Yes	N	N	N
47560		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48695		BAGUETTE	Yes	No	Yes	N	N	Yes	N	N	C	N	N
48950		WHITE SQUARE TIN BREAD	Yes	Yes	Yes	Yes	N	N	N	Yes	N	N	N
48951		BROWN SQUARE TIN BREAD	Yes	Yes	Yes	Yes	N	N	N	Yes	N	N	N
49049		SALAD MIX WITH GUEST LEAF	Yes	Yes	N	N	N	N	N	N	N	N	N
		TUNA MAYO SW BAG	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
47094	CHEESE SW BAG	G TOMATO	Yes	Yes	N	N	N	N	N	N	C	N	N
47176		LARDERFRESH SOFT SPREAD	Yes	No	N	N	N	Yes	N	Yes	N	N	N
47183		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
47560		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48695		BAGUETTE	Yes	No	Yes	N	N	Yes	N	N	C	N	N
48950		WHITE SQUARE TIN BREAD	Yes	Yes	Yes	Yes	N	N	N	Yes	N	N	N
48951		BROWN SQUARE TIN BREAD	Yes	Yes	Yes	Yes	N	N	N	Yes	N	N	N
49049		SALAD MIX WITH GUEST LEAF	Yes	Yes	N	N	N	N	N	N	N	N	N
		CHEESE SW BAG	Yes	No	Yes	Yes	N	Yes	N	Yes	Yes	N	N

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Hot Filled Baguettes

43908	BBQ CHICK BAG	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
47073		BARBECUE HICKORY SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
47176		LARDERFRESH SOFT SPREAD	Yes	No	N	N	N	Yes	N	Yes	N	N	N
47183		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48695		BAGUETTE	Yes	No	Yes	N	N	Yes	N	N	C	N	N
		BBQ CHICK BAG	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C

43908	SIRLOIN BAG ONION	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
44754		SIRLOIN 20Z ABP	No	No	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
47176		LARDERFRESH SOFT SPREAD	Yes	No	N	N	N	Yes	N	Yes	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48656		SALTED SWEET CREAM BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48695		BAGUETTE	Yes	No	Yes	N	N	Yes	N	N	C	N	N
		SIRLOIN BAG ONION	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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48867	SAUSAGE ONION BAG	COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
47176		LARDERFRESH SOFT SPREAD	Yes	No	N	N	N	Yes	N	Yes	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48656		SALTED SWEET CREAM BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48695		BAGUETTE	Yes	No	Yes	N	N	Yes	N	N	C	N	N
48955		PREMIUM PORK SAUSAGE	No	No	Yes	N	N	N	N	Yes	N	N	N
		SAUSAGE ONION BAG	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N

42876	BLT BAG	BACON	No	No	N	N	N	N	N	Yes	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
47094		G TOMATO	Yes	Yes	N	N	N	N	N	N	C	N	N
47176		LARDERFRESH SOFT SPREAD	Yes	No	N	N	N	Yes	N	Yes	N	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48695		BAGUETTE	Yes	No	Yes	N	N	Yes	N	N	C	N	N
49049		SALAD MIX WITH GUEST LEAF	Yes	Yes	N	N	N	N	N	N	N	N	N
		BLT BAG	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Jacket Potatoes

22418	JKT PRAWN	POTATO JACKET _10-12OZ	Yes	Yes	N	N	N	N	N	N	N	N	N
48917		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
46461		LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
47094		G TOMATO	Yes	Yes	N	N	N	N	N	N	C	N	N
47560		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
47811		PRAWN COCKTAIL SAUCE	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48656		SALTED SWEET CREAM BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
48690		PRAWNS	No	No	N	N	N	N	Yes	N	N	N	N
49049		SALAD MIX WITH GUEST LEAF	Yes	Yes	N	N	N	N	N	N	N	N	N
		JKT PRAWN	No	No	C	Yes	Yes	Yes	Yes	Yes	Yes	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
22418	JKT CHS N BEANS	POTATO JACKET _10-12OZ	Yes	Yes	N	N	N	N	N	N	N	N	N
48917		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
28823		BAKED BEANS	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
47094		G TOMATO	Yes	Yes	N	N	N	N	N	N	C	N	N
47183		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
47560		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48656		SALTED SWEET CREAM BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
49049		SALAD MIX WITH GUEST LEAF	Yes	Yes	N	N	N	N	N	N	N	N	N
		JKT CHS N BEANS	Yes	No	C	Yes	Yes	Yes	N	Yes	Yes	N	N

