

# BREWER'S FAYRE MAIN MENU

The Food Standards Agency Guidelines for daily intake for the various components that go to make up the nutrition data are given below. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person.

GDAs	Energy	Protein	Carbohydrate	Sugar	Fat	Saturates	Salt
	kCal	g	g	g	g	g	g
Men	2500	55	300	120	95	30	6
Women	2000	45	230	90	70	20	6

At present the FSA is primarily targeting reduction of saturated fat and salt intake.

The figures given below give the nutrition values for each complete dish as listed on the menu. Dishes are divided into the courses and the order on the menu and where choices are available they are given at the start of each section. Figures are typical for that dish and may vary slightly.

## STARTERS

Breaded Butterfly Prawns	291	7.9	17.6	1.5	13.2	3.4	1.2
Breaded Camembert Bites	425	18.9	33.0	12.6	30.4	18.7	1.9
Chicken Goujons	268	16.1	30.0	12.0	9.3	2.4	0.8
Chicken Liver Pate	521	10.4	34.9	4.9	37.1	16.9	1.9
Combo Feast (Ideal for 2 people)	1438	58.7	114.7	30.4	82.2	22.3	5.3
Garlic & Herb Breaded Mushrooms	430	5.9	34.6	3.6	29.8	5.0	1.2
Potato Shells with Cheese	280	16.8	7.2	1.5	20.4	11.8	1.2
Potato Shells with Cheese & Bacon	408	29.4	7.6	1.9	28.8	15.2	3.6
Prawn Cocktail	434	17.4	28.9	6.6	27.6	12.3	2.3
Seasonal Soup (Average)	399	8.7	44.4	8.0	20.7	12.6	2.3

## GRILLS

Dish	Energy	Protein	Carbohydrate	Sugar	Fat	Sat Fat	Salt
	(kCal in dish)	g in dish	g in dish	g in dish	g in dish	g in dish	g in dish
10oz* Rump Steak	1172	69.5	102.4	5.7	55.3	18.3	0.9
Add Peppercorn Sauce, don't forget to add the nutrition on too.							
Creamy Peppercorn	64	2.0	2.8	0.7	5.0	2.9	0.8
BBQ Ribs	1229	40.5	118.5	24.0	67.2	22.2	2.7
Beef Burger	1286	48.1	136.4	10.6	61.9	18.1	3.3
extra Burger	239	29.6	0.1	0.1	13.3	6.0	0.9
extra Cheese & Bacon Topping	182	16.2	0.6	0.4	12.8	6.1	2.7
Chicken Burger	1221	56.5	137.4	11.5	50.5	12.7	2.9
extra Cheese & Bacon Topping	182	16.2	0.6	0.4	12.8	6.1	2.7

<b>Gammon Steak with Eggs</b>	1233	72.2	103.9	5.5	60.2	16.3	3.4
<b>Gammon Steak with Pineapple Rings</b>	1137	58.9	124.1	26.6	47.7	14.6	3.0
<b>Gammon Steak with one of each</b>	1185	65.6	114.0	16.1	53.9	15.5	3.2
<b>Mixed Grill</b>	1695	92.1	112.5	8.0	98.8	35.4	3.7
<b>Surf, Turf &amp; Chicken with Peas</b>	938	77.4	82.6	19.2	34.2	12.3	1.9
<b>Surf, Turf &amp; Chicken with Salad</b>	930	75.3	80.1	19.2	34.8	12.4	2.0

\* Approximate weights before cooking

## **PUB CLASSICS**

<b>Beef &amp; Ale Pie</b>	1469	41.9	144.5	9.5	80.0	30.9	3.6
<b>Beef Lasagne</b>	1190	38.9	130.0	22.8	54.4	25.0	4.1
<b>Beef Stew &amp; Cobbler</b>	826	41.3	75.7	15.1	39.3	20.5	3.5
<b>Chargrilled Red Pepper Pasta</b>	749	22.6	87.2	15.7	34.5	13.3	4.0
<b>Cheese, Onion &amp; Tomato Quiche with Chips</b>	996	27.9	85.6	4.8	61.2	27.3	2.4
<b>Cheese, Onion &amp; Tomato Quiche with Jacket</b>	808	23.8	72.8	10.7	38.7	20.1	2.4
<b>Chicken &amp; Mushroom Pie</b>	1294	37.9	141.6	8.8	64.0	25.4	2.9
<b>Chicken Tikka Masala</b>	883	41.4	116.8	24.2	26.4	9.1	5.0
<b>Glazed Oven Roast Chicken with Chips</b>	1290	80.7	100.0	8.0	64.2	18.1	2.8
<b>Glazed Oven Roast Chicken with Jacket Potato</b>	811	73.5	57.2	13.4	31.8	8.1	3.0

Don't forget to add the nutrition for your glaze or sauce:-

<b>BBQ sauce</b>	60	0.3	14.6	11.7	0.1	0.0	1.3
<b>Piri Piri sauce</b>	83	0.9	4.6	2.1	6.8	4.1	1.4
<b>Lemon &amp; Thyme sauce</b>	76	0.6	3.6	1.9	6.6	4.1	1.2
<b>Goan Vegetable Curry</b>	887	21.5	122.9	23.0	32.5	2.1	4.4
<b>Grilled Chicken &amp; Bacon Salad</b>	493	65.9	7.9	6.3	21.4	8.0	5.6
<b>Liver &amp; Onions in a Giant Yorkshire Pudding</b>	1160	57.4	135.8	21.8	40.8	15.0	5.8
<b>Mediterranean Vegetable Lasagne</b>	851	24.1	84.6	6.8	45.8	15.5	2.1
<b>Pork Chop with Chips</b>	1031	51.3	76.9	14.8	58.2	21.7	1.3
<b>Pork Chop with Jacket Potato</b>	843	47.3	64.2	20.8	43.8	19.9	1.5
<b>Sausage &amp; Mash in a Giant Yorkshire Pudding</b>	1319	55.7	131.0	18.5	61.5	22.8	5.0
<b>Sausage, Egg &amp; Chips</b>	1174	54.5	77.7	4.7	72.6	22.5	2.0
<b>Slow Cooked Lamb Shank</b>	803	55.4	37.7	11.5	47.4	23.2	3.0
<b>Smothered Chicken</b>	1372	71.2	125.9	18.1	65.9	22.5	5.4

## **FISH**

<b>Breaded Scampi, Chips &amp; Peas</b>	1209	27.5	126.3	5.1	67.5	14.7	2.8
<b>Breaded Scampi, Chips &amp; Mushy Peas</b>	1255	30.4	134.9	5.2	67.4	14.6	3.6
<b>Ideal for 2 to share:</b>							

<b>Fish &amp; Chip Shop Platter &amp; Peas</b>	2411	92.6	221.0	13.6	129.3	33.1	6.0
<b>Fish &amp; Chip Shop Platter &amp; Mushy Peas</b>	2457	95.6	229.6	13.6	129.2	33.0	6.8
<b>Hand-battered Fish, Chips &amp; Peas</b>	1347	50.2	108.3	4.4	80.6	16.1	1.0
<b>Hand-battered Fish, Chips &amp; Mushy Peas</b>	1392	53.1	116.9	4.5	80.5	16.0	1.8
<b>Salmon &amp; Prawn Fishcakes</b>	897	20.9	33.6	2.8	35.9	5.1	2.2

## SIDE ORDERS

<b>Dish</b>	<b>Energy</b> (kCal in dish)	<b>Protein</b> g in dish	<b>Carbohydrate</b> g in dish	<b>Sugar</b> g in dish	<b>Fat</b> g in dish	<b>Sat Fat</b> g in dish	<b>Salt</b> g in dish
<b>Extra Feast</b>	690	11.8	81.7	4.5	35.2	9.4	2.6
<b>Chips</b>	467	6.5	61.4	1.6	22.6	7.2	0.0
<b>Garlic Bread</b>	229	3.8	26.4	0.5	12.1	3.2	0.8
<b>Garlic Bread with Cheese</b>	394	14.5	27.1	0.5	25.3	11.4	1.6
<b>Mushrooms Pan-Fried in Butter</b>	325	4.5	7.8	0.5	30.6	14.2	0.4
<b>Onion Ring Feast (Great for Sharing)</b>	1152	17.6	135.0	9.7	60.1	15.1	4.7

## CONDIMENTS

Values are for 100g of the condiment.

<b>Item</b>	<b>Energy</b> (kCal/100g)	<b>Protein</b> (g/100g)	<b>Carbohydrate</b> (g/100g)	<b>Sugar</b> (g/100g)	<b>Fat</b> (g/100g)	<b>Sat Fat</b> (g/100g)	<b>Salt</b> (g/100g)
<b>Vinegar</b>	19	0.5	0.6	0.0	0.0	0.0	0.0
<b>Cracked Black Pepper</b>	235	11.0	40.2	0.6	3.3	1.0	0.1
<b>Reduced Calorie Mayonnaise</b>	278	0.6	8.3	2.6	27.2	2.2	1.8
<b>English Mustard</b>	187	9.0	18.9	9.8	9.3	0.6	7.9
<b>Salt</b>	0	0.0	0.0	0.0	0.0	0.0	100.0
<b>Brown Sauce</b>	119	1.1	27.1	22.7	0.2	0.0	2.9
<b>French Mustard</b>	119	1.1	27.1	22.7	0.2	0.0	2.9
<b>Tomato Ketchup</b>	102	0.9	23.9	23.5	1.4	0.9	3.1
<b>Horseradish Sauce</b>	215	1.9	12.0	8.5	17.7	1.3	2.9
<b>Mint Sauce</b>	69	1.4	13.4	11.5	1.0	0.1	0.7
<b>Bramley Apple Sauce</b>	130	0.1	32.0	28.0	0.0	0.0	0.0

# BREWER'S FAYRE DESSERT MENU

The Food Standards Agency Guidelines for daily intake for the various components that go to make up the nutrition data are given below. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person.

