

Key & interpreting the data

Allergy data detailed in the table has been derived from specifications obtained from the suppliers of the products.

Allergy data for condiments (pepper, salt, etc.) which you may add to your food, are listed at the bottom of the table (i.e. not with the dish).

NB the staff need to be informed of your allergy every time you dine with us even if you have eaten the dish before so that every precaution can be taken in our kitchen to prevent cross contamination.

If you find a dish contains the allergen you are allergic to please consult the 'Full allergy data' as this shows the breakdown of the ingredients and the product causing the unsuitability may be a non-essential component that can be left out of the dish, for example a sauce.

'N' means that the allergen is not part of the product as it is delivered by the supplier .

'Yes' in a column entitled 'allergen(s) (e.g. gluten) present' indicates that the product contains that allergen & is, therefore, not suitable for you if you suffer from this allergy.

'C' means that this allergen is present in the manufacturing site/factory/supply chain & our suppliers believe there is a significant risk that this allergen could cross-contaminate the food.

The 'Yes'/No' in the column entitled 'suitable for vegans'/suitable for vegetarians' details information supplied by the product manufacturer. Our kitchens have limited space and as such we cannot always preserve the vegetarian status of a meal. For example we only have one fryer for breaded products and so breaded vegetable products cannot be considered vegetarian.

'Data unavailable' is where ingredient detail for the item/dish is currently unavailable from the supplier & will be added onto the table upon obtaining it. Or because it is bought at local level in-house.

Gluten is a protein component of wheat, rye, barley & oats. If you are intolerant to gluten then please consult the 'gluten present' column.

Additives are artificial antioxidants, colours, flavourings, preservatives, sweeteners, flavour-enhancers & sulphites.

The Treenut column indicates the presence of the following; almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their respective derivatives.

NB: We have taken all reasonable steps to ensure that this table is accurate. However, we cannot guarantee that the product is '100% free from' that component because of the risk of unexpected cross-contamination. Your statutory rights are not affected.

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
-------------	--------------------------	---------------------	----------------	------------------------------	----------------------------	------------------------------	-----------------------------------	-------------------	----------------------------------------------------------------	--------------------------------------------------	-------------------------------------

Starters

SOUP MIXED CASE	Yes	No	Yes	N	N	Yes	N	Yes	Yes	C	C
CHICKEN LIVER PATE	No	No	Yes	C	Yes	Yes	C	Yes	Yes	C	C
POT SHELLS CHS N BACON	No	No	N	N	N	Yes	N	Yes	Yes	N	N
POT SHELLS CHEESE ONLY	Yes	No	N	N	N	Yes	N	Yes	Yes	N	N
CHICKEN GOUJONS	No	No	Yes	N	N	N	N	Yes	Yes	N	N
BREADED PRAWNS	No	No	Yes	Yes	C	C	Yes	Yes	Yes	N	N
GARLIC MUSHROOMS	Yes	No	Yes	Yes	Yes	N	N	Yes	Yes	N	N
PRAWN COCKTAIL	DATA UNAVAILABLE										
CAMEMBERT ROUNDS	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	N
COMBO FEAST	No	No	Yes	Yes	Yes	N	N	Yes	Yes	N	C

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
-------------	--------------------------	---------------------	----------------	------------------------------	----------------------------	------------------------------	-----------------------------------	-------------------	----------------------------------------------------------------	--------------------------------------------------	-------------------------------------

Pub Classics

Dishes marked with an asterix * are served with either chips or a jacket potato. Please add the allergy of your chosen side to that of the dish

CHIPS 12OZ SUB	Yes	Yes	N	N	N	N	N	N	N	N	N
JACKET POT SUB	Yes	No	N	N	N	Yes	N	N	N	N	N

SAUSAGE EGG N CHIPS	No	No	Yes	N	Yes	N	N	Yes	N	N	N
BEEF N ALE PIE	No	No	Yes	Yes	C	Yes	N	Yes	Yes	C	C
CHICKEN N MUSH PIE	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
ROAST CHICKEN PLAIN*	No	No	N	Yes	Yes	N	N	Yes	Yes	N	N
ROAST CHICKEN BBQ SCE*	No	No	N	Yes	Yes	N	N	Yes	Yes	N	N
ROAST CHICKEN PIRI*	No	No	C	Yes	Yes	Yes	N	Yes	Yes	N	N
ROAST CHICKEN LEMON*	No	No	C	Yes	Yes	Yes	N	Yes	Yes	N	N
BEEF STEW N COBBLER	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	N
PORK CHOP*	No	No	C	C	N	C	N	Yes	Yes	N	N
SMOTHERED CHICKEN	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C
LAMB SHANK	No	No	Yes	N	N	Yes	N	Yes	Yes	N	N
SAUS N MASH YORKI	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C
LIVER N ONIONS YORKI	No	No	Yes	N	Yes	Yes	N	Yes	Yes	N	N
CHICK TIKKA MASALA	No	No	Yes	N	N	Yes	N	N	C	C	C
VEG GOAN CURRY	Yes	No	Yes	Yes	N	Yes	N	N	Yes	C	C
CHILLI	No	No	N	N	N	Yes	N	Yes	C	N	C
VEG CHILLI	Yes	No	Yes	Yes	Yes	Yes	N	C	Yes	N	N

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
CHICKEN N BACON SALAD	No	No	C	C	C	C	N	Yes	Yes	C	C
BEEF LASAGNE	No	No	Yes	N	Yes	Yes	N	Yes	Yes	N	C
MED VEG LASAGNE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N
RED PEPPER PASTA	Yes	No	Yes	N	N	Yes	N	N	N	N	N
RED PEPPER PASTA CHK	No	No	Yes	C	C	Yes	N	C	C	C	C
CHS N ONION QUICHE*	Yes	No	Yes	N	Yes	Yes	N	Yes	Yes	N	N

Grills

BURGER PLAIN	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N
BURGER CHS BACON	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N
CHICKEN BURGER	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C
CHICK BURGER CHS BAC	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C
MIXED GRILL	No	No	Yes	N	Yes	Yes	N	Yes	C	N	N
BBQ RIBS	No	No	N	Yes	Yes	N	N	Yes	Yes	N	N
10OZ RUMP STEAK	No	No	Yes	N	N	Yes	N	N	C	N	N
PEPPERCORN SAUCE	No	No	Yes	C	C	Yes	N	Yes	Yes	N	N
GAMMON STEAK	No	No	N	N	Yes	N	N	Yes	C	N	N
SURF TURF N CHICKEN	No	No	Yes	Yes	C	C	Yes	Yes	Yes	C	C

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
-------------	--------------------------	---------------------	----------------	------------------------------	----------------------------	------------------------------	-----------------------------------	-------------------	----------------------------------------------------------------	--------------------------------------------------	-------------------------------------

Fish

FISH N CHIPS	DATA UNAVAILABLE										
SALMON N PRWN FISHCAKES	DATA UNAVAILABLE										
SCAMPI N PEAS	No	No	Yes	N	Yes	C	Yes	Yes	Yes	C	C
CHIP SHOP PLATTER	DATA UNAVAILABLE										

Sides

GARLIC SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
GARLIC BREAD CHEES SIDE	Yes	No	Yes	N	N	Yes	N	N	N	N	N
MUSHROOMS SIDE	Yes	No	N	N	N	Yes	N	N	C	N	N
CHIPS 12OZ SIDE	Yes	Yes	N	N	N	N	N	N	N	N	N
ONION RINGS SIDE	Yes	No	Yes	N	N	Yes	N	N	N	N	N
EXTRA FEAST SIDE	Yes	No	Yes	N	N	Yes	N	N	N	N	N

Condiments

VINEGAR MALT	Yes	Yes	Yes	N	N	N	N	N	N	N	N
WHOLE BLACK PEPPER	Yes	Yes	N	N	N	N	N	N	N	N	N
ENGLISH MUSTARD	Yes	No	Yes	C	C	C	N	C	Yes	N	N
TABLE SALT	Yes	Yes	N	N	N	N	N	N	N	N	N
HP BROWN SAUCE	Yes	Yes	Yes	N	N	N	N	N	N	N	N
FRENCH MUSTARD	Yes	Yes	Yes	N	N	N	N	Yes	Yes	N	N
TOMATO KETCHUP	Yes	Yes	N	N	N	N	N	N	Yes	N	N
REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
-------------	--------------------------	---------------------	----------------	------------------------------	----------------------------	------------------------------	-----------------------------------	-------------------	----------------------------------------------------------------	--------------------------------------------------	-------------------------------------

Desserts

2 SCOOP ICE CREAM	No	No	N	Yes	N	Yes	N	Yes	N	N	N
CHOC FUDGE CAKE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C	C
STRAWBERRY SUNDAE	No	No	Yes	Yes	N	Yes	N	Yes	C	N	N
CHEESECAKE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	C	C	C
BANOFFEE WAFFLE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	C	N	N
CARAMEL APPLE BETTY	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C	C
RHUBARB CRUMBLE	Yes	No	Yes	N	N	Yes	N	N	N	N	N
CHOCOLATE INDULGENCE	No	No	Yes	Yes	Yes	Yes	N	Yes	C	C	C
PROFITEROLES	Yes	No	Yes	N	Yes	Yes	N	Yes	N	N	N
STICKY TOFFEE PUDDING	Yes	No	Yes	N	Yes	Yes	N	Yes	N	N	N
ULT SHARNG SUNDAE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	C	C	C

2 Desserts for £2

BLACKFOREST GATEAUX	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C	C
APPLE PIE & CUST	Yes	No	Yes	N	Yes	Yes	N	Yes	N	C	C
BAKEWELL TART	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C	Yes

Key & interpreting the data

Allergy data detailed in the table has been derived from specifications obtained from the suppliers of the products.