22418	JKT TUNA MAYO	POTATO JACKET _10-12OZ	Yes	Yes	N	N	N	N	N	N	N	N	N
48917		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
44910		DEEP BLUE TUNA IN BRINE	No	No	N	N	N	N	Yes	N	N	N	N
46461		LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
47094		G TOMATO	Yes	Yes	N	N	N	N	N	N	C	N	N
47560		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48656		SALTED SWEET CREAM BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
49049		SALAD MIX WITH GUEST LEAF	Yes	Yes	N	N	N	N	N	N	N	N	N
		JKT TUNA MAYO	No	No	C	Yes	Yes	Yes	Yes	Yes	Yes	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
22418	JKT CHILLI	POTATO JACKET _10-12OZ	Yes	Yes	N	N	N	N	N	N	N	N	N
48917		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
47094		G TOMATO	Yes	Yes	N	N	N	N	N	N	C	N	N
47560		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48656		SALTED SWEET CREAM BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
48686		BEEF CHILLI	No	No	N	N	N	Yes	N	N	Yes	N	N
49049		SALAD MIX WITH GUEST LEAF	Yes	Yes	N	N	N	N	N	N	N	N	N
		JKT CHILLI	No	No	C	Yes	Yes	Yes	N	Yes	Yes	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Wraps

48867	CHIPS N COLES SIDE	COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48053		GROUND WHITE PEPPER	Yes	Yes	N	N	N	N	N	N	N	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
		CHIPS N COLES SIDE	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N

47094	LAMB KOFTA WRAP	G TOMATO	Yes	Yes	N	N	N	N	N	N	C	N	N
47560		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48025		YOGHURT	Yes	No	N	N	N	Yes	N	N	N	N	C
48269		12IN FLOUR TORTILLA	Yes	Yes	Yes	N	N	N	N	Yes	N	N	N
48652		MINT SAUCE	Yes	Yes	Yes	N	N	N	N	Yes	N	N	N
48816		MINTED LAMB & MUTTON DIPPER	No	No	Yes	C	C	C	N	Yes	N	N	N
49049		SALAD MIX WITH GUEST LEAF	Yes	Yes	N	N	N	N	N	N	N	N	N
		LAMB KOFTA WRAP	No	No	Yes	C	C	Yes	N	Yes	Yes	N	C

44910	TUNA MAYO WRAP	DEEP BLUE TUNA IN BRINE	No	No	N	N	N	N	Yes	N	N	N	N
47094		G TOMATO	Yes	Yes	N	N	N	N	N	N	C	N	N
47560		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48269		12IN FLOUR TORTILLA	Yes	Yes	Yes	N	N	N	N	Yes	N	N	N
49049		SALAD MIX WITH GUEST LEAF	Yes	Yes	N	N	N	N	N	N	N	N	N
		TUNA MAYO WRAP	No	No	Yes	Yes	Yes	C	Yes	Yes	Yes	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
47094	SEEDED CHICK WRAP	G TOMATO	Yes	Yes	N	N	N	N	N	N	C	N	N
47560		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
48269		12IN FLOUR TORTILLA	Yes	Yes	Yes	N	N	N	N	Yes	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48711		SEED COATED CHICKEN STRIPS	No	No	Yes	C	Yes	C	N	N	N	N	N
49049		SALAD MIX WITH GUEST LEAF	Yes	Yes	N	N	N	N	N	N	N	N	N
		SEEDED CHICK WRAP	No	No	Yes	Yes	Yes	C	N	Yes	Yes	N	N
15549	CONDIMENTS SUB	VINEGAR MALT	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50360		TOMATO KETCHUP	Yes	Yes	N	N	N	N	N	N	Yes	N	N
16456		FRENCH MUSTARD	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48056		PEPPER BLACK CRACKED	Yes	Yes	N	N	N	N	N	N	N	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
47984		COLEMAN'S ENGLISH MUSTARD	Yes	Yes	Yes	N	N	N	N	N	Yes	N	N
48046		TABLE SALT	Yes	Yes	N	N	N	N	N	N	N	N	N
48060		HP BROWN SAUCE	Yes	Yes	Yes	N	N	N	N	N	N	N	N