GDAs	Energy	Protein	Carbohydrate	Sugar	Fat	Saturates	Salt
	kCal	g	g	g	g	g	g
Men	2500	55	300	120	95	30	6
Women	2000	45	230	90	70	20	6

At present the FSA is primarily targeting reduction of saturated fat and salt intake.

The figures given below give the nutrition values for each complete dish as listed on the menu. Dishes are divided into the courses and the order on the menu and where choices are available they are given at the start of each section. Figures are typical for that dish and may vary slightly.

## DESSERTS

Dish	Energy	Protein	Carbohydrate	Sugar	Fat	Sat Fat	Salt
	(kCal in dish)	g in dish	g in dish	g in dish	g in dish	g in dish	g in dish
<b>Baileys Scoop NEW</b>	177	2.4	18.2	17.1	7.3	2.7	0.1
<b>Belgian Banoffe Waffles</b>	628	15.3	63.7	62.6	34.7	13.7	1.2
<b>Caramel Apple Crumble with Custard</b>	612	7.8	94.4	64.4	22.5	10.9	0.3
<b>Caramel Apple Crumble with Cream</b>	629	6.7	79.6	54.2	31.4	16.6	0.2
<b>Caramel Apple Crumble with Vanilla Ice Cream</b>	619	6.7	90.6	65.0	25.4	10.7	0.3
<b>Cheesecake with Blackcurrant Compote</b>	398	4.0	45.3	34.8	22.3	12.4	0.5
<b>Chocolate Fudge Cake with Vanilla Ice Cream</b>	530	4.7	67.6	57.6	26.6	6.5	0.7
<b>Chocolate Fudge Cake with Cream</b>	544	4.8	56.6	46.8	33.0	12.5	0.6
<b>Chocolate Indulgence</b>	767	11.0	95.4	83.8	37.9	14.3	0.7

### Ice Cream

Two scoops of Vanilla Flavour Ice Cream with your choice of either chocolate flavour fudge sauce or strawberry sauce.

<b>Vanilla Ice Cream (2 scoop)</b>	189	3.5	24.4	24.1	8.6	1.4	0.2
<b>with Chocolate Flavour Fudge Sauce</b>	406	6.1	48.4	44.4	20.8	3.1	0.6
<b>with Strawberry Sauce</b>	341	3.6	62.2	61.9	8.7	1.4	0.2
<b>Profiteroles</b>	558	8.6	39.8	28.9	40.4	19.7	0.4
<b>Rhubarb Crumble</b>	583	7.8	92.9	59.2	19.3	9.0	0.3
<b>Sticky Toffee Pudding with Custard</b>	621	9.4	91.0	63.6	24.1	13.5	1.1
<b>Sticky Toffee Pudding with Cream</b>	637	8.3	76.2	53.4	33.0	19.1	1.1
<b>Sticky Toffee Pudding with Vanilla Ice Cream</b>	627	8.3	87.2	64.3	27.0	13.3	1.2
<b>Strawberry Sundae</b>	471	7.5	75.4	69.2	15.5	3.5	0.4
<b>Ultimate Sharing Sundae</b>	2098	26.8	248.3	204.1	110.7	41.5	2.3

## BREWER'S FAYRE SNACK MENU

The Food Standards Agency Guidelines for daily intake for the various components that go to make up the nutrition data are given below. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person.

<b>GDAs</b>	<b>Energy</b> kCal	<b>Protein</b> g	<b>Carbohydrate</b> g	<b>Sugar</b> g	<b>Fat</b> g	<b>Saturates</b> g	<b>Salt</b> g
<b>Men</b>	2500	55	300	120	95	30	6
<b>Women</b>	2000	45	230	90	70	20	6

At present the FSA is primarily targeting reduction of saturated fat and salt intake.

The figures given below give the nutrition values for each complete dish as listed on the menu. Dishes are divided into the courses and the order on the menu and where choices are available they are given at the start of each section. Figures are typical for that dish and may vary slightly.

<b>SANDWICHES &amp; BAGUETTES</b>	<b>Energy</b> (kCal in dish)	<b>Protein</b> g in dish	<b>Carbohydrate</b> g in dish	<b>Sugar</b> g in dish	<b>Fat</b> g in dish	<b>Sat Fat</b> g in dish	<b>Salt</b> g in dish
<b>Ham Sandwich</b>	447	32.4	43.6	2.8	16.0	4.1	3.4
<b>Ham Baguette</b>	503	33.6	54.3	4.7	13.0	3.5	3.7
<b>Mature Cheddar Cheese &amp; Ham Sandwich</b>	602	35.1	44.4	2.6	31.8	14.3	3.4
<b>Mature Cheddar Cheese &amp; Ham Baguette</b>	658	36.3	55.1	4.5	28.8	13.7	3.8
<b>Mature Cheddar Cheese &amp; Tomato Sandwich</b>	549	24.0	45.8	3.8	30.2	13.6	2.3
<b>Mature Cheddar Cheese &amp; Tomato Baguette</b>	605	25.2	56.5	5.7	27.2	13.0	2.7
<b>Prawns in Seafood Sauce Sandwich</b>	435	17.8	46.4	4.9	19.8	3.7	2.5
<b>Prawns in Seafood Sauce Baguette</b>	491	19.0	57.1	6.8	16.8	3.1	2.9
Add Chips & Coleslaw							
<b>Chips &amp; Coleslaw</b>	483	7.0	64.7	4.4	22.8	7.2	0.0
Add a Bowl of Soup							
<b>Soup (average)</b>	108	4.2	13.2	6.0	4.2	1.8	1.5

<b>HOT FILLED SANDWICHES &amp; BAGUETTES</b>	<b>Energy</b> (kCal in dish)	<b>Protein</b> g in dish	<b>Carbohydrate</b> g in dish	<b>Sugar</b> g in dish	<b>Fat</b> g in dish	<b>Sat Fat</b> g in dish	<b>Salt</b> g in dish
<b>BBQ Chicken Melt Baguette</b>	1147	62.5	122.2	11.3	42.5	15.2	2.9
<b>Blackened Minute Steak Baguette</b>	1143	51.3	118.7	8.4	48.7	17.9	2.1
<b>Chicken Club Sandwich</b>	1459	94.3	111.3	7.5	72.0	23.4	9.3
<b>Sausage &amp; Red Onion Baguette</b>	846	37.2	62.1	4.9	45.9	17.0	3.1

All served with chips and coleslaw (nutrition included as above)

## JACKETS

Dish	Energy	Protein	Carbohydrate	Sugar	Fat	Sat Fat	Salt
	(kCal in dish)	g in dish	g in dish	g in dish	g in dish	g in dish	g in dish
Baked Beans	572	15.6	86.6	23.9	18.2	11.1	2.7
Chilli Con Carne	675	19.1	74.2	18.5	32.9	15.8	2.2
Mature Cheddar Cheese	881	36.1	56.2	11.8	57.3	35.6	2.8
Mature Cheddar Cheese & Bacon	845	38.1	55.9	12.2	52.5	30.8	4.4
Mature Cheddar Cheese & Baked Beans	899	37.0	88.0	23.9	44.6	27.4	4.3
Prawns in a Seafood Sauce	614	16.7	60.3	15.9	34.1	12.9	2.7
Quorn™ Chilli	573	13.1	82.6	21.4	21.5	11.3	2.0

Add a Bowl of Seasonal Soup to your Baguette

## CONDIMENTS

Values are for 100g of the condiment.

Item	Energy	Protein	Carbohydrate	Sugar	Fat	Sat Fat	Salt
	(kCal/100g)	(g/100g)	(g/100g)	(g/100g)	(g/100g)	(g/100g)	(g/100g)
Vinegar	19	0.5	0.6	0.0	0.0	0.0	0.0
Cracked Black Pepper	235	11.0	40.2	0.6	3.3	1.0	0.1
Reduced Calorie Mayonnaise	278	0.6	8.3	2.6	27.2	2.2	1.8
English Mustard	187	9.0	18.9	9.8	9.3	0.6	7.9
Salt	0	0.0	0.0	0.0	0.0	0.0	100.0
Brown Sauce	119	1.1	27.1	22.7	0.2	0.0	2.9
French Mustard	119	1.1	27.1	22.7	0.2	0.0	2.9
Tomato Ketchup	102	0.9	23.9	23.5	1.4	0.9	3.1
Horseradish Sauce	215	1.9	12.0	8.5	17.7	1.3	2.9
Mint Sauce	69	1.4	13.4	11.5	1.0	0.1	0.7
Bramley Apple Sauce	130	0.1	32.0	28.0	0.0	0.0	0.0

# BREWER'S FAYRE KID'S MENU

The Food Standards Agency Guidelines for daily intake for the various components that go to make up the nutrition data are given below.

GDAs	Energy	Protein	Carbohydrate	Sugar	Fat	Saturates	Salt
	kCal	g	g	g	g	g	g
Children	1800	24	220	85	70	20	4

At present the FSA is primarily targeting reduction of saturated fat and salt intake.

The figures given below give the nutrition values for each complete dish as listed on the menu. Dishes are divided into the courses and the order on the menu and where choices are available they are given at the start of each section. Figures are typical for that dish and may vary slightly.