Allergy data for condiments (pepper, salt, etc.) which you may add to your food, are listed at the bottom of the table (i.e. not with the dish).

NB the staff need to be informed of your allergy every time you dine with us even if you have eaten the dish before so that every precaution can be taken in our kitchen to prevent cross contamination.

If you find a dish contains the allergen you are allergic to please consult the 'Full allergy data' as this shows the breakdown of the ingredients and the product causing the unsuitability may be a non-essential component that can be left out of the dish, for example a sauce.

'N' means that the allergen is not part of the product as it is delivered by the supplier .

'Yes' in a column entitled 'allergen(s) (e.g. gluten) present' indicates that the product contains that allergen & is, therefore, not suitable for you if you suffer from this allergy.

'C' means that this allergen is present in the manufacturing site/factory/supply chain & our suppliers believe there is a significant risk that this allergen could cross-contaminate the food.

The 'Yes'/No' in the column entitled 'suitable for vegans'/'suitable for vegetarians' details information supplied by the product manufacturer. Our kitchens have limited space and as such we cannot always preserve the vegetarian status of a meal. For example we only have one fryer for breaded products and so breaded vegetable products cannot be considered vegetarian.

'Data unavailable' is where ingredient detail for the item/dish is currently unavailable from the supplier & will be added onto the table upon obtaining it. Or because it is bought at local level in-house.

Gluten is a protein component of wheat, rye, barley & oats. If you are intolerant to gluten then please consult the 'gluten present' column.

Additives are artificial antioxidants, colours, flavourings, preservatives, sweeteners, flavour-enhancers & sulphites.

The Treenut column indicates the presence of the following; almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their respective derivatives.

NB: We have taken all reasonable steps to ensure that this table is accurate. However, we cannot guarantee that the product is '100% free from' that component because of the risk of unexpected cross-contamination. Your statutory rights are not affected.

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
-------------	--------------------------	---------------------	----------------	------------------------------	----------------------------	------------------------------	-----------------------------------	-------------------	----------------------------------------------------------------	--------------------------------------------------	-------------------------------------

Sandwiches & Baguettes

PRAWN SW BAG	Data Unavailable										
HAM SW BAG	No	No	Yes	N	N	C	N	Yes	Yes	C	C
CHEESE N TOM SW BAG	Yes	No	Yes	N	N	Yes	N	Yes	Yes	C	C
CHEESE N HAM SW BAG	No	No	Yes	N	N	Yes	N	Yes	Yes	C	C
CHIPS 8OZ SUB	Yes	Yes	N	N	N	N	N	N	N	N	N
COLESLAW GARNISH SUB	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
CREAMY SPRING VEGETABLE SOUP	Yes	No	N	N	N	Yes	N	Yes	Yes	C	C
DICED TOMATO & BASIL SOUP	Yes	No	N	N	N	Yes	N	Yes	Yes	C	C
WHITE ONION & APPLE SOUP	Yes	No	N	N	N	Yes	N	Yes	C	C	C
SPINACH & WATERCRESS SOUP	Yes	No	Yes	N	N	Yes	N	Yes	Yes	C	C

Hot Filled Sandwiches & Baguettes

CHICKEN CLUB SW	No	No	Yes	Yes	Yes	C	N	Yes	Yes	C	C
BBQ CHICK BAG	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C
STEAK BAG ONION	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C
SAUSAGE ONION BAG	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
-------------	--------------------------	---------------------	----------------	------------------------------	----------------------------	------------------------------	-----------------------------------	-------------------	----------------------------------------------------------------	--------------------------------------------------	-------------------------------------

Jacket Potatoes

JKT PRAWN	Data Unavailable										
JKT CHEESE N BACON	No	No	N	Yes	Yes	Yes	N	Yes	Yes	N	N
JKT CHS N BEANS	Yes	No	N	Yes	Yes	Yes	N	Yes	Yes	N	N
JKT CHEESE	Yes	No	N	Yes	Yes	Yes	N	Yes	Yes	N	N
JKT BEANS	Yes	No	N	Yes	Yes	Yes	N	Yes	Yes	N	N
JKT CHILLI	No	No	N	Yes	Yes	Yes	N	Yes	Yes	N	C
JKT VEG CHILLI	Yes	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N

CONDIMENTS SUB

VINEGAR MALT	Yes	Yes	Yes	N	N	N	N	N	N	N	N
WHOLE BLACK PEPPER	Yes	Yes	N	N	N	N	N	N	N	N	N
ENGLISH MUSTARD	Yes	No	Yes	C	C	C	N	C	Yes	N	N
TABLE SALT	Yes	Yes	N	N	N	N	N	N	N	N	N
HP BROWN SAUCE	Yes	Yes	Yes	N	N	N	N	N	N	N	N
FRENCH MUSTARD	Yes	Yes	Yes	N	N	N	N	Yes	Yes	N	N
TOMATO KETCHUP	Yes	Yes	N	N	N	N	N	N	Yes	N	N
REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N

Key & interpreting the data

Allergy data detailed in the table has been derived from specifications obtained from the suppliers of the products.

Allergy data for condiments (pepper, salt, etc.) which you may add to your food, are listed at the bottom of the table (i.e. not with the dish).

NB the staff need to be informed of your allergy every time you dine with us even if you have eaten the dish before so that every precaution can be taken in our kitchen to prevent cross contamination.

If you find a dish contains the allergen you are allergic to please consult the 'Full allergy data' as this shows the breakdown of the ingredients and the product causing the unsuitability may be a non-essential component that can be left out of the dish, for example a sauce.

'N' means that the allergen is not part of the product as it is delivered by the supplier .

'Yes' in a column entitled 'allergen(s) (e.g. gluten) present' indicates that the product contains that allergen & is, therefore, not suitable for you if you suffer from this allergy.

'C' means that this allergen is present in the manufacturing site/factory/supply chain & our suppliers believe there is a significant risk that this allergen could cross-contaminate the food.

The 'Yes'/'No' in the column entitled 'suitable for vegans'/'suitable for vegetarians' details information supplied by the product manufacturer. Our kitchens have limited space and as such we cannot always preserve the vegetarian status of a meal. For example we only have one fryer for breaded products and so breaded vegetable products cannot be considered vegetarian.

'Data unavailable' is where ingredient detail for the item/dish is currently unavailable from the supplier & will be added onto the table upon obtaining it. Or because it is bought at local level in-house.

Gluten is a protein component of wheat, rye, barley & oats. If you are intolerant to gluten then please consult the 'gluten present' column.

Additives are artificial antioxidants, colours, flavourings, preservatives, sweeteners, flavour-enhancers & sulphites.

The Treenut column indicates the presence of the following; almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their respective derivatives.

NB: We have taken all reasonable steps to ensure that this table is accurate. However, we cannot guarantee that the product is '100% free from' that component because of the risk of unexpected cross-contamination. Your statutory rights are not affected.