Key & interpreting the data

Allergy data detailed in the table has been derived from specifications obtained from the suppliers of the products.

Allergy data for condiments (pepper, salt, etc.) which you may add to your food, are listed at the bottom of the table (i.e. not with the dish).

NB the staff need to be informed of your allergy every time you dine with us even if you have eaten the dish before so that every precaution can be taken in our kitchen to prevent cross contamination.

'N' means that the allergen is not part of the product as it is delivered by the supplier .

'Yes' in a column entitled 'allergen(s) (e.g. gluten) present' indicates that the product contains that allergen & is, therefore, not suitable for you if you suffer from this allergy.

'C' means that this allergen is present in the manufacturing site/factory/supply chain & our suppliers believe there is a significant risk that this allergen could cross-contaminate the food.

The 'Yes'/No' in the column entitled 'suitable for vegans'/'suitable for vegetarians' details information supplied by the product manufacturer. Our kitchens have limited space and as such we cannot always preserve the vegetarian status of a meal. For example we only have one fryer for breaded products and so breaded vegetable products cannot be considered vegetarian.

'Data unavailable' is where ingredient detail for the item/dish is currently unavailable from the supplier & will be added onto the table upon obtaining it. Or because it is bought at local level in-house.

Gluten is a protein component of wheat, rye, barley & oats. If you are intolerant to gluten then please consult the 'gluten present' column.

Additives are artificial antioxidants, colours, flavourings, preservatives, sweeteners, flavour-enhancers & sulphites.

The Treenut column indicates the presence of the following; almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their respective derivatives.

NB: We have taken all reasonable steps to ensure that this table is accurate. However, we cannot guarantee that the product is '100% free from' that component because of the risk of unexpected cross-contamination. Your statutory rights are not affected.

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Mains

48176	PORK STEAKS	FINE BEANS 4X500G!	Yes	Yes	N	N	N	N	N	N	N	N	N
48542		LUXURY MASH	Yes	No	C	N	C	Yes	N	N	C	N	N
48788		APPLE SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
48977		PORK STEAKS 8X10X50G	DATA UNAVAILABLE										
50175		CAULIFLOWER & BROCCOLI FLORETS	Yes	Yes	N	N	N	N	N	N	N	N	N
48894		SAGE & HONEY GRAVY	No	No	N	N	N	Yes	N	Yes	Yes	C	C
		PORK STEAKS	DATA UNAVAILABLE										

15509	SPINACH TART	NEW POTATOES	DATA UNAVAILABLE										
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
47560		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48656		SALTED SWEET CREAM BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
49070		SPINACH QUICHE	Yes	No	Yes	C	Yes	Yes	N	C	C	C	C
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
		SPINACH TART	DATA UNAVAILABLE										

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22418	PAPRIKA CHICKEN	POTATO JACKET _10-12OZ - 25KG_	DATA UNAVAILABLE										
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
47560		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48656		SALTED SWEET CREAM BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
48441		SMOKED PAPRIKA CHICKEN BREAST	No	No	Yes	C	C	C	C	C	C	C	C
		PAPRIKA CHICKEN	DATA UNAVAILABLE										