## STARTERS

Dish	Energy	Protein	Carbohydrate	Sugar	Fat	Saturates	Salt
	(kCal in dish)	g in dish	g in dish	g in dish	g in dish	g in dish	g in dish
Garlic Bread	229	3.8	26.4	0.5	12.1	3.2	0.8

## MAINS

Dish	Energy	Protein	Carbohydrate	Sugar	Fat	Saturates	Salt
	(kCal in dish)	g in dish	g in dish	g in dish	g in dish	g in dish	g in dish
Beef & Onion Pie	395	10.0	44.6	5.2	19.3	9.1	1.4
Beef Burger	805	35.0	89.6	6.1	34.8	13.2	2.0
<b>with Cheese</b>	859	38.5	89.8	6.1	39.2	15.9	2.3
Chicken Dinner	493	29.0	46.1	6.6	21.3	5.9	2.1
Chicken Nuggets	680	26.9	62.9	5.3	36.4	7.5	1.6
Create Your Own Pizza	420	17.3	57.7	13.4	13.3	6.1	3.3

You then need to choose your 2 toppings from ham, bacon, pineapple or mushrooms. Add the nutrition for these 2 to the pizza base to get the final nutrition for your dinner.

<b>Ham</b>	31	5.8	0.1	0.1	0.9	0.3	0.5
<b>Bacon</b>	128	12.7	0.4	0.4	8.4	3.4	2.4
<b>Pineapple</b>	20	0.1	5.5	5.4	0.0	0.0	0.0
<b>Mushrooms</b>	24	0.8	1.3	0.1	1.8	0.1	0.0
Fish & Chips	680	21.6	61.0	2.6	39.6	8.2	1.2
Sausage & Mash	496	20.7	65.3	8.7	16.3	6.3	2.3
Spaghetti Bolognese	314	24.5	30.5	5.5	10.3	5.2	1.0
Sunday Roast (Only available on Sundays)							
<b>Roast Pork</b>	736	36.6	53.4	7.0	41.6	12.3	2.1
<b>Roast Beef</b>	669	43.3	50.6	7.1	32.5	10.2	1.7
<b>Roast Turkey</b>	628	40.6	50.1	6.6	29.3	7.7	1.9
Tomato Pasta	407	11.7	54.6	3.1	16.6	9.7	1.7

## DESSERTS

Dish	Energy	Protein	Carbohydrate	Sugar	Fat	Sat Fat	Salt
	(kCal in dish)	g in dish	g in dish	g in dish	g in dish	g in dish	g in dish
Chocolate Brownie	600	8.2	83.2	75.9	26.1	8.4	1.2
Mini Chocolate Indulgence	327	4.2	38.5	34.1	17.3	7.0	0.3
Jelly & Ice Cream	98	1.7	12.6	12.1	4.3	0.7	0.3

## CONDIMENTS

Values are for 100g of the condiment.

Item	Energy	Protein	Carbohydrate	Sugar	Fat	Sat Fat	Salt
	(kCal/100g)	(g/100g)	(g/100g)	(g/100g)	(g/100g)	(g/100g)	(g/100g)
Vinegar	19	0.5	0.6	0.0	0.0	0.0	0.0
Cracked Black Pepper	235	11.0	40.2	0.6	3.3	1.0	0.1
Reduced Calorie Mayonnaise	278	0.6	8.3	2.6	27.2	2.2	1.8
English Mustard	187	9.0	18.9	9.8	9.3	0.6	7.9
Salt	0	0.0	0.0	0.0	0.0	0.0	100.0
Brown Sauce	119	1.1	27.1	22.7	0.2	0.0	2.9
French Mustard	119	1.1	27.1	22.7	0.2	0.0	2.9
Tomato Ketchup	102	0.9	23.9	23.5	1.4	0.9	3.1
Horseradish Sauce	215	1.9	12.0	8.5	17.7	1.3	2.9
Mint Sauce	69	1.4	13.4	11.5	1.0	0.1	0.7
Bramley Apple Sauce	130	0.1	32.0	28.0	0.0	0.0	0.0

## Key & interpreting the data

Allergy data detailed in the table has been derived from specifications obtained from the suppliers of the products.

Allergy data for condiments (pepper, salt, etc.) which you may add to your food, are listed at the bottom of the table (i.e. not with the

**NB** the staff need to be informed of your allergy every time you dine with us even if you have eaten the dish before so that every precaution can be taken in our kitchen to prevent cross contamination.

'N' means that the allergen is not part of the product as it is delivered by the supplier .

'Yes' in a column entitled 'allergen(s) (e.g. gluten) present' indicates that the product contains that allergen & is, therefore, not suitable for you if you suffer from this allergy.

'C' means that this allergen is present in the manufacturing site/factory/supply chain & our suppliers believe there is a significant risk that this allergen could cross-contaminate the food.

The 'Yes'/'No' in the column entitled 'suitable for vegans'/'suitable for vegetarians' details information supplied by the product manufacturer. Our kitchens have limited space and as such we cannot always preserve the vegetarian status of a meal. For example we only have one fryer for breaded products and so breaded vegetable products cannot be considered vegetarian.

'Data unavailable' is where ingredient detail for the item/dish is currently unavailable from the supplier & will be added onto the table upon obtaining it. Or because it is bought at local level in-house.

Gluten is a protein component of wheat, rye, barley & oats. If you are intolerant to gluten then please consult the 'gluten present'

Additives are artificial antioxidants, colours, flavourings, preservatives, sweeteners, flavour-enhancers & sulphites.

The Treenut column indicates the presence of the following; almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their respective derivatives.

**NB:** We have taken all reasonable steps to ensure that this table is accurate. However, we cannot guarantee that the product is '100% free from' that component because of the risk of unexpected cross-contamination. Your statutory rights are not affected.

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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**Starters**

51071	<b>SOUP MIXED CASE</b>	SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
50952		CREAMY SPRING VEGETABLE SOUP	Yes	No	N	N	N	Yes	N	Yes	Yes	C	C
51365		DICED TOMATO & BASIL SOUP	Yes	No	N	N	N	Yes	N	Yes	Yes	C	C
51365		WHITE ONION & APPLE SOUP	Yes	No	N	N	N	Yes	N	Yes	C	C	C
51365		SPINACH & WATERCRESS SOUP	Yes	No	Yes	N	N	Yes	N	Yes	Yes	C	C
51246		WHITE DEMI BAGUETTE	Yes	Yes	Yes	N	N	N	N	N	C	C	C
		<b>SOUP MIXED CASE</b>	<b>Yes</b>	<b>No</b>	<b>Yes</b>	<b>N</b>	<b>N</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>C</b>	<b>C</b>

48584	<b>CHICKEN LIVER PATE</b>	FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50505		CHICKEN PATE WITH HERBS	No	No	Yes	C	Yes	Yes	C	Yes	C	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
51246		WHITE DEMI BAGUETTE	Yes	Yes	Yes	N	N	N	N	N	C	C	C
		<b>CHICKEN LIVER PATE</b>	<b>No</b>	<b>No</b>	<b>Yes</b>	<b>C</b>	<b>Yes</b>	<b>Yes</b>	<b>C</b>	<b>Yes</b>	<b>Yes</b>	<b>C</b>	<b>C</b>

42876	<b>POT SHELLS CHS N BACON</b>	BACK BACON	No	No	N	N	N	N	N	Yes	N	N	N
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50344		POTATO SHELLS	Yes	Yes	N	N	N	N	N	N	N	N	N
51047		REDUCED FAT SOUR CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
		<b>POT SHELLS CHS N BACON</b>	<b>No</b>	<b>No</b>	<b>N</b>	<b>N</b>	<b>N</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>N</b>

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
47182	<b>POT SHELLS CHEESE ONLY</b>	UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50344		POTATO SHELLS	Yes	Yes	N	N	N	N	N	N	N	N	N
51047		REDUCED FAT SOUR CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
		<b>POT SHELLS CHEESE ONLY</b>	<b>Yes</b>	<b>No</b>	<b>N</b>	<b>N</b>	<b>N</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>N</b>

45858	<b>CHICKEN GOUJONS</b>	SALSA SAUCE SFC	Yes	Yes	N	N	N	N	N	Yes	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50685		BUBBLE BATTERED CHICKEN FINGERS	No	No	Yes	N	N	N	N	N	N	N	N
		<b>CHICKEN GOUJONS</b>	<b>No</b>	<b>No</b>	<b>Yes</b>	<b>N</b>	<b>N</b>	<b>N</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>N</b>

46461	<b>BREADED PRAWNS</b>	LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
48130		MANDARIN CHILLI GLAZE	Yes	No	C	C	C	C	N	C	C	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
51347		BREADED BUTTERFLY KING PRAWNS	No	No	Yes	Yes	N	N	Yes	N	N	N	N
		<b>BREADED PRAWNS</b>	<b>No</b>	<b>No</b>	<b>Yes</b>	<b>Yes</b>	<b>C</b>	<b>C</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>N</b>

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
48413	<b>GARLIC MUSHROOMS</b>	GARLIC & HERB BREADED MUSHROOMS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50986		GARLIC MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
		<b>GARLIC MUSHROOMS</b>	Yes	No	Yes	Yes	Yes	N	N	Yes	Yes	N	N

46461	<b>PRAWN COCKTAIL</b>	LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
48054		PAPRIKA PEPPER 1X500G	Yes	Yes	N	N	N	N	N	N	N	N	N
51299		LETTUCE ICEBERG	Yes	Yes	N	N	N	N	N	N	C	N	N
51368		MALTED SANDWICH BREAD	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50987		PRAWN COCKTAIL DRESSING	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
51346		COLD WATER PRAWNS IQF250/350 4X2.5KG	DATA UNAVAILABLE										
		<b>PRAWN COCKTAIL</b>	DATA UNAVAILABLE										

48584	<b>CAMEMBERT ROUNDS</b>	FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50506		PLUM & GINGER COMPOTE	Yes	No	C	C	C	C	N	Yes	C	C	N
50954		BREADED CAMEMBERT	No	No	Yes	N	Yes	Yes	N	Yes	N	N	N
		<b>CAMEMBERT ROUNDS</b>	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
44267	COMBO FEAST	TORTILLA CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
45858		SALSA SAUCE SFC	Yes	Yes	N	N	N	N	N	Yes	N	N	N
48413		GARLIC & HERB BREADED MUSHROOMS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50456		BBQ SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
50685		BUBBLE BATTERED CHICKEN FINGERS	No	No	Yes	N	N	N	N	N	N	N	N
50950		BEEF CHILLI	No	No	N	N	N	N	N	Yes	C	N	C
50974		GARLIC SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50986		GARLIC MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51150		SMOKY MAPLE RIB RACKS	No	No	N	N	N	N	N	Yes	N	N	N
		COMBO FEAST	No	No	Yes	Yes	Yes	N	N	Yes	Yes	N	C

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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**Pub Classics**

Dishes marked with an asterix \* are served with either chips or a jacket potato. Please add the allergy of your chosen side to that of the dish.