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
-------------	--------------------------	---------------------	----------------	------------------------------	----------------------------	------------------------------	-----------------------------------	-------------------	----------------------------------------------------------------	--------------------------------------------------	-------------------------------------

Starters

GARLIC SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
---------------	-----	-----	-----	---	---	---	---	---	---	---	---

Mains

CHARGRILLED BURGER	No	No	Yes	Yes	N	N	N	N	C	N	N
CHEESE BURGER	No	No	Yes	Yes	N	Yes	N	N	C	N	N
SAUS N MASH	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C
CHICKEN NUGGETS	No	No	Yes	N	N	Yes	N	N	N	N	N
FISH N CHIPS	Data Unavailable										
PENNE PASTA	Yes	No	Yes	N	N	Yes	N	N	C	N	C
CHICKEN DINNER	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C
BEEF N ONION PIE	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
PIZZA	Yes	No	Yes	N	N	Yes	N	N	N	N	N
PIZZA TOP HAM SUB	No	No	N	N	N	N	N	Yes	N	N	N
PIZZA TOP PINEAPP SUB	Yes	Yes	N	N	N	N	N	N	N	N	N
PIZZA TOP BACON SUB	No	No	N	N	N	N	N	Yes	N	N	N
PIZZA TOP MUSHRM SUB	Yes	Yes	N	N	N	N	N	N	C	N	N
SPAGHETTI BOL	No	No	Yes	N	N	Yes	N	N	Yes	N	C
ROAST PORK	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C
ROAST BEEF	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C
ROAST TURKEY	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
-------------	--------------------------	---------------------	----------------	------------------------------	----------------------------	------------------------------	-----------------------------------	-------------------	----------------------------------------------------------------	--------------------------------------------------	-------------------------------------

CONDIMENTS

VINEGAR MALT	Yes	Yes	Yes	N	N	N	N	N	N	N	N
WHOLE BLACK PEPPER	Yes	Yes	N	N	N	N	N	N	N	N	N
ENGLISH MUSTARD	Yes	No	Yes	C	C	C	N	C	Yes	N	N
TABLE SALT	Yes	Yes	N	N	N	N	N	N	N	N	N
HP BROWN SAUCE	Yes	Yes	Yes	N	N	N	N	N	N	N	N
FRENCH MUSTARD	Yes	Yes	Yes	N	N	N	N	Yes	Yes	N	N
TOMATO KETCHUP	Yes	Yes	N	N	N	N	N	N	Yes	N	N
REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
-------------	--------------------------	---------------------	----------------	------------------------------	----------------------------	------------------------------	-----------------------------------	-------------------	----------------------------------------------------------------	--------------------------------------------------	-------------------------------------

Desserts

CHOC INDULGE	No	No	Yes	Yes	Yes	Yes	N	Yes	C	C	C
BROWNIE KID	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C	C
JELLY N ICE CREAM	No	No	N	N	N	Yes	N	Yes	N	N	N
CRUNCHIE SUNDAE	Yes	No	Yes	Yes	C	Yes	N	Yes	C	C	C
ICE CREAM SUNDAE	No	No	Yes	Yes	N	Yes	N	Yes	N	N	N

Kids Party

SWEETCORN COBS MINI	Yes	Yes	N	N	N	N	N	N	N	N	N
FISH BATTER - MCDOUGALLS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
LARDERFRESH SUNFLOWER SPREAD	Yes	No	N	N	N	C	N	Yes	N	N	N
WILTSHIRE HAM	No	No	N	N	N	N	N	Yes	N	N	N
CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
CELEBRATION CAKE	Yes	No	Yes	N	Yes	Yes	N	Yes	N	N	C
TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
BATTERED CHICKEN BITES	No	No	Yes	N	N	Yes	N	N	N	N	N
FLOURED BAP	Yes	Yes	Yes	Yes	N	N	N	N	C	N	N
TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
PANGA	No	No	N	N	N	N	Yes	N	N	N	N
FRESH FRUIT SALAD	Yes	Yes	N	N	N	N	N	N	N	N	N

Key & interpreting the data

Allergy data detailed in the table has been derived from specifications obtained from the suppliers of the products.

Allergy data for condiments (pepper, salt, etc.) which you may add to your food, are listed at the bottom of the table (i.e. not with the

NB the staff need to be informed of your allergy every time you dine with us even if you have eaten the dish before so that every precaution can be taken in our kitchen to prevent cross contamination.

'N' means that the allergen is not part of the product as it is delivered by the supplier .

'Yes' in a column entitled 'allergen(s) (e.g. gluten) present' indicates that the product contains that allergen & is, therefore, not suitable for you if you suffer from this allergy.

'C' means that this allergen is present in the manufacturing site/factory/supply chain & our suppliers believe there is a significant risk that this allergen could cross-contaminate the food.

The 'Yes'/'No' in the column entitled 'suitable for vegans'/'suitable for vegetarians' details information supplied by the product manufacturer. Our kitchens have limited space and as such we cannot always preserve the vegetarian status of a meal. For example we only have one fryer for breaded products and so breaded vegetable products cannot be considered vegetarian.

'Data unavailable' is where ingredient detail for the item/dish is currently unavailable from the supplier & will be added onto the table upon obtaining it. Or because it is bought at local level in-house.

Gluten is a protein component of wheat, rye, barley & oats. If you are intolerant to gluten then please consult the 'gluten present'

Additives are artificial antioxidants, colours, flavourings, preservatives, sweeteners, flavour-enhancers & sulphites.

The Treenut column indicates the presence of the following; almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their respective derivatives.

NB: We have taken all reasonable steps to ensure that this table is accurate. However, we cannot guarantee that the product is '100% free from' that component because of the risk of unexpected cross-contamination. Your statutory rights are not affected.

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
-------	------------	-------------	--------------------------	---------------------	----------------	------------------------------	----------------------------	------------------------------	-----------------------------------	-------------------	----------------------------------------------------------------	--------------------------------------------------	-------------------------------------

Starters

51071	SOUP MIXED CASE	SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
50952		CREAMY SPRING VEGETABLE SOUP	Yes	No	N	N	N	Yes	N	Yes	Yes	C	C
51365		DICED TOMATO & BASIL SOUP	Yes	No	N	N	N	Yes	N	Yes	Yes	C	C
51365		WHITE ONION & APPLE SOUP	Yes	No	N	N	N	Yes	N	Yes	C	C	C
51365		SPINACH & WATERCRESS SOUP	Yes	No	Yes	N	N	Yes	N	Yes	Yes	C	C
51246		WHITE DEMI BAGUETTE	Yes	Yes	Yes	N	N	N	N	N	C	C	C
		SOUP MIXED CASE	Yes	No	Yes	N	N	Yes	N	Yes	Yes	C	C

48584	CHICKEN LIVER PATE	FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50505		CHICKEN PATE WITH HERBS	No	No	Yes	C	Yes	Yes	C	Yes	C	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
51246		WHITE DEMI BAGUETTE	Yes	Yes	Yes	N	N	N	N	N	C	C	C
		CHICKEN LIVER PATE	No	No	Yes	C	Yes	Yes	C	Yes	Yes	C	C

42876	POT SHELLS CHS N BACON	BACK BACON	No	No	N	N	N	N	N	Yes	N	N	N
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50344		POTATO SHELLS	Yes	Yes	N	N	N	N	N	N	N	N	N
51047		REDUCED FAT SOUR CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
		POT SHELLS CHS N BACON	No	No	N	N	N	Yes	N	Yes	Yes	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
47182	POT SHELLS CHEESE ONLY	UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50344		POTATO SHELLS	Yes	Yes	N	N	N	N	N	N	N	N	N
51047		REDUCED FAT SOUR CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
		POT SHELLS CHEESE ONLY	Yes	No	N	N	N	Yes	N	Yes	Yes	N	N

45858	CHICKEN GOUJONS	SALSA SAUCE SFC	Yes	Yes	N	N	N	N	N	Yes	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50685		BUBBLE BATTERED CHICKEN FINGERS	No	No	Yes	N	N	N	N	N	N	N	N
		CHICKEN GOUJONS	No	No	Yes	N	N	N	N	Yes	Yes	N	N

46461	BREADED PRAWNS	LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
48130		MANDARIN CHILLI GLAZE	Yes	No	C	C	C	C	N	C	C	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
51347		BREADED BUTTERFLY KING PRAWNS	No	No	Yes	Yes	N	N	Yes	N	N	N	N
		BREADED PRAWNS	No	No	Yes	Yes	C	C	Yes	Yes	Yes	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
48413	GARLIC MUSHROOMS	GARLIC & HERB BREADED MUSHROOMS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50986		GARLIC MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
		GARLIC MUSHROOMS	Yes	No	Yes	Yes	Yes	N	N	Yes	Yes	N	N

46461	PRAWN COCKTAIL	LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
48054		PAPRIKA PEPPER 1X500G	Yes	Yes	N	N	N	N	N	N	N	N	N
51299		LETTUCE ICEBERG	Yes	Yes	N	N	N	N	N	N	C	N	N
51368		MALTED SANDWICH BREAD	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50987		PRAWN COCKTAIL DRESSING	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
51346		COLD WATER PRAWNS IQF250/350 4X2.5KG	DATA UNAVAILABLE										
		PRAWN COCKTAIL	DATA UNAVAILABLE										