43908	SALM SKEWER SLD	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
44975		RED PEPPERS!	Yes	Yes	N	N	N	N	N	N	C	N	N
47560		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48587		MARINATED SALMON SKEWERS	No	No	N	N	N	N	Yes	N	N	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
		SALM SKEWER SLD	No	No	N	N	N	N	Yes	Yes	Yes	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
45704	CAESAR SLD	GARLIC CIABATTA SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
46519		SHAVED ITALIAN STYLE CHEESE _UNIT_	Yes	No	N	N	N	Yes	N	N	N	N	N
47012		REDUCED FAT CAESAR DRESSING	Yes	No	Yes	Yes	Yes	Yes	N	Yes	C	N	N
48528		CAESAR SALAD	Yes	Yes	N	N	N	N	N	N	N	N	N
		CAESAR SLD	Yes	No	Yes	Yes	Yes	Yes	N	Yes	C	N	N

43908	CAESAR SLD CHIX	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45704		GARLIC CIABATTA SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
46519		SHAVED ITALIAN STYLE CHEESE _UNIT_	Yes	No	N	N	N	Yes	N	N	N	N	N
47012		REDUCED FAT CAESAR DRESSING	Yes	No	Yes	Yes	Yes	Yes	N	Yes	C	N	N
48528		CAESAR SALAD	Yes	Yes	N	N	N	N	N	N	N	N	N
		CAESAR SLD CHIX	No	No	Yes	Yes	Yes	Yes	N	Yes	C	C	C

43908	10OZ RIBEYE	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48541		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48909		10OZ RIBEYE	No	No	N	N	N	N	N	N	N	N	N
48916		MUSHROOM CUP	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
		10OZ RIBEYE	No	No	N	N	N	N	N	N	C	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
42876	SMOTHERED CHICK SLD	BACON	No	No	N	N	N	N	N	Yes	N	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
44975		RED PEPPERS!	Yes	Yes	N	N	N	N	N	N	C	N	N
45704		GARLIC CIABATTA SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
47073		BARBECUE HICKORY SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
47560		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
		SMOTHERED CHICK SLD	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C

15549	CONDIMENTS SUB	VINEGAR MALT	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50360		TOMATO KETCHUP	Yes	Yes	N	N	N	N	N	N	Yes	N	N
16456		FRENCH MUSTARD	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48056		PEPPER BLACK CRACKED	Yes	Yes	N	N	N	N	N	N	N	N	N
47810		REDUCED CALORIE MAYO	Yes	No	C	Yes	Yes	C	N	Yes	Yes	N	N
47984		COLEMAN'S ENGLISH MUSTARD	Yes	Yes	Yes	N	N	N	N	N	Yes	N	N
48046		TABLE SALT	Yes	Yes	N	N	N	N	N	N	N	N	N
48060		HP BROWN SAUCE	Yes	Yes	Yes	N	N	N	N	N	N	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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Desserts

42756	BLUEBERRY SUNDAE	POMPADOUR FAN WAFERS	Yes	No	Yes	Yes	N	Yes	N	N	N	N	N
48654		STAPLES DAIRY CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
48883		MERINGUE NESTS	Yes	No	N	Yes	Yes	N	N	N	N	N	N
49061		BLUEBERRY COMPOTE	Yes	Yes	N	N	N	N	N	N	N	N	N
49116		VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
		BLUEBERRY SUNDAE	Yes	No	Yes	Yes	Yes	Yes	N	N	N	N	N

24097	CHOCOLATE TART	UHT WHIPPING CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
47962		CHOCOLATE DRINK	Yes	No	C	C	N	C	N	Yes	N	N	N
49004		BELGIAN CHOCOLATE TARTE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C	C
		CHOCOLATE TART	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C	C

43917	BAKEWELL TART	ICING SUGAR	Yes	No	N	N	C	N	N	N	N	N	N
48477		BIRDS CUSTARD	Yes	No	N	N	N	Yes	N	N	N	N	N
48983		BAKEWELL TART	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C	Yes
49116		VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
		BAKEWELL TART	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C	Yes

48812	LEMON TART	LEMON TART	Yes	No	Yes	N	Yes	Yes	N	Yes	C	C	C
49116		VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
		LEMON TART	Yes	No	Yes	N	Yes	Yes	N	Yes	C	C	C