48664	<b>CHIPS 12OZ SUB</b>	CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		<b>CHIPS 12OZ SUB</b>	Yes	Yes	N	N	N	N	N	N	N	N	N

51071	<b>JACKET POT SUB</b>	SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
51285		JACKET POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
		<b>JACKET POT SUB</b>	Yes	No	N	N	N	Yes	N	N	N	N	N

31881	<b>SAUSAGE EGG N CHIPS</b>	EGGS MEDIUM	Yes	No	N	N	Yes	N	N	N	N	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
51006		PREMIUM PORK SAUSAGE	No	No	Yes	N	N	N	Yes	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		<b>SAUSAGE EGG N CHIPS</b>	No	No	Yes	N	Yes	N	Yes	N	N	N	N

45674	<b>BEEF N ALE PIE</b>	A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50694		ROAST GRAVY	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
50971		BEEF & ALE PIE	No	No	Yes	Yes	N	C	N	Yes	C	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		<b>BEEF N ALE PIE</b>	No	No	Yes	Yes	C	Yes	N	Yes	Yes	C	C

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
45674	<b>CHICKEN N MUSH PIE</b>	A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50694		ROAST GRAVY	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
51338		CHICKEN & MUSHROOM PIE	No	No	Yes	N	N	Yes	N	N	N	N	N
		<b>CHICKEN N MUSH PIE</b>	<b>No</b>	<b>No</b>	<b>Yes</b>	<b>C</b>	<b>C</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>C</b>	<b>C</b>

48584	<b>ROAST CHICKEN PLAIN*</b>	FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50352		ROASTED HALF CHICKEN	No	No	N	N	N	N	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
		<b>ROAST CHICKEN PLAIN*</b>	<b>No</b>	<b>No</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>N</b>

48584	<b>ROAST CHICKEN BBQ SCE*</b>	FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50352		ROASTED HALF CHICKEN	No	No	N	N	N	N	N	N	N	N	N
50456		BBQ SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
		<b>ROAST CHICKEN BBQ SCE*</b>	<b>No</b>	<b>No</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>N</b>

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
48584	<b>ROAST CHICKEN PIRI*</b>	FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50352		ROASTED HALF CHICKEN	No	No	N	N	N	N	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51256		PIRI PIRI GLAZE	No	No	C	C	C	Yes	N	Yes	C	N	N
		<b>ROAST CHICKEN PIRI*</b>	<b>No</b>	<b>No</b>	<b>C</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>N</b>

48584	<b>ROAST CHICKEN LEMON*</b>	FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50352		ROASTED HALF CHICKEN	No	No	N	N	N	N	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51255		LEMON & THYME GLAZE	No	No	C	N	C	Yes	N	Yes	N	N	N
		<b>ROAST CHICKEN LEMON*</b>	<b>No</b>	<b>No</b>	<b>C</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>N</b>

45674	<b>BEEF STEW N COBBLER</b>	A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
50956		BEEF IN RED WINE SAUCE	No	No	Yes	C	C	Yes	N	Yes	Yes	C	N
51094		MASHED POTATO	Yes	No	C	N	N	Yes	N	N	N	N	N
51350		CHEESY COBBLER	No	No	Yes	N	Yes	Yes	N	N	N	N	N
		<b>BEEF STEW N COBBLER</b>	<b>No</b>	<b>No</b>	<b>Yes</b>	<b>C</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>C</b>	<b>N</b>

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
48584	<b>PORK CHOP*</b>	FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48788		APPLE SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
51348		BONE IN PORK LOIN CHOP	No	No	C	C	N	C	N	Yes	C	N	N
		<b>PORK CHOP*</b>	<b>No</b>	<b>No</b>	<b>C</b>	<b>C</b>	<b>N</b>	<b>C</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>N</b>

42876	<b>SMOTHERED CHICKEN</b>	BACK BACON	No	No	N	N	N	N	N	Yes	N	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50456		BBQ SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
50974		GARLIC SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		<b>SMOTHERED CHICKEN</b>	<b>No</b>	<b>No</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>C</b>	<b>C</b>

48260	<b>LAMB SHANK</b>	BROCCOLI FLORETS	Yes	Yes	N	N	N	N	N	N	N	N	N
48520		CARROT WEDGES	Yes	Yes	N	N	N	N	N	N	N	N	N
51089		LAMB SHANKS IN MINT SAUCE	No	No	Yes	N	N	N	N	Yes	Yes	N	N
51094		MASHED POTATO	Yes	No	C	N	N	Yes	N	N	N	N	N
		<b>LAMB SHANK</b>	<b>No</b>	<b>No</b>	<b>Yes</b>	<b>N</b>	<b>N</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>N</b>

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
43908	<b>SAUS N MASH YORKI</b>	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
50694		ROAST GRAVY	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
51006		PREMIUM PORK SAUSAGE	No	No	Yes	N	N	N	N	Yes	N	N	N
51094		MASHED POTATO	Yes	No	C	N	N	Yes	N	N	N	N	N
51185		GIANT YORKSHIRE PUDDINGS	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
		<b>SAUS N MASH YORKI</b>	<b>No</b>	<b>No</b>	<b>Yes</b>	<b>C</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>C</b>	<b>C</b>
42876	<b>LIVER N ONIONS YORKI</b>	BACK BACON	No	No	N	N	N	N	N	Yes	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
49103		LAMBS LIVER & ONIONS	No	No	Yes	N	N	Yes	N	Yes	Yes	N	N
51094		MASHED POTATO	Yes	No	C	N	N	Yes	N	N	N	N	N
51185		GIANT YORKSHIRE PUDDINGS	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
		<b>LIVER N ONIONS YORKI</b>	<b>No</b>	<b>No</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>N</b>
28082	<b>CHICK TIKKA MASALA</b>	POPPADUMS PLAIN S/WOOD	Yes	Yes	N	N	N	N	N	N	N	N	N
45037		NAAN PLAIN	Yes	No	Yes	N	N	Yes	N	N	N	N	N
46247		MANGO CHUTNEY - GREEN LABEL	Yes	Yes	N	N	N	N	N	N	C	C	C
46346		CHICKEN TIKKA MASALA	No	No	N	N	N	Yes	N	N	N	N	N
46548		DELICATELY FLAV BASMATI RICE	Yes	Yes	N	N	N	N	N	N	N	N	N
		<b>CHICK TIKKA MASALA</b>	<b>No</b>	<b>No</b>	<b>Yes</b>	<b>N</b>	<b>N</b>	<b>Yes</b>	<b>N</b>	<b>N</b>	<b>C</b>	<b>C</b>	<b>C</b>
28082	<b>VEG GOAN CURRY</b>	POPPADUMS PLAIN S/WOOD	Yes	Yes	N	N	N	N	N	N	N	N	N
45037		NAAN PLAIN	Yes	No	Yes	N	N	Yes	N	N	N	N	N
46247		MANGO CHUTNEY - GREEN LABEL	Yes	Yes	N	N	N	N	N	N	C	C	C
46548		DELICATELY FLAV BASMATI RICE	Yes	Yes	N	N	N	N	N	N	N	N	N
50593		VEGETABLE GOAN CURRY	Yes	No	N	Yes	N	Yes	N	N	Yes	N	N
		<b>VEG GOAN CURRY</b>	<b>Yes</b>	<b>No</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>N</b>	<b>N</b>	<b>Yes</b>	<b>C</b>	<b>C</b>

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
44267	<b>CHILLI</b>	TORTILLA CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
46548		DELICATELY FLAV BASMATI RICE	Yes	Yes	N	N	N	N	N	N	N	N	N
50950		BEEF CHILLI	No	No	N	N	N	N	N	Yes	C	N	C
51047		REDUCED FAT SOUR CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
		<b>CHILLI</b>	No	No	N	N	N	Yes	N	Yes	C	N	C
44267	<b>VEG CHILLI</b>	TORTILLA CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
46548		DELICATELY FLAV BASMATI RICE	Yes	Yes	N	N	N	N	N	N	N	N	N
48532		QUORN CHILLI	Yes	No	Yes	Yes	Yes	Yes	N	C	Yes	N	N
51047		REDUCED FAT SOUR CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
		<b>VEG CHILLI</b>	Yes	No	Yes	Yes	Yes	Yes	N	C	Yes	N	N
42876	<b>CHICKEN N BACON SALAD</b>	BACK BACON	No	No	N	N	N	N	N	Yes	N	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
44975		RED PEPPERS!	Yes	Yes	N	N	N	N	N	N	C	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
		<b>CHICKEN N BACON SALAD</b>	No	No	C	C	C	C	N	Yes	Yes	C	C

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
48584	<b>BEEF LASAGNE</b>	FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50974		GARLIC SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
51085		BEEF LASAGNE	No	No	Yes	N	Yes	Yes	N	N	Yes	N	C
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		<b>BEEF LASAGNE</b>	<b>No</b>	<b>No</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>C</b>