48584	CAMEMBERT ROUNDS	FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50506		PLUM & GINGER COMPOTE	Yes	No	C	C	C	C	N	Yes	C	C	N
50954		BREADED CAMEMBERT	No	No	Yes	N	Yes	Yes	N	Yes	N	N	N
		CAMEMBERT ROUNDS	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
44267	COMBO FEAST	TORTILLA CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
45858		SALSA SAUCE SFC	Yes	Yes	N	N	N	N	N	Yes	N	N	N
48413		GARLIC & HERB BREADED MUSHROOMS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50456		BBQ SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
50685		BUBBLE BATTERED CHICKEN FINGERS	No	No	Yes	N	N	N	N	N	N	N	N
50950		BEEF CHILLI	No	No	N	N	N	N	N	Yes	C	N	C
50974		GARLIC SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50986		GARLIC MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51150		SMOKY MAPLE RIB RACKS	No	No	N	N	N	N	N	Yes	N	N	N
		COMBO FEAST	No	No	Yes	Yes	Yes	N	N	Yes	Yes	N	C

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
-------	------------	-------------	--------------------------	---------------------	----------------	------------------------------	----------------------------	------------------------------	-----------------------------------	-------------------	----------------------------------------------------------------	--------------------------------------------------	-------------------------------------

Pub Classics

Dishes marked with an asterix * are served with either chips or a jacket potato. Please add the allergy of your chosen side to that of the dish.

48664	CHIPS 12OZ SUB	CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		CHIPS 12OZ SUB	Yes	Yes	N	N	N	N	N	N	N	N	N

51071	JACKET POT SUB	SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
51285		JACKET POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
		JACKET POT SUB	Yes	No	N	N	N	Yes	N	N	N	N	N

31881	SAUSAGE EGG N CHIPS	EGGS MEDIUM	Yes	No	N	N	Yes	N	N	N	N	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
51006		PREMIUM PORK SAUSAGE	No	No	Yes	N	N	N	Yes	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		SAUSAGE EGG N CHIPS	No	No	Yes	N	Yes	N	Yes	N	N	N	N

45674	BEEF N ALE PIE	A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50694		ROAST GRAVY	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
50971		BEEF & ALE PIE	No	No	Yes	Yes	N	C	N	Yes	C	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		BEEF N ALE PIE	No	No	Yes	Yes	C	Yes	N	Yes	Yes	C	C

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
45674	CHICKEN N MUSH PIE	A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50694		ROAST GRAVY	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
51338		CHICKEN & MUSHROOM PIE	No	No	Yes	N	N	Yes	N	N	N	N	N
		CHICKEN N MUSH PIE	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C

48584	ROAST CHICKEN PLAIN*	FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50352		ROASTED HALF CHICKEN	No	No	N	N	N	N	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
		ROAST CHICKEN PLAIN*	No	No	N	Yes	Yes	N	N	Yes	Yes	N	N

48584	ROAST CHICKEN BBQ SCE*	FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50352		ROASTED HALF CHICKEN	No	No	N	N	N	N	N	N	N	N	N
50456		BBQ SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
		ROAST CHICKEN BBQ SCE*	No	No	N	Yes	Yes	N	N	Yes	Yes	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
48584	ROAST CHICKEN PIRI*	FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50352		ROASTED HALF CHICKEN	No	No	N	N	N	N	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51256		PIRI PIRI GLAZE	No	No	C	C	C	Yes	N	Yes	C	N	N
		ROAST CHICKEN PIRI*	No	No	C	Yes	Yes	Yes	N	Yes	Yes	N	N

48584	ROAST CHICKEN LEMON*	FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50352		ROASTED HALF CHICKEN	No	No	N	N	N	N	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51255		LEMON & THYME GLAZE	No	No	C	N	C	Yes	N	Yes	N	N	N
		ROAST CHICKEN LEMON*	No	No	C	Yes	Yes	Yes	N	Yes	Yes	N	N

45674	BEEF STEW N COBBLER	A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
50956		BEEF IN RED WINE SAUCE	No	No	Yes	C	C	Yes	N	Yes	Yes	C	N
51094		MASHED POTATO	Yes	No	C	N	N	Yes	N	N	N	N	N
51350		CHEESY COBBLER	No	No	Yes	N	Yes	Yes	N	N	N	N	N
		BEEF STEW N COBBLER	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
48584	PORK CHOP*	FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48788		APPLE SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
51348		BONE IN PORK LOIN CHOP	No	No	C	C	N	C	N	Yes	C	N	N
		PORK CHOP*	No	No	C	C	N	C	N	Yes	Yes	N	N

42876	SMOTHERED CHICKEN	BACK BACON	No	No	N	N	N	N	N	Yes	N	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50456		BBQ SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
50974		GARLIC SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		SMOTHERED CHICKEN	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C

48260	LAMB SHANK	BROCCOLI FLORETS	Yes	Yes	N	N	N	N	N	N	N	N	N
48520		CARROT WEDGES	Yes	Yes	N	N	N	N	N	N	N	N	N
51089		LAMB SHANKS IN MINT SAUCE	No	No	Yes	N	N	N	N	Yes	Yes	N	N
51094		MASHED POTATO	Yes	No	C	N	N	Yes	N	N	N	N	N
		LAMB SHANK	No	No	Yes	N	N	Yes	N	Yes	Yes	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
43908	SAUS N MASH YORKI	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
50694		ROAST GRAVY	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
51006		PREMIUM PORK SAUSAGE	No	No	Yes	N	N	N	N	Yes	N	N	N
51094		MASHED POTATO	Yes	No	C	N	N	Yes	N	N	N	N	N
51185		GIANT YORKSHIRE PUDDINGS	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
		SAUS N MASH YORKI	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C
42876	LIVER N ONIONS YORKI	BACK BACON	No	No	N	N	N	N	N	Yes	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
49103		LAMBS LIVER & ONIONS	No	No	Yes	N	N	Yes	N	Yes	Yes	N	N
51094		MASHED POTATO	Yes	No	C	N	N	Yes	N	N	N	N	N
51185		GIANT YORKSHIRE PUDDINGS	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
		LIVER N ONIONS YORKI	No	No	Yes	N	Yes	Yes	N	Yes	Yes	N	N
28082	CHICK TIKKA MASALA	POPPADUMS PLAIN S/WOOD	Yes	Yes	N	N	N	N	N	N	N	N	N
45037		NAAN PLAIN	Yes	No	Yes	N	N	Yes	N	N	N	N	N
46247		MANGO CHUTNEY - GREEN LABEL	Yes	Yes	N	N	N	N	N	N	C	C	C
46346		CHICKEN TIKKA MASALA	No	No	N	N	N	Yes	N	N	N	N	N
46548		DELICATELY FLAV BASMATI RICE	Yes	Yes	N	N	N	N	N	N	N	N	N
		CHICK TIKKA MASALA	No	No	Yes	N	N	Yes	N	N	C	C	C
28082	VEG GOAN CURRY	POPPADUMS PLAIN S/WOOD	Yes	Yes	N	N	N	N	N	N	N	N	N
45037		NAAN PLAIN	Yes	No	Yes	N	N	Yes	N	N	N	N	N
46247		MANGO CHUTNEY - GREEN LABEL	Yes	Yes	N	N	N	N	N	N	C	C	C
46548		DELICATELY FLAV BASMATI RICE	Yes	Yes	N	N	N	N	N	N	N	N	N
50593		VEGETABLE GOAN CURRY	Yes	No	N	Yes	N	Yes	N	N	Yes	N	N
		VEG GOAN CURRY	Yes	No	Yes	Yes	N	Yes	N	N	Yes	C	C

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
44267	CHILLI	TORTILLA CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
46548		DELICATELY FLAV BASMATI RICE	Yes	Yes	N	N	N	N	N	N	N	N	N
50950		BEEF CHILLI	No	No	N	N	N	N	N	Yes	C	N	C
51047		REDUCED FAT SOUR CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
		CHILLI	No	No	N	N	N	Yes	N	Yes	C	N	C
44267	VEG CHILLI	TORTILLA CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
46548		DELICATELY FLAV BASMATI RICE	Yes	Yes	N	N	N	N	N	N	N	N	N
48532		QUORN CHILLI	Yes	No	Yes	Yes	Yes	Yes	N	C	Yes	N	N
51047		REDUCED FAT SOUR CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
		VEG CHILLI	Yes	No	Yes	Yes	Yes	Yes	N	C	Yes	N	N
42876	CHICKEN N BACON SALAD	BACK BACON	No	No	N	N	N	N	N	Yes	N	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
44975		RED PEPPERS!	Yes	Yes	N	N	N	N	N	N	C	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
		CHICKEN N BACON SALAD	No	No	C	C	C	C	N	Yes	Yes	C	C

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
48584	BEEF LASAGNE	FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50974		GARLIC SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
51085		BEEF LASAGNE	No	No	Yes	N	Yes	Yes	N	N	Yes	N	C
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		BEEF LASAGNE	No	No	Yes	N	Yes	Yes	N	Yes	Yes	N	C

48584	MED VEG LASAGNE	FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50974		GARLIC SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50977		ROASTED VEGETABLE LASAGNE	Yes	No	Yes	Yes	Yes	Yes	N	N	Yes	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		MED VEG LASAGNE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N

47182	RED PEPPER PASTA	UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
50974		GARLIC SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
51341		RED PEPPER SPIRAL PASTA	Yes	No	Yes	N	N	Yes	N	N	N	N	N
		RED PEPPER PASTA	Yes	No	Yes	N	N	Yes	N	N	N	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
43908	RED PEPPER PASTA CHK	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
50974		GARLIC SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
51341		RED PEPPER SPIRAL PASTA	Yes	No	Yes	N	N	Yes	N	N	N	N	N
		RED PEPPER PASTA CHK	No	No	Yes	C	C	Yes	N	C	C	C	C
48584	CHS N ONION QUICHE*	FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
51344		CHEESE, SPRING ONION & TOMATO QUICH	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
		CHS N ONION QUICHE*	Yes	No	Yes	N	Yes	Yes	N	Yes	Yes	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
-------	------------	-------------	--------------------------	---------------------	----------------	------------------------------	----------------------------	------------------------------	-----------------------------------	-------------------	----------------------------------------------------------------	--------------------------------------------------	-------------------------------------

Grills

48664	BURGER PLAIN	CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50507		FLOURED BAP	Yes	Yes	Yes	Yes	N	N	N	N	C	N	N
50840		BEEF BURGER	No	No	Yes	N	N	N	N	N	N	N	N
50975		BATTERED ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		BURGER PLAIN	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N

42876	BURGER CHS BACON	BACK BACON	No	No	N	N	N	N	N	Yes	N	N	N
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50507		FLOURED BAP	Yes	Yes	Yes	Yes	N	N	N	N	C	N	N
50840		BEEF BURGER	No	No	Yes	N	N	N	N	N	N	N	N
50975		BATTERED ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		BURGER CHS BACON	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
43908	CHICKEN BURGER	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50507		FLOURED BAP	Yes	Yes	Yes	Yes	N	N	N	N	C	N	N
50975		BATTERED ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		CHICKEN BURGER	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C

42876	CHICK BURGER CHS BAC	BACK BACON	No	No	N	N	N	N	N	Yes	N	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50507		FLOURED BAP	Yes	Yes	Yes	Yes	N	N	N	N	C	N	N
50975		BATTERED ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		CHICK BURGER CHS BAC	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
31881	MIXED GRILL	EGGS MEDIUM	Yes	No	N	N	Yes	N	N	N	N	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48916		MUSHROOM CUP	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50902		RUMP STEAK 4OZ	No	No	N	N	N	N	N	N	N	N	N
50941		GAMMON STEAK 7OZ	No	No	N	N	N	N	N	Yes	N	N	N
51006		PREMIUM PORK SAUSAGE	No	No	Yes	N	N	N	N	Yes	N	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		MIXED GRILL	No	No	Yes	N	Yes	Yes	N	Yes	C	N	N

43908	BBQ RIBS	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50456		BBQ SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
51150		SMOKY MAPLE RIB RACKS	No	No	N	N	N	N	N	Yes	N	N	N
		BBQ RIBS	No	No	N	Yes	Yes	N	N	Yes	Yes	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
43908	10OZ RUMP STEAK	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48916		MUSHROOM CUP	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50975		BATTERED ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
51250		RUMP STEAK 10OZ	No	No	N	N	N	N	N	N	N	N	N
		10OZ RUMP STEAK	No	No	Yes	N	N	Yes	N	N	C	N	N
50948	PEPPERCORN SAUCE SIDE	PEPPERCORN SAUCE	No	No	Yes	C	C	Yes	N	Yes	Yes	N	N
31881	GAMMON STEAK	EGGS MEDIUM	Yes	No	N	N	Yes	N	N	N	N	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48916		MUSHROOM CUP	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50941		GAMMON STEAK 7OZ	No	No	N	N	N	N	N	Yes	N	N	N
51019		PINEAPPLE IN JUICE	Yes	Yes	N	N	N	N	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		GAMMON STEAK	No	No	N	N	Yes	N	N	Yes	C	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
43908	SURF TURF N CHICKEN	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
46461		LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50902		RUMP STEAK 4OZ	No	No	N	N	N	N	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
51347		BREADED BUTTERFLY KING PRAWNS	No	No	Yes	Yes	N	N	Yes	N	N	N	N
		SURF TURF N CHICKEN	No	No	Yes	Yes	C	C	Yes	Yes	Yes	C	C

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
-------	------------	-------------	--------------------------	---------------------	----------------	------------------------------	----------------------------	------------------------------	-----------------------------------	-------------------	----------------------------------------------------------------	--------------------------------------------------	-------------------------------------

Fish

43526	FISH N CHIPS	PEAS MUSHY	Yes	Yes	N	N	N	N	N	Yes	N	N	N
43825		FISH BATTER - MCDUGALLS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
46461		LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50708		PLAIN FLOUR 8X1.5KG	DATA UNAVAILABLE										
50938		TARTARE SAUCE	Yes	No	N	N	Yes	N	N	Yes	Yes	C	C
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48699		PANGA	No	No	N	N	N	N	Yes	N	N	N	N
		FISH N CHIPS	DATA UNAVAILABLE										

15509	SALMON N PRWN FISHCAKES	NEW POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
46461		LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50938		TARTARE SAUCE	Yes	No	N	N	Yes	N	N	Yes	Yes	C	C
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
T3137		SALMON N PRAWN FISHCAKE S11	DATA UNAVAILABLE										
		SALMON N PRWN FISHCAKES	DATA UNAVAILABLE										

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
43526	SCAMPI N PEAS	PEAS MUSHY	Yes	Yes	N	N	N	N	N	Yes	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
46461		LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50938		TARTARE SAUCE	Yes	No	N	N	Yes	N	N	Yes	Yes	C	C
50976		BREADED REFORMED SCAMPI	No	No	Yes	N	N	C	Yes	N	C	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		SCAMPI N PEAS	No	No	Yes	N	Yes	C	Yes	Yes	Yes	C	C

43526	CHIP SHOP PLATTER	PEAS MUSHY	Yes	Yes	N	N	N	N	N	Yes	N	N	N
43825		FISH BATTER - MCDUGALLS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
46461		LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
47711		PREMIUM SAUSAGE 175X56G	No	No	Yes	N	N	N	N	Yes	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50389		MINCED BEEF & ONION MINI PIE	No	No	Yes	C	C	C	N	N	C	N	N
50708		PLAIN FLOUR 8X1.5KG	DATA UNAVAILABLE										
50938		TARTARE SAUCE	Yes	No	N	N	Yes	N	N	Yes	Yes	C	C
50976		BREADED REFORMED SCAMPI	No	No	Yes	N	N	C	Yes	N	C	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48699		PANGA	No	No	N	N	N	N	Yes	N	N	N	N
		CHIP SHOP PLATTER	DATA UNAVAILABLE										