48584	<b>MED VEG LASAGNE</b>	FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50974		GARLIC SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50977		ROASTED VEGETABLE LASAGNE	Yes	No	Yes	Yes	Yes	Yes	N	N	Yes	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		<b>MED VEG LASAGNE</b>	<b>Yes</b>	<b>No</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>N</b>

47182	<b>RED PEPPER PASTA</b>	UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
50974		GARLIC SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
51341		RED PEPPER SPIRAL PASTA	Yes	No	Yes	N	N	Yes	N	N	N	N	N
		<b>RED PEPPER PASTA</b>	<b>Yes</b>	<b>No</b>	<b>Yes</b>	<b>N</b>	<b>N</b>	<b>Yes</b>	<b>N</b>	<b>N</b>	<b>N</b>	<b>N</b>	<b>N</b>

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
43908	RED PEPPER PASTA CHK	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
50974		GARLIC SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
51341		RED PEPPER SPIRAL PASTA	Yes	No	Yes	N	N	Yes	N	N	N	N	N
		RED PEPPER PASTA CHK	No	No	Yes	C	C	Yes	N	C	C	C	C
48584	CHS N ONION QUICHE*	FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
51344		CHEESE, SPRING ONION & TOMATO QUICH	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
		CHS N ONION QUICHE*	Yes	No	Yes	N	Yes	Yes	N	Yes	Yes	N	N

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**Grills**

48664	<b>BURGER PLAIN</b>	CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50507		FLOURED BAP	Yes	Yes	Yes	Yes	N	N	N	N	C	N	N
50840		BEEF BURGER	No	No	Yes	N	N	N	N	N	N	N	N
50975		BATTERED ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		<b>BURGER PLAIN</b>	<b>No</b>	<b>No</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>N</b>

42876	<b>BURGER CHS BACON</b>	BACK BACON	No	No	N	N	N	N	N	Yes	N	N	N
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50507		FLOURED BAP	Yes	Yes	Yes	Yes	N	N	N	N	C	N	N
50840		BEEF BURGER	No	No	Yes	N	N	N	N	N	N	N	N
50975		BATTERED ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		<b>BURGER CHS BACON</b>	<b>No</b>	<b>No</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>N</b>

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
43908	<b>CHICKEN BURGER</b>	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50507		FLOURED BAP	Yes	Yes	Yes	Yes	N	N	N	N	C	N	N
50975		BATTERED ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		<b>CHICKEN BURGER</b>	<b>No</b>	<b>No</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>C</b>	<b>C</b>

42876	<b>CHICK BURGER CHS BAC</b>	BACK BACON	No	No	N	N	N	N	N	Yes	N	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50507		FLOURED BAP	Yes	Yes	Yes	Yes	N	N	N	N	C	N	N
50975		BATTERED ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		<b>CHICK BURGER CHS BAC</b>	<b>No</b>	<b>No</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>C</b>	<b>C</b>

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31881	<b>MIXED GRILL</b>	EGGS MEDIUM	Yes	No	N	N	Yes	N	N	N	N	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48916		MUSHROOM CUP	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50902		RUMP STEAK 4OZ	No	No	N	N	N	N	N	N	N	N	N
50941		GAMMON STEAK 7OZ	No	No	N	N	N	N	N	Yes	N	N	N
51006		PREMIUM PORK SAUSAGE	No	No	Yes	N	N	N	N	Yes	N	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		<b>MIXED GRILL</b>	<b>No</b>	<b>No</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>C</b>	<b>N</b>	<b>N</b>

43908	<b>BBQ RIBS</b>	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50456		BBQ SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
51150		SMOKY MAPLE RIB RACKS	No	No	N	N	N	N	N	Yes	N	N	N
		<b>BBQ RIBS</b>	<b>No</b>	<b>No</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>N</b>

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
43908	<b>10OZ RUMP STEAK</b>	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48916		MUSHROOM CUP	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50975		BATTERED ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
51250		RUMP STEAK 10OZ	No	No	N	N	N	N	N	N	N	N	N
		<b>10OZ RUMP STEAK</b>	<b>No</b>	<b>No</b>	<b>Yes</b>	<b>N</b>	<b>N</b>	<b>Yes</b>	<b>N</b>	<b>N</b>	<b>C</b>	<b>N</b>	<b>N</b>
50948	<b>PEPPERCORN SAUCE SIDE</b>	<b>PEPPERCORN SAUCE</b>	<b>No</b>	<b>No</b>	<b>Yes</b>	<b>C</b>	<b>C</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>N</b>
31881	<b>GAMMON STEAK</b>	EGGS MEDIUM	Yes	No	N	N	Yes	N	N	N	N	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48916		MUSHROOM CUP	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50941		GAMMON STEAK 7OZ	No	No	N	N	N	N	N	Yes	N	N	N
51019		PINEAPPLE IN JUICE	Yes	Yes	N	N	N	N	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		<b>GAMMON STEAK</b>	<b>No</b>	<b>No</b>	<b>N</b>	<b>N</b>	<b>Yes</b>	<b>N</b>	<b>N</b>	<b>Yes</b>	<b>C</b>	<b>N</b>	<b>N</b>

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
43908	<b>SURF TURF N CHICKEN</b>	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
46461		LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50902		RUMP STEAK 4OZ	No	No	N	N	N	N	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
51347		BREADED BUTTERFLY KING PRAWNS	No	No	Yes	Yes	N	N	Yes	N	N	N	N
		<b>SURF TURF N CHICKEN</b>	<b>No</b>	<b>No</b>	<b>Yes</b>	<b>Yes</b>	<b>C</b>	<b>C</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>	<b>C</b>	<b>C</b>

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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**Fish**

43526	<b>FISH N CHIPS</b>	PEAS MUSHY	Yes	Yes	N	N	N	N	N	Yes	N	N	N
43825		FISH BATTER - MCDUGALLS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
46461		LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50708		PLAIN FLOUR 8X1.5KG	DATA UNAVAILABLE										
50938		TARTARE SAUCE	Yes	No	N	N	Yes	N	N	Yes	Yes	C	C
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48699		PANGA	No	No	N	N	N	N	Yes	N	N	N	N
		<b>FISH N CHIPS</b>	DATA UNAVAILABLE										

15509	<b>SALMON N PRWN FISHCAKES</b>	NEW POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
46461		LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50938		TARTARE SAUCE	Yes	No	N	N	Yes	N	N	Yes	Yes	C	C
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
T3137		SALMON N PRAWN FISHCAKE S11	DATA UNAVAILABLE										
		<b>SALMON N PRWN FISHCAKES</b>	DATA UNAVAILABLE										

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43526	SCAMPI N PEAS	PEAS MUSHY	Yes	Yes	N	N	N	N	N	Yes	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
46461		LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50938		TARTARE SAUCE	Yes	No	N	N	Yes	N	N	Yes	Yes	C	C
50976		BREADED REFORMED SCAMPI	No	No	Yes	N	N	C	Yes	N	C	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		SCAMPI N PEAS	No	No	Yes	N	Yes	C	Yes	Yes	Yes	C	C

43526	CHIP SHOP PLATTER	PEAS MUSHY	Yes	Yes	N	N	N	N	N	Yes	N	N	N
43825		FISH BATTER - MCDUGALLS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
46461		LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
47711		PREMIUM SAUSAGE 175X56G	No	No	Yes	N	N	N	N	Yes	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50389		MINCED BEEF & ONION MINI PIE	No	No	Yes	C	C	C	N	N	C	N	N
50708		PLAIN FLOUR 8X1.5KG	DATA UNAVAILABLE										
50938		TARTARE SAUCE	Yes	No	N	N	Yes	N	N	Yes	Yes	C	C
50976		BREADED REFORMED SCAMPI	No	No	Yes	N	N	C	Yes	N	C	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48699		PANGA	No	No	N	N	N	N	Yes	N	N	N	N
		CHIP SHOP PLATTER	DATA UNAVAILABLE										

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
<b>Sides</b>													
50974	<b>GARLIC BREAD SIDE</b>	GARLIC SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
47182	<b>GARLIC BREAD CHEES SIDE</b>	UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
50974		GARLIC SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
		<b>GARLIC BREAD CHEES SIDE</b>	Yes	No	Yes	N	N	Yes	N	N	N	N	N
48916	<b>MUSHROOMS SIDE</b>	MUSHROOM CUP	Yes	Yes	N	N	N	N	N	N	C	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
		<b>MUSHROOMS SIDE</b>	Yes	No	N	N	N	Yes	N	N	C	N	N
48664	<b>CHIPS 12OZ SIDE</b>	CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		<b>CHIPS 12OZ SIDE</b>	Yes	Yes	N	N	N	N	N	N	N	N	N
48664	<b>ONION RINGS SIDE</b>	CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50975		BATTERED ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
		<b>ONION RINGS SIDE</b>	Yes	No	Yes	N	N	Yes	N	N	N	N	N
48413	<b>EXTRA FEAST SIDE</b>	GARLIC & HERB BREADED MUSHROOMS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50974		GARLIC SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50975		BATTERED ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
		<b>EXTRA FEAST SIDE</b>	Yes	No	Yes	N	N	Yes	N	N	N	N	N
15549	<b>CONDIMENTS SUB</b>	VINEGAR MALT	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50887		WHOLE BLACK PEPPER	Yes	Yes	N	N	N	N	N	N	N	N	N
45889		ENGLISH MUSTARD	Yes	No	Yes	C	C	C	N	C	Yes	N	N
48046		TABLE SALT	Yes	Yes	N	N	N	N	N	N	N	N	N
48060		HP BROWN SAUCE	Yes	Yes	Yes	N	N	N	N	N	N	N	N
48873		FRENCH MUSTARD	Yes	Yes	Yes	N	N	N	N	Yes	Yes	N	N
50360		TOMATO KETCHUP	Yes	Yes	N	N	N	N	N	N	Yes	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N