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
Sides													
50974	GARLIC BREAD SIDE	GARLIC SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
47182	GARLIC BREAD CHEES SIDE	UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
50974		GARLIC SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
		GARLIC BREAD CHEES SIDE	Yes	No	Yes	N	N	Yes	N	N	N	N	N
48916	MUSHROOMS SIDE	MUSHROOM CUP	Yes	Yes	N	N	N	N	N	N	C	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
		MUSHROOMS SIDE	Yes	No	N	N	N	Yes	N	N	C	N	N
48664	CHIPS 12OZ SIDE	CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		CHIPS 12OZ SIDE	Yes	Yes	N	N	N	N	N	N	N	N	N
48664	ONION RINGS SIDE	CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50975		BATTERED ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
		ONION RINGS SIDE	Yes	No	Yes	N	N	Yes	N	N	N	N	N
48413	EXTRA FEAST SIDE	GARLIC & HERB BREADED MUSHROOMS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50974		GARLIC SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50975		BATTERED ONION RINGS	Yes	No	Yes	N	N	Yes	N	N	N	N	N
		EXTRA FEAST SIDE	Yes	No	Yes	N	N	Yes	N	N	N	N	N
15549	CONDIMENTS SUB	VINEGAR MALT	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50887		WHOLE BLACK PEPPER	Yes	Yes	N	N	N	N	N	N	N	N	N
45889		ENGLISH MUSTARD	Yes	No	Yes	C	C	C	N	C	Yes	N	N
48046		TABLE SALT	Yes	Yes	N	N	N	N	N	N	N	N	N
48060		HP BROWN SAUCE	Yes	Yes	Yes	N	N	N	N	N	N	N	N
48873		FRENCH MUSTARD	Yes	Yes	Yes	N	N	N	N	Yes	Yes	N	N
50360		TOMATO KETCHUP	Yes	Yes	N	N	N	N	N	N	Yes	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
-------	------------	-------------	--------------------------	---------------------	----------------	------------------------------	----------------------------	------------------------------	-----------------------------------	-------------------	----------------------------------------------------------------	--------------------------------------------------	-------------------------------------

Desserts

46567	2 SCOOP ICE CREAM	CHOC FLAVOUR FUDGE SAUCE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
26109		STRAWB SAUCE	No	No	N	N	N	N	N	Yes	N	N	N
48190		TOFFEE FUDGE DESSERT SAUCE	Yes	No	N	Yes	N	Yes	N	Yes	N	N	N
51030		VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	Yes	N	N	N
		2 SCOOP ICE CREAM	No	No	N	Yes	N	Yes	N	Yes	N	N	N

51030	CHOC FUDGE CAKE	VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	Yes	N	N	N
51245		SINGLE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
51342		CHOCOLATE FUDGE CAKE	Yes	No	Yes	Yes	Yes	Yes	N	N	N	C	C
		CHOC FUDGE CAKE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C	C

26109	STRAWBERRY SUNDAE	STRAWB SAUCE	No	No	N	N	N	N	N	Yes	N	N	N
42756		POMPADOUR FAN WAFERS	Yes	No	Yes	Yes	N	Yes	N	N	N	N	N
47693		STRAWBERRIES	Yes	Yes	N	N	N	N	N	N	C	N	N
51029		STRAWBERRY ICE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
51030		VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	Yes	N	N	N
51074		AEROSOL CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
		STRAWBERRY SUNDAE	No	No	Yes	Yes	N	Yes	N	Yes	C	N	N

51366	CHEESECAKE	VANILLA CHEESECAKE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C	C
51336		BLACKCURRANT COMPOTE	Yes	No	C	C	C	C	N	C	C	N	N
		CHEESECAKE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	C	C	C

44336	BANOFFEE WAFFLE	BANANA	Yes	Yes	N	N	N	N	N	N	C	N	N
48190		TOFFEE FUDGE DESSERT SAUCE	Yes	No	N	Yes	N	Yes	N	Yes	N	N	N
50980		WAFFLES	Yes	No	Yes	Yes	Yes	N	N	Yes	N	N	N
51030		VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	Yes	N	N	N
		BANOFFEE WAFFLE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	C	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
51164	CARAMEL APPLE BETTY	CARAMEL APPLE CRUMBLE PIE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C	C
51030		VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	Yes	N	N	N
51090		BIRDS CUSTARD READY TO SERVE	Yes	No	N	N	N	Yes	N	N	N	N	N
51245		SINGLE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
		CARAMEL APPLE BETTY	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C	C
51090	RHUBARB CRUMBLE	BIRDS CUSTARD READY TO SERVE	Yes	No	N	N	N	Yes	N	N	N	N	N
51304		RHUBARB CRUMBLE	Yes	Yes	Yes	N	N	N	N	N	N	N	N
		RHUBARB CRUMBLE	Yes	No	Yes	N	N	Yes	N	N	N	N	N
38344	CHOCOLATE INDULGENCE	CHOCOLATE FLAKES	Yes	No	N	Yes	N	Yes	N	N	N	N	C
46567		CHOC FLAVOUR FUDGE SAUCE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
50414		CHOCOLATE SUNDAE SPRINKLE	Yes	No	Yes	Yes	C	Yes	N	Yes	C	C	C
51028		CHOCOLATE ICE CREAM	Yes	No	N	Yes	N	Yes	N	Yes	N	N	N
51030		VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	Yes	N	N	N
51074		AEROSOL CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
51124		CHOCOLATE BROWNIE	Yes	No	Yes	N	Yes	Yes	N	Yes	N	C	C
60233		MARSHMALLOWS	No	No	Yes	N	N	N	N	N	N	N	N
		CHOCOLATE INDULGENCE	No	No	Yes	Yes	Yes	Yes	N	Yes	C	C	C
46567	PROFITEROLES	CHOC FLAVOUR FUDGE SAUCE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
51005		PROFITEROLES	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
51245		SINGLE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
		PROFITEROLES	Yes	No	Yes	N	Yes	Yes	N	Yes	N	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
51030	STICKY TOFFEE PUDDING	VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	Yes	N	N	N
51090		BIRDS CUSTARD READY TO SERVE	Yes	No	N	N	N	Yes	N	N	N	N	N
51245		SINGLE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
51303		STICKY TOFFEE PUDDING	Yes	No	Yes	N	Yes	Yes	N	Yes	N	N	N
		STICKY TOFFEE PUDDING	Yes	No	Yes	N	Yes	Yes	N	Yes	N	N	N

38344	ULT SHARNG SUNDAE	CHOCOLATE FLAKES	Yes	No	N	Yes	N	Yes	N	N	N	N	C
46567		CHOC FLAVOUR FUDGE SAUCE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
50414		CHOCOLATE SUNDAE SPRINKLE	Yes	No	Yes	Yes	C	Yes	N	Yes	C	C	C
51005		PROFITEROLES	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
51028		CHOCOLATE ICE CREAM	Yes	No	N	Yes	N	Yes	N	Yes	N	N	N
51030		VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	Yes	N	N	N
51074		AEROSOL CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
51342		CHOCOLATE FUDGE CAKE	Yes	No	Yes	Yes	Yes	Yes	N	N	N	C	C
		ULT SHARNG SUNDAE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	C	C	C

2 Desserts for £2

51302	BLACKFOREST GATEAUX	BLACK FOREST GATEAU	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C	C
		BLACKFOREST GATEAUX	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C	C

51090	APPLE PIE & CUST	BIRDS CUSTARD READY TO SERVE	Yes	No	N	N	N	Yes	N	N	N	N	N
51468		APPLE PIE	Yes	No	Yes	N	Yes	C	N	Yes	N	C	C
		APPLE PIE & CUST	Yes	No	Yes	N	Yes	Yes	N	Yes	N	C	C

48983	BAKEWELL TART	BAKEWELL TART	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C	Yes
		BAKEWELL TART	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C	Yes

Key & interpreting the data

Allergy data detailed in the table has been derived from specifications obtained from the suppliers of the products.

Allergy data for condiments (pepper, salt, etc.) which you may add to your food, are listed at the bottom of the table (i.e. not with

NB the staff need to be informed of your allergy every time you dine with us even if you have eaten the dish before so that every precaution can be taken in our kitchen to prevent cross contamination.

'N' means that the allergen is not part of the product as it is delivered by the supplier .

'Yes' in a column entitled 'allergen(s) (e.g. gluten) present' indicates that the product contains that allergen & is, therefore, not suitable for you if you suffer from this allergy.

'C' means that this allergen is present in the manufacturing site/factory/supply chain & our suppliers believe there is a significant risk that this allergen could cross-contaminate the food.

The 'Yes'/'No' in the column entitled 'suitable for vegans'/'suitable for vegetarians' details information supplied by the product manufacturer. Our kitchens have limited space and as such we cannot always preserve the vegetarian status of a meal. For example we only have one fryer for breaded products and so breaded vegetable products cannot be considered vegetarian.

'Data unavailable' is where ingredient detail for the item/dish is currently unavailable from the supplier & will be added onto the table upon obtaining it. Or because it is bought at local level in-house.

Gluten is a protein component of wheat, rye, barley & oats. If you are intolerant to gluten then please consult the 'gluten present'

Additives are artificial antioxidants, colours, flavourings, preservatives, sweeteners, flavour-enhancers & sulphites.

The Treenut column indicates the presence of the following; almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their respective derivatives.