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**Desserts**

46567	<b>2 SCOOP ICE CREAM</b>	CHOC FLAVOUR FUDGE SAUCE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
26109		STRAWB SAUCE	No	No	N	N	N	N	N	Yes	N	N	N
48190		TOFFEE FUDGE DESSERT SAUCE	Yes	No	N	Yes	N	Yes	N	Yes	N	N	N
51030		VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	Yes	N	N	N
		<b>2 SCOOP ICE CREAM</b>	No	No	N	Yes	N	Yes	N	Yes	N	N	N

51030	<b>CHOC FUDGE CAKE</b>	VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	Yes	N	N	N
51245		SINGLE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
51342		CHOCOLATE FUDGE CAKE	Yes	No	Yes	Yes	Yes	Yes	N	N	N	C	C
		<b>CHOC FUDGE CAKE</b>	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C	C

26109	<b>STRAWBERRY SUNDAE</b>	STRAWB SAUCE	No	No	N	N	N	N	N	Yes	N	N	N
42756		POMPADOUR FAN WAFERS	Yes	No	Yes	Yes	N	Yes	N	N	N	N	N
47693		STRAWBERRIES	Yes	Yes	N	N	N	N	N	N	C	N	N
51029		STRAWBERRY ICE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
51030		VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	Yes	N	N	N
51074		AEROSOL CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
		<b>STRAWBERRY SUNDAE</b>	No	No	Yes	Yes	N	Yes	N	Yes	C	N	N

51366	<b>CHEESECAKE</b>	VANILLA CHEESECAKE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C	C
51336		BLACKCURRANT COMPOTE	Yes	No	C	C	C	C	N	C	C	N	N
		<b>CHEESECAKE</b>	Yes	No	Yes	Yes	Yes	Yes	N	Yes	C	C	C

44336	<b>BANOFFEE WAFFLE</b>	BANANA	Yes	Yes	N	N	N	N	N	N	C	N	N
48190		TOFFEE FUDGE DESSERT SAUCE	Yes	No	N	Yes	N	Yes	N	Yes	N	N	N
50980		WAFFLES	Yes	No	Yes	Yes	Yes	N	N	Yes	N	N	N
51030		VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	Yes	N	N	N
		<b>BANOFFEE WAFFLE</b>	Yes	No	Yes	Yes	Yes	Yes	N	Yes	C	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
51164	<b>CARAMEL APPLE BETTY</b>	CARAMEL APPLE CRUMBLE PIE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C	C
51030		VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	Yes	N	N	N
51090		BIRDS CUSTARD READY TO SERVE	Yes	No	N	N	N	Yes	N	N	N	N	N
51245		SINGLE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
		<b>CARAMEL APPLE BETTY</b>	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C	C
51090	<b>RHUBARB CRUMBLE</b>	BIRDS CUSTARD READY TO SERVE	Yes	No	N	N	N	Yes	N	N	N	N	N
51304		RHUBARB CRUMBLE	Yes	Yes	Yes	N	N	N	N	N	N	N	N
		<b>RHUBARB CRUMBLE</b>	Yes	No	Yes	N	N	Yes	N	N	N	N	N
38344	<b>CHOCOLATE INDULGENCE</b>	CHOCOLATE FLAKES	Yes	No	N	Yes	N	Yes	N	N	N	N	C
46567		CHOC FLAVOUR FUDGE SAUCE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
50414		CHOCOLATE SUNDAE SPRINKLE	Yes	No	Yes	Yes	C	Yes	N	Yes	C	C	C
51028		CHOCOLATE ICE CREAM	Yes	No	N	Yes	N	Yes	N	Yes	N	N	N
51030		VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	Yes	N	N	N
51074		AEROSOL CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
51124		CHOCOLATE BROWNIE	Yes	No	Yes	N	Yes	Yes	N	Yes	N	C	C
60233		MARSHMALLOWS	No	No	Yes	N	N	N	N	N	N	N	N
		<b>CHOCOLATE INDULGENCE</b>	No	No	Yes	Yes	Yes	Yes	N	Yes	C	C	C
46567	<b>PROFITEROLES</b>	CHOC FLAVOUR FUDGE SAUCE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
51005		PROFITEROLES	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
51245		SINGLE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
		<b>PROFITEROLES</b>	Yes	No	Yes	N	Yes	Yes	N	Yes	N	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
51030	<b>STICKY TOFFEE PUDDING</b>	VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	Yes	N	N	N
51090		BIRDS CUSTARD READY TO SERVE	Yes	No	N	N	N	Yes	N	N	N	N	N
51245		SINGLE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
51303		STICKY TOFFEE PUDDING	Yes	No	Yes	N	Yes	Yes	N	Yes	N	N	N
		<b>STICKY TOFFEE PUDDING</b>	Yes	No	Yes	N	Yes	Yes	N	Yes	N	N	N

38344	<b>ULT SHARNG SUNDAE</b>	CHOCOLATE FLAKES	Yes	No	N	Yes	N	Yes	N	N	N	N	C
46567		CHOC FLAVOUR FUDGE SAUCE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
50414		CHOCOLATE SUNDAE SPRINKLE	Yes	No	Yes	Yes	C	Yes	N	Yes	C	C	C
51005		PROFITEROLES	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
51028		CHOCOLATE ICE CREAM	Yes	No	N	Yes	N	Yes	N	Yes	N	N	N
51030		VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	Yes	N	N	N
51074		AEROSOL CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
51342		CHOCOLATE FUDGE CAKE	Yes	No	Yes	Yes	Yes	Yes	N	N	N	C	C
		<b>ULT SHARNG SUNDAE</b>	Yes	No	Yes	Yes	Yes	Yes	N	Yes	C	C	C

## 2 Desserts for £2

51302	<b>BLACKFOREST GATEAUX</b>	BLACK FOREST GATEAU	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C	C
		<b>BLACKFOREST GATEAUX</b>	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C	C

51090	<b>APPLE PIE &amp; CUST</b>	BIRDS CUSTARD READY TO SERVE	Yes	No	N	N	N	Yes	N	N	N	N	N
51468		APPLE PIE	Yes	No	Yes	N	Yes	C	N	Yes	N	C	C
		<b>APPLE PIE &amp; CUST</b>	Yes	No	Yes	N	Yes	Yes	N	Yes	N	C	C

48983	<b>BAKEWELL TART</b>	BAKEWELL TART	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C	Yes
		<b>BAKEWELL TART</b>	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C	Yes

## Key & interpreting the data

Allergy data detailed in the table has been derived from specifications obtained from the suppliers of the products.

Allergy data for condiments (pepper, salt, etc.) which you may add to your food, are listed at the bottom of the table (i.e. not with

**NB** the staff need to be informed of your allergy every time you dine with us even if you have eaten the dish before so that every precaution can be taken in our kitchen to prevent cross contamination.

'N' means that the allergen is not part of the product as it is delivered by the supplier .

'Yes' in a column entitled 'allergen(s) (e.g. gluten) present' indicates that the product contains that allergen & is, therefore, not suitable for you if you suffer from this allergy.

'C' means that this allergen is present in the manufacturing site/factory/supply chain & our suppliers believe there is a significant risk that this allergen could cross-contaminate the food.

The 'Yes'/'No' in the column entitled 'suitable for vegans'/'suitable for vegetarians' details information supplied by the product manufacturer. Our kitchens have limited space and as such we cannot always preserve the vegetarian status of a meal. For example we only have one fryer for breaded products and so breaded vegetable products cannot be considered vegetarian.

'Data unavailable' is where ingredient detail for the item/dish is currently unavailable from the supplier & will be added onto the table upon obtaining it. Or because it is bought at local level in-house.

Gluten is a protein component of wheat, rye, barley & oats. If you are intolerant to gluten then please consult the 'gluten present'

Additives are artificial antioxidants, colours, flavourings, preservatives, sweeteners, flavour-enhancers & sulphites.

The Treenut column indicates the presence of the following; almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their respective derivatives.

**NB:** We have taken all reasonable steps to ensure that this table is accurate. However, we cannot guarantee that the product is '100% free from' that component because of the risk of unexpected cross-contamination. Your statutory rights are not affected.

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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### Sandwiches & Baguettes

46461	<b>PRAWN SW BAG</b>	LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
47177		LARDERFRESH SUNFLOWER SPREAD 1	Yes	No	N	N	N	C	N	Yes	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
51367		WHITE SANDWICH	Yes	Yes	Yes	N	N	N	N	N	N	N	N
51368		MALTED SANDWICH BREAD	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50987		PRAWN COCKTAIL DRESSING	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51346		COLD WATER PRAWNS IQF250/350 4X2.	Data Unavailable										
51246		WHITE DEMI BAGUETTE	Yes	Yes	Yes	N	N	N	N	N	C	C	C
		<b>PRAWN SW BAG</b>	Data Unavailable										

47177	<b>HAM SW BAG</b>	LARDERFRESH SUNFLOWER SPREAD 1	Yes	No	N	N	N	C	N	Yes	N	N	N
47808		WILTSHIRE HAM	No	No	N	N	N	N	N	Yes	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
51367		WHITE SANDWICH	Yes	Yes	Yes	N	N	N	N	N	N	N	N
51368		MALTED SANDWICH BREAD	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
51246		WHITE DEMI BAGUETTE	Yes	Yes	Yes	N	N	N	N	N	C	C	C
		<b>HAM SW BAG</b>	No	No	Yes	N	N	C	N	Yes	Yes	C	C