NB: We have taken all reasonable steps to ensure that this table is accurate. However, we cannot guarantee that the product is '100% free from' that component because of the risk of unexpected cross-contamination. Your statutory rights are not affected.

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
-------	------------	-------------	--------------------------	---------------------	----------------	------------------------------	----------------------------	------------------------------	-----------------------------------	-------------------	----------------------------------------------------------------	--------------------------------------------------	-------------------------------------

Sandwiches & Baguettes

46461	PRAWN SW BAG	LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
47177		LARDERFRESH SUNFLOWER SPREAD 1	Yes	No	N	N	N	C	N	Yes	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
51367		WHITE SANDWICH	Yes	Yes	Yes	N	N	N	N	N	N	N	N
51368		MALTED SANDWICH BREAD	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50987		PRAWN COCKTAIL DRESSING	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51346		COLD WATER PRAWNS IQF250/350 4X2.	Data Unavailable										
51246		WHITE DEMI BAGUETTE	Yes	Yes	Yes	N	N	N	N	N	C	C	C
		PRAWN SW BAG	Data Unavailable										

47177	HAM SW BAG	LARDERFRESH SUNFLOWER SPREAD 1	Yes	No	N	N	N	C	N	Yes	N	N	N
47808		WILTSHIRE HAM	No	No	N	N	N	N	N	Yes	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
51367		WHITE SANDWICH	Yes	Yes	Yes	N	N	N	N	N	N	N	N
51368		MALTED SANDWICH BREAD	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
51246		WHITE DEMI BAGUETTE	Yes	Yes	Yes	N	N	N	N	N	C	C	C
		HAM SW BAG	No	No	Yes	N	N	C	N	Yes	Yes	C	C

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
47182	CHEESE N TOM SW BAG	UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
47177		LARDERFRESH SUNFLOWER SPREAD 1	Yes	No	N	N	N	C	N	Yes	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
51367		WHITE SANDWICH	Yes	Yes	Yes	N	N	N	N	N	N	N	N
51368		MALTED SANDWICH BREAD	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
51246		WHITE DEMI BAGUETTE	Yes	Yes	Yes	N	N	N	N	N	C	C	C
		CHEESE N TOM SW BAG	Yes	No	Yes	N	N	Yes	N	Yes	Yes	C	C

47182	CHEESE N HAM SW BAG	UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
47177		LARDERFRESH SUNFLOWER SPREAD 1	Yes	No	N	N	N	C	N	Yes	N	N	N
47808		WILTSHIRE HAM	No	No	N	N	N	N	N	Yes	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
51367		WHITE SANDWICH	Yes	Yes	Yes	N	N	N	N	N	N	N	N
51368		MALTED SANDWICH BREAD	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
51246		WHITE DEMI BAGUETTE	Yes	Yes	Yes	N	N	N	N	N	C	C	C
		CHEESE N HAM SW BAG	No	No	Yes	N	N	Yes	N	Yes	Yes	C	C

48664	CHIPS 8OZ SUB	CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		CHIPS 8OZ SUB	Yes	Yes	N	N	N	N	N	N	N	N	N

48867	COLESLAW GARNISH SUB	COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
		COLESLAW GARNISH SUB	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N

50952	SOUP SIDE	CREAMY SPRING VEGETABLE SOUP	Yes	No	N	N	N	Yes	N	Yes	Yes	C	C
51365		DICED TOMATO & BASIL SOUP	Yes	No	N	N	N	Yes	N	Yes	Yes	C	C
51365		WHITE ONION & APPLE SOUP	Yes	No	N	N	N	Yes	N	Yes	C	C	C
51365		SPINACH & WATERCRESS SOUP	Yes	No	Yes	N	N	Yes	N	Yes	Yes	C	C

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
-------	------------	-------------	--------------------------	---------------------	----------------	------------------------------	----------------------------	------------------------------	-----------------------------------	-------------------	----------------------------------------------------------------	--------------------------------------------------	-------------------------------------

Hot Filled Sandwiches & Baguettes

42876	CHICKEN CLUB SW	BACK BACON	No	No	N	N	N	N	N	Yes	N	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
47177		LARDERFRESH SUNFLOWER SPREAD 1	Yes	No	N	N	N	C	N	Yes	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
51367		WHITE SANDWICH	Yes	Yes	Yes	N	N	N	N	N	N	N	N
51368		MALTED SANDWICH BREAD	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		CHICKEN CLUB SW	No	No	Yes	Yes	Yes	C	N	Yes	Yes	C	C

43908	BBQ CHICK BAG	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
47177		LARDERFRESH SUNFLOWER SPREAD 1	Yes	No	N	N	N	C	N	Yes	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
50456		BBQ SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
51246		WHITE DEMI BAGUETTE	Yes	Yes	Yes	N	N	N	N	N	C	C	C
		BBQ CHICK BAG	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
43908	STEAK BAG ONION	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
47177		LARDERFRESH SUNFLOWER SPREAD 1	Yes	No	N	N	N	C	N	Yes	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50891		BLACKENED TOPSIDE	No	No	N	N	N	N	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
51246		WHITE DEMI BAGUETTE	Yes	Yes	Yes	N	N	N	N	N	C	C	C
		STEAK BAG ONION	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C

47177	SAUSAGE ONION BAG	LARDERFRESH SUNFLOWER SPREAD 1	Yes	No	N	N	N	C	N	Yes	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51006		PREMIUM PORK SAUSAGE	No	No	Yes	N	N	N	N	Yes	N	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
51246		WHITE DEMI BAGUETTE	Yes	Yes	Yes	N	N	N	N	N	C	C	C
		SAUSAGE ONION BAG	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
-------	------------	-------------	--------------------------	---------------------	----------------	------------------------------	----------------------------	------------------------------	-----------------------------------	-------------------	----------------------------------------------------------------	--------------------------------------------------	-------------------------------------

Jacket Potatoes

46461	JKT PRAWN	LEMONS 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
50987		PRAWN COCKTAIL DRESSING	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
51285		JACKET POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
51346		COLD WATER PRAWNS IQF250/350 4X2.	Data Unavailable										
		JKT PRAWN	Data Unavailable										

42876	JKT CHEESE N BACON	BACK BACON	No	No	N	N	N	N	N	Yes	N	N	N
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
51285		JACKET POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
		JKT CHEESE N BACON	No	No	N	Yes	Yes	Yes	N	Yes	Yes	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
-------	------------	-------------	--------------------------	---------------------	----------------	------------------------------	----------------------------	------------------------------	-----------------------------------	-------------------	----------------------------------------------------------------	--------------------------------------------------	-------------------------------------

28823	JKT CHS N BEANS	BAKED BEANS	Yes	Yes	N	N	N	N	N	N	N	N	N
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
51285		JACKET POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
		JKT CHS N BEANS	Yes	No	N	Yes	Yes	Yes	N	Yes	Yes	N	N

47182	JKT CHEESE	UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
51285		JACKET POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
		JKT CHEESE	Yes	No	N	Yes	Yes	Yes	N	Yes	Yes	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
28823	JKT BEANS	BAKED BEANS	Yes	Yes	N	N	N	N	N	N	N	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
51285		JACKET POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
		JKT BEANS	Yes	No	N	Yes	Yes	Yes	N	Yes	Yes	N	N

48584	JKT CHILLI	FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50950		BEEF CHILLI	No	No	N	N	N	N	N	Yes	C	N	C
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
51285		JACKET POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
		JKT CHILLI	No	No	N	Yes	Yes	Yes	N	Yes	Yes	N	C

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
48532	JKT VEG CHILLI	QUORN CHILLI	Yes	No	Yes	Yes	Yes	Yes	N	C	Yes	N	N
48584		FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48867		COLESLAW WITH ONION	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX	Yes	Yes	N	N	N	N	N	N	N	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51071		SALTED DAIRY BUTTER	Yes	No	N	N	N	Yes	N	N	N	N	N
51285		JACKET POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
		JKT VEG CHILLI	Yes	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N

15549	CONDIMENTS SUB	VINEGAR MALT	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50887		WHOLE BLACK PEPPER	Yes	Yes	N	N	N	N	N	N	N	N	N
45889		ENGLISH MUSTARD	Yes	No	Yes	C	C	C	N	C	Yes	N	N
48046		TABLE SALT	Yes	Yes	N	N	N	N	N	N	N	N	N
48060		HP BROWN SAUCE	Yes	Yes	Yes	N	N	N	N	N	N	N	N
48873		FRENCH MUSTARD	Yes	Yes	Yes	N	N	N	N	Yes	Yes	N	N
50360		TOMATO KETCHUP	Yes	Yes	N	N	N	N	N	N	Yes	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N

Key & interpreting the data

Allergy data detailed in the table has been derived from specifications obtained from the suppliers of the products.