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
47182	<b>CHEESE N TOM SW BAG</b>	UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
47177		LARDERFRESH SUNFLOWER SPREAD 1	Yes	No	N	N	N	C	N	Yes	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
51367		WHITE SANDWICH	Yes	Yes	Yes	N	N	N	N	N	N	N	N
51368		MALTED SANDWICH BREAD	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
51246		WHITE DEMI BAGUETTE	Yes	Yes	Yes	N	N	N	N	N	C	C	C
		<b>CHEESE N TOM SW BAG</b>	Yes	No	Yes	N	N	Yes	N	Yes	Yes	C	C

47182	<b>CHEESE N HAM SW BAG</b>	UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
47177		LARDERFRESH SUNFLOWER SPREAD 1	Yes	No	N	N	N	C	N	Yes	N	N	N
47808		WILTSHIRE HAM	No	No	N	N	N	N	N	Yes	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
51367		WHITE SANDWICH	Yes	Yes	Yes	N	N	N	N	N	N	N	N
51368		MALTED SANDWICH BREAD	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
51246		WHITE DEMI BAGUETTE	Yes	Yes	Yes	N	N	N	N	N	C	C	C
		<b>CHEESE N HAM SW BAG</b>	No	No	Yes	N	N	Yes	N	Yes	Yes	C	C

48664	<b>CHIPS 8OZ SUB</b>	CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		<b>CHIPS 8OZ SUB</b>	Yes	Yes	N	N	N	N	N	N	N	N	N

48867	<b>COLESLAW GARNISH SUB</b>	COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
		<b>COLESLAW GARNISH SUB</b>	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N

50952	<b>SOUP SIDE</b>	CREAMY SPRING VEGETABLE SOUP	Yes	No	N	N	N	Yes	N	Yes	Yes	C	C
51365		DICED TOMATO & BASIL SOUP	Yes	No	N	N	N	Yes	N	Yes	Yes	C	C
51365		WHITE ONION & APPLE SOUP	Yes	No	N	N	N	Yes	N	Yes	C	C	C
51365		SPINACH & WATERCRESS SOUP	Yes	No	Yes	N	N	Yes	N	Yes	Yes	C	C

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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**Hot Filled Sandwiches & Baguettes**

42876	<b>CHICKEN CLUB SW</b>	BACK BACON	No	No	N	N	N	N	N	Yes	N	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
47177		LARDERFRESH SUNFLOWER SPREAD 1	Yes	No	N	N	N	C	N	Yes	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
51367		WHITE SANDWICH	Yes	Yes	Yes	N	N	N	N	N	N	N	N
51368		MALTED SANDWICH BREAD	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		<b>CHICKEN CLUB SW</b>	<b>No</b>	<b>No</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>	<b>C</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>C</b>	<b>C</b>

43908	<b>BBQ CHICK BAG</b>	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
47177		LARDERFRESH SUNFLOWER SPREAD 1	Yes	No	N	N	N	C	N	Yes	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
50456		BBQ SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
51246		WHITE DEMI BAGUETTE	Yes	Yes	Yes	N	N	N	N	N	C	C	C
		<b>BBQ CHICK BAG</b>	<b>No</b>	<b>No</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>C</b>	<b>C</b>

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
43908	<b>STEAK BAG ONION</b>	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
47177		LARDERFRESH SUNFLOWER SPREAD 1	Yes	No	N	N	N	C	N	Yes	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50891		BLACKENED TOPSIDE	No	No	N	N	N	N	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
51246		WHITE DEMI BAGUETTE	Yes	Yes	Yes	N	N	N	N	N	C	C	C
		<b>STEAK BAG ONION</b>	<b>No</b>	<b>No</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>C</b>	<b>C</b>

47177	<b>SAUSAGE ONION BAG</b>	LARDERFRESH SUNFLOWER SPREAD 1	Yes	No	N	N	N	C	N	Yes	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51006		PREMIUM PORK SAUSAGE	No	No	Yes	N	N	N	N	Yes	N	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
51246		WHITE DEMI BAGUETTE	Yes	Yes	Yes	N	N	N	N	N	C	C	C
		<b>SAUSAGE ONION BAG</b>	<b>No</b>	<b>No</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>C</b>	<b>C</b>

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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**Jacket Potatoes**

46461	JKT PRAWN	LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
50987		PRAWN COCKTAIL DRESSING	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
51285		JACKET POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
51346		COLD WATER PRAWNS IQF250/350 4X2.	Data Unavailable										
		JKT PRAWN	Data Unavailable										

42876	JKT CHEESE N BACON	BACK BACON	No	No	N	N	N	N	N	Yes	N	N	N
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
51285		JACKET POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
		JKT CHEESE N BACON	No	No	N	Yes	Yes	Yes	N	Yes	Yes	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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28823	<b>JKT CHS N BEANS</b>	BAKED BEANS	Yes	Yes	N	N	N	N	N	N	N	N	N
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
51285		JACKET POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
		<b>JKT CHS N BEANS</b>	<b>Yes</b>	<b>No</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>N</b>

47182	<b>JKT CHEESE</b>	UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
51285		JACKET POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
		<b>JKT CHEESE</b>	<b>Yes</b>	<b>No</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>N</b>

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
28823	<b>JKT BEANS</b>	BAKED BEANS	Yes	Yes	N	N	N	N	N	N	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
51285		JACKET POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
		<b>JKT BEANS</b>	<b>Yes</b>	<b>No</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>N</b>

48584	<b>JKT CHILLI</b>	FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50950		BEEF CHILLI	No	No	N	N	N	N	N	Yes	C	N	C
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
51285		JACKET POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
		<b>JKT CHILLI</b>	<b>No</b>	<b>No</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>C</b>

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
48532	<b>JKT VEG CHILLI</b>	QUORN CHILLI	Yes	No	Yes	Yes	Yes	Yes	N	C	Yes	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
51285		JACKET POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
		<b>JKT VEG CHILLI</b>	<b>Yes</b>	<b>No</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>N</b>

15549	<b>CONDIMENTS SUB</b>	VINEGAR MALT	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50887		WHOLE BLACK PEPPER	Yes	Yes	N	N	N	N	N	N	N	N	N
45889		ENGLISH MUSTARD	Yes	No	Yes	C	C	C	N	C	Yes	N	N
48046		TABLE SALT	Yes	Yes	N	N	N	N	N	N	N	N	N
48060		HP BROWN SAUCE	Yes	Yes	Yes	N	N	N	N	N	N	N	N
48873		FRENCH MUSTARD	Yes	Yes	Yes	N	N	N	N	Yes	Yes	N	N
50360		TOMATO KETCHUP	Yes	Yes	N	N	N	N	N	N	Yes	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N

### **Key & interpreting the data**

**Allergy data detailed in the table has been derived from specifications obtained from the suppliers of the products.**

**Allergy data for condiments (pepper, salt, etc.) which you may add to your food, are listed at the bottom of the table (i.e. not with the**

**NB the staff need to be informed of your allergy every time you dine with us even if you have eaten the dish before so that every precaution can be taken in our kitchen to prevent cross contamination.**

**'N' means that the allergen is not part of the product as it is delivered by the supplier .**

**'Yes' in a column entitled 'allergen(s) (e.g. gluten) present' indicates that the product contains that allergen & is, therefore, not suitable for you if you suffer from this allergy.**

**'C' means that this allergen is present in the manufacturing site/factory/supply chain & our suppliers believe there is a significant risk that this allergen could cross-contaminate the food.**

**The 'Yes'/'No' in the column entitled 'suitable for vegans'/'suitable for vegetarians' details information supplied by the product manufacturer. Our kitchens have limited space and as such we cannot always preserve the vegetarian status of a meal. For example we only have one fryer for breaded products and so breaded vegetable products cannot be considered vegetarian.**

**'Data unavailable' is where ingredient detail for the item/dish is currently unavailable from the supplier & will be added onto the table upon obtaining it. Or because it is bought at local level in-house.**

**Gluten is a protein component of wheat, rye, barley & oats. If you are intolerant to gluten then please consult the 'gluten present'**

**Additives are artificial antioxidants, colours, flavourings, preservatives, sweeteners, flavour-enhancers & sulphites.**

**The Treenut column indicates the presence of the following; almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their respective derivatives.**

**NB: We have taken all reasonable steps to ensure that this table is accurate. However, we cannot guarantee that the product is '100% free from' that component because of the risk of unexpected cross-contamination. Your statutory rights are not affected.**

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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### Starters

50974	GARLIC BREAD	GARLIC SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
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### Mains

28823	CHARGRILLED BURGER	BAKED BEANS	Yes	Yes	N	N	N	N	N	N	N	N	N
38225		SWEETCORN COBS MINI	Yes	Yes	N	N	N	N	N	N	N	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50507		FLOURED BAP	Yes	Yes	Yes	Yes	N	N	N	N	C	N	N
50838		BEEF BURGER	No	No	Yes	N	N	N	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		CHARGRILLED BURGER	No	No	Yes	Yes	N	N	N	N	C	N	N

28823	CHEESE BURGER	BAKED BEANS	Yes	Yes	N	N	N	N	N	N	N	N	N
38225		SWEETCORN COBS MINI	Yes	Yes	N	N	N	N	N	N	N	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50507		FLOURED BAP	Yes	Yes	Yes	Yes	N	N	N	N	C	N	N
50838		BEEF BURGER	No	No	Yes	N	N	N	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		CHEESE BURGER	No	No	Yes	Yes	N	Yes	N	N	C	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
28823	<b>SAUS N MASH</b>	BAKED BEANS	Yes	Yes	N	N	N	N	N	N	N	N	N
38225		SWEETCORN COBS MINI	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
50694		ROAST GRAVY	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
51014		MINI PORK SAUSAGE	No	No	Yes	N	N	N	N	N	N	N	N
51094		MASHED POTATO	Yes	No	C	N	N	Yes	N	N	N	N	N
51148		INDIVIDUAL YORKSHIRE PUDDINGS	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
		<b>SAUS N MASH</b>	<b>No</b>	<b>No</b>	<b>Yes</b>	<b>C</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>C</b>	<b>C</b>

28823	<b>CHICKEN NUGGETS</b>	BAKED BEANS	Yes	Yes	N	N	N	N	N	N	N	N	N
38225		SWEETCORN COBS MINI	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50091		BATTERED CHICKEN BITES	No	No	Yes	N	N	Yes	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		<b>CHICKEN NUGGETS</b>	<b>No</b>	<b>No</b>	<b>Yes</b>	<b>N</b>	<b>N</b>	<b>Yes</b>	<b>N</b>	<b>N</b>	<b>N</b>	<b>N</b>	<b>N</b>

28823	<b>FISH N CHIPS</b>	BAKED BEANS	Yes	Yes	N	N	N	N	N	N	N	N	N
38225		SWEETCORN COBS MINI	Yes	Yes	N	N	N	N	N	N	N	N	N
43825		FISH BATTER - MCDUGALLS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50708		PLAIN FLOUR 8X1.5KG	Data Unavailable										
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48699		PANGA	No	No	N	N	N	N	Yes	N	N	N	N
		<b>FISH N CHIPS</b>	<b>Data Unavailable</b>										

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
46693	<b>PENNE PASTA</b>	KIDS PENNE PASTA 24X200G	Yes	Yes	Yes	N	N	N	N	N	C	N	C
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
50974		GARLIC SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
		<b>PENNE PASTA</b>	Yes	No	Yes	N	N	Yes	N	N	C	N	C

43908	<b>CHICKEN DINNER</b>	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
50368		CHEFS CLASSIC ROAST POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
50694		ROAST GRAVY	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
51094		MASHED POTATO	Yes	No	C	N	N	Yes	N	N	N	N	N
51148		INDIVIDUAL YORKSHIRE PUDDINGS	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
		<b>CHICKEN DINNER</b>	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C

45674	<b>BEEF N ONION PIE</b>	A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
50389		MINCED BEEF & ONION MINI PIE	No	No	Yes	C	C	C	N	N	C	N	N
50694		ROAST GRAVY	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
51094		MASHED POTATO	Yes	No	C	N	N	Yes	N	N	N	N	N
		<b>BEEF N ONION PIE</b>	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C

47182	<b>PIZZA</b>	UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
49118		PIZZA SLIPPER	Yes	Yes	Yes	N	N	N	N	N	N	N	N
		<b>PIZZA</b>	Yes	No	Yes	N	N	Yes	N	N	N	N	N

47808	<b>PIZZA TOP HAM SUB</b>	WILTSHIRE HAM	No	No	N	N	N	N	N	Yes	N	N	N
51019	<b>PIZZA TOP PINEAPP SUB</b>	PINEAPPLE IN JUICE	Yes	Yes	N	N	N	N	N	N	N	N	N
42876	<b>PIZZA TOP BACON SUB</b>	BACK BACON	No	No	N	N	N	N	N	Yes	N	N	N
48916	<b>PIZZA TOP MUSHRM SUB</b>	MUSHROOM CUP	Yes	Yes	N	N	N	N	N	N	C	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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47182	<b>SPAGHETTI BOL</b>	UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48720		KIDS SPAG BOL REDUCED	No	No	Yes	N	N	N	N	N	Yes	N	C
50974		GARLIC SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
		<b>SPAGHETTI BOL</b>	No	No	Yes	N	N	Yes	N	N	Yes	N	C

45674	<b>ROAST PORK</b>	A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
50367		PORK LOIN ROAST	No	No	N	N	N	N	N	Yes	N	N	N
50368		CHEFS CLASSIC ROAST POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
50694		ROAST GRAVY	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
51094		MASHED POTATO	Yes	No	C	N	N	Yes	N	N	N	N	N
51148		INDIVIDUAL YORKSHIRE PUDDINGS	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
		<b>ROAST PORK</b>	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C

45674	<b>ROAST BEEF</b>	A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
50890		TOPSIDE ROASTING JOINT	No	No	N	N	N	N	N	N	N	N	N
50368		CHEFS CLASSIC ROAST POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
50694		ROAST GRAVY	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
51094		MASHED POTATO	Yes	No	C	N	N	Yes	N	N	N	N	N
51148		INDIVIDUAL YORKSHIRE PUDDINGS	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
		<b>ROAST BEEF</b>	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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45674	<b>ROAST TURKEY</b>	A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
50368		CHEFS CLASSIC ROAST POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
50546		BUTTERFLIED ROAST TURKEY	No	No	C	N	N	N	N	N	N	N	N
50694		ROAST GRAVY	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
51094		MASHED POTATO	Yes	No	C	N	N	Yes	N	N	N	N	N
51148		INDIVIDUAL YORKSHIRE PUDDINGS	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
		<b>ROAST TURKEY</b>	<b>No</b>	<b>No</b>	<b>Yes</b>	<b>C</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>Yes</b>	<b>C</b>	<b>C</b>

15549	<b>CONDIMENTS SUB</b>	VINEGAR MALT	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50887		WHOLE BLACK PEPPER	Yes	Yes	N	N	N	N	N	N	N	N	N
45889		ENGLISH MUSTARD	Yes	No	Yes	C	C	C	N	C	Yes	N	N
48046		TABLE SALT	Yes	Yes	N	N	N	N	N	N	N	N	N
48060		HP BROWN SAUCE	Yes	Yes	Yes	N	N	N	N	N	N	N	N
48873		FRENCH MUSTARD	Yes	Yes	Yes	N	N	N	N	Yes	Yes	N	N
50360		TOMATO KETCHUP	Yes	Yes	N	N	N	N	N	N	Yes	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
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**Desserts**

46567	<b>CHOC INDULGE</b>	CHOC FLAVOUR FUDGE SAUCE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
50414		CHOCOLATE SUNDAE SPRINKLE	Yes	No	Yes	Yes	C	Yes	N	Yes	C	C	C
51028		CHOCOLATE ICE CREAM	Yes	No	N	Yes	N	Yes	N	Yes	N	N	N
51074		AEROSOL CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
51124		CHOCOLATE BROWNIE	Yes	No	Yes	N	Yes	Yes	N	Yes	N	C	C
60233		MARSHMALLOWS	No	No	Yes	N	N	N	N	N	N	N	N
		<b>CHOC INDULGE</b>	<b>No</b>	<b>No</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>C</b>	<b>C</b>	<b>C</b>

46567	<b>BROWNIE KID</b>	CHOC FLAVOUR FUDGE SAUCE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
51028		CHOCOLATE ICE CREAM	Yes	No	N	Yes	N	Yes	N	Yes	N	N	N
51030		VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	Yes	N	N	N
51124		CHOCOLATE BROWNIE	Yes	No	Yes	N	Yes	Yes	N	Yes	N	C	C
		<b>BROWNIE KID</b>	<b>Yes</b>	<b>No</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>N</b>	<b>C</b>	<b>C</b>

49120	<b>JELLY N ICE CREAM</b>	STRAWBERRY JELLY	No	No	N	N	N	N	N	Yes	N	N	N
51029		STRAWBERRY ICE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
51030		VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	Yes	N	N	N
		<b>JELLY N ICE CREAM</b>	<b>No</b>	<b>No</b>	<b>N</b>	<b>N</b>	<b>N</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>N</b>	<b>N</b>	<b>N</b>

46567	<b>CRUNCHIE SUNDAE</b>	CHOC FLAVOUR FUDGE SAUCE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
50414		CHOCOLATE SUNDAE SPRINKLE	Yes	No	Yes	Yes	C	Yes	N	Yes	C	C	C
51030		VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	Yes	N	N	N
		<b>CRUNCHIE SUNDAE</b>	<b>Yes</b>	<b>No</b>	<b>Yes</b>	<b>Yes</b>	<b>C</b>	<b>Yes</b>	<b>N</b>	<b>Yes</b>	<b>C</b>	<b>C</b>	<b>C</b>

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
26109	ICE CREAM SUNDAE	STRAWB SAUCE	No	No	N	N	N	N	N	Yes	N	N	N
42756		POMPADOUR FAN WAFERS	Yes	No	Yes	Yes	N	Yes	N	N	N	N	N
46567		CHOC FLAVOUR FUDGE SAUCE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
48190		TOFFEE FUDGE DESSERT SAUCE	Yes	No	N	Yes	N	Yes	N	Yes	N	N	N
51028		CHOCOLATE ICE CREAM	Yes	No	N	Yes	N	Yes	N	Yes	N	N	N
51029		STRAWBERRY ICE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
51030		VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	Yes	N	N	N
		ICE CREAM SUNDAE	No	No	Yes	Yes	N	Yes	N	Yes	N	N	N

### Kids Party

38225	KID PARTY BUFFET	SWEETCORN COBS MINI	Yes	Yes	N	N	N	N	N	N	N	N	N
43825		FISH BATTER - MCDUGALLS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
47177		LARDERFRESH SUNFLOWER SPREAD 100	Yes	No	N	N	N	C	N	Yes	N	N	N
47808		WILTSHIRE HAM	No	No	N	N	N	N	N	Yes	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50842		CELEBRATION CAKE	Yes	No	Yes	N	Yes	Yes	N	Yes	N	N	C
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50091		BATTERED CHICKEN BITES	No	No	Yes	N	N	Yes	N	N	N	N	N
50507		FLOURED BAP	Yes	Yes	Yes	Yes	N	N	N	N	C	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48699		PANGA	No	No	N	N	N	N	Yes	N	N	N	N
50497	FRUIT SALAD PARTY	FRESH FRUIT SALAD	Yes	Yes	N	N	N	N	N	N	N	N	N