Allergy data for condiments (pepper, salt, etc.) which you may add to your food, are listed at the bottom of the table (i.e. not with the

NB the staff need to be informed of your allergy every time you dine with us even if you have eaten the dish before so that every precaution can be taken in our kitchen to prevent cross contamination.

'N' means that the allergen is not part of the product as it is delivered by the supplier .

'Yes' in a column entitled 'allergen(s) (e.g. gluten) present' indicates that the product contains that allergen & is, therefore, not suitable for you if you suffer from this allergy.

'C' means that this allergen is present in the manufacturing site/factory/supply chain & our suppliers believe there is a significant risk that this allergen could cross-contaminate the food.

The 'Yes'/'No' in the column entitled 'suitable for vegans'/'suitable for vegetarians' details information supplied by the product manufacturer. Our kitchens have limited space and as such we cannot always preserve the vegetarian status of a meal. For example we only have one fryer for breaded products and so breaded vegetable products cannot be considered vegetarian.

'Data unavailable' is where ingredient detail for the item/dish is currently unavailable from the supplier & will be added onto the table upon obtaining it. Or because it is bought at local level in-house.

Gluten is a protein component of wheat, rye, barley & oats. If you are intolerant to gluten then please consult the 'gluten present'

Additives are artificial antioxidants, colours, flavourings, preservatives, sweeteners, flavour-enhancers & sulphites.

The Treenut column indicates the presence of the following; almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their respective derivatives.

NB: We have taken all reasonable steps to ensure that this table is accurate. However, we cannot guarantee that the product is '100% free from' that component because of the risk of unexpected cross-contamination. Your statutory rights are not affected.

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
-------	------------	-------------	--------------------------	---------------------	----------------	------------------------------	----------------------------	------------------------------	-----------------------------------	-------------------	----------------------------------------------------------------	--------------------------------------------------	-------------------------------------

Starters

50974	GARLIC BREAD	GARLIC SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
-------	--------------	---------------	-----	-----	-----	---	---	---	---	---	---	---	---

Mains

28823	CHARGRILLED BURGER	BAKED BEANS	Yes	Yes	N	N	N	N	N	N	N	N	N
38225		SWEETCORN COBS MINI	Yes	Yes	N	N	N	N	N	N	N	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50507		FLOURED BAP	Yes	Yes	Yes	Yes	N	N	N	N	C	N	N
50838		BEEF BURGER	No	No	Yes	N	N	N	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		CHARGRILLED BURGER	No	No	Yes	Yes	N	N	N	N	C	N	N

28823	CHEESE BURGER	BAKED BEANS	Yes	Yes	N	N	N	N	N	N	N	N	N
38225		SWEETCORN COBS MINI	Yes	Yes	N	N	N	N	N	N	N	N	N
43908		WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50507		FLOURED BAP	Yes	Yes	Yes	Yes	N	N	N	N	C	N	N
50838		BEEF BURGER	No	No	Yes	N	N	N	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		CHEESE BURGER	No	No	Yes	Yes	N	Yes	N	N	C	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
28823	SAUS N MASH	BAKED BEANS	Yes	Yes	N	N	N	N	N	N	N	N	N
38225		SWEETCORN COBS MINI	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
50694		ROAST GRAVY	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
50541		Pork and bacon Chipolata	No	No	Yes	Yes	N	N	N	Yes	N	N	N
51094		MASHED POTATO	Yes	No	C	N	N	Yes	N	N	N	N	N
51148		INDIVIDUAL YORKSHIRE PUDDINGS	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
		SAUS N MASH	No	No	Yes	Yes	Yes	Yes	N	Yes	Yes	C	C

28823	CHICKEN NUGGETS	BAKED BEANS	Yes	Yes	N	N	N	N	N	N	N	N	N
38225		SWEETCORN COBS MINI	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50091		BATTERED CHICKEN BITES	No	No	Yes	N	N	Yes	N	N	N	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
		CHICKEN NUGGETS	No	No	Yes	N	N	Yes	N	N	N	N	N

28823	FISH N CHIPS	BAKED BEANS	Yes	Yes	N	N	N	N	N	N	N	N	N
38225		SWEETCORN COBS MINI	Yes	Yes	N	N	N	N	N	N	N	N	N
43825		FISH BATTER - MCDOUGALLS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50708		PLAIN FLOUR 8X1.5KG	Data Unavailable										
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48699		PANGA	No	No	N	N	N	N	Yes	N	N	N	N
		FISH N CHIPS	Data Unavailable										

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
46693	PENNE PASTA	KIDS PENNE PASTA 24X200G	Yes	Yes	Yes	N	N	N	N	N	C	N	C
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
50974		GARLIC SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
		PENNE PASTA	Yes	No	Yes	N	N	Yes	N	N	C	N	C

43908	CHICKEN DINNER	WESSON GREEN	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
46451		CHICKEN BREAST FILLETS	No	No	C	C	C	C	N	C	C	C	C
50368		CHEFS CLASSIC ROAST POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
50694		ROAST GRAVY	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
51094		MASHED POTATO	Yes	No	C	N	N	Yes	N	N	N	N	N
51148		INDIVIDUAL YORKSHIRE PUDDINGS	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
		CHICKEN DINNER	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C

45674	BEEF N ONION PIE	A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
50389		MINCED BEEF & ONION MINI PIE	No	No	Yes	C	C	C	N	N	C	N	N
50694		ROAST GRAVY	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
51094		MASHED POTATO	Yes	No	C	N	N	Yes	N	N	N	N	N
		BEEF N ONION PIE	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C

47182	PIZZA	UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
49118		PIZZA SLIPPER	Yes	Yes	Yes	N	N	N	N	N	N	N	N
		PIZZA	Yes	No	Yes	N	N	Yes	N	N	N	N	N

47808	PIZZA TOP HAM SUB	WILTSHIRE HAM	No	No	N	N	N	N	N	Yes	N	N	N
51019	PIZZA TOP PINEAPP SUB	PINEAPPLE IN JUICE	Yes	Yes	N	N	N	N	N	N	N	N	N
42876	PIZZA TOP BACON SUB	BACK BACON	No	No	N	N	N	N	N	Yes	N	N	N
48916	PIZZA TOP MUSHRM SUB	MUSHROOM CUP	Yes	Yes	N	N	N	N	N	N	C	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
-------	------------	-------------	--------------------------	---------------------	----------------	------------------------------	----------------------------	------------------------------	-----------------------------------	-------------------	----------------------------------------------------------------	--------------------------------------------------	-------------------------------------

47182	SPAGHETTI BOL	UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
48720		KIDS SPAG BOL REDUCED	No	No	Yes	N	N	N	N	N	Yes	N	C
50974		GARLIC SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
		SPAGHETTI BOL	No	No	Yes	N	N	Yes	N	N	Yes	N	C

45674	ROAST PORK	A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
50367		PORK LOIN ROAST	No	No	N	N	N	N	N	Yes	N	N	N
50368		CHEFS CLASSIC ROAST POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
50694		ROAST GRAVY	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
51094		MASHED POTATO	Yes	No	C	N	N	Yes	N	N	N	N	N
51148		INDIVIDUAL YORKSHIRE PUDDINGS	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
		ROAST PORK	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C

45674	ROAST BEEF	A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
50890		TOPSIDE ROASTING JOINT	No	No	N	N	N	N	N	N	N	N	N
50368		CHEFS CLASSIC ROAST POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
50694		ROAST GRAVY	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
51094		MASHED POTATO	Yes	No	C	N	N	Yes	N	N	N	N	N
51148		INDIVIDUAL YORKSHIRE PUDDINGS	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
		ROAST BEEF	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
-------	------------	-------------	--------------------------	---------------------	----------------	------------------------------	----------------------------	------------------------------	-----------------------------------	-------------------	----------------------------------------------------------------	--------------------------------------------------	-------------------------------------

45674	ROAST TURKEY	A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
50368		CHEFS CLASSIC ROAST POTATOES	Yes	Yes	N	N	N	N	N	N	N	N	N
50546		BUTTERFLIED ROAST TURKEY	No	No	C	N	N	N	N	N	N	N	N
50694		ROAST GRAVY	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
51094		MASHED POTATO	Yes	No	C	N	N	Yes	N	N	N	N	N
51148		INDIVIDUAL YORKSHIRE PUDDINGS	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
		ROAST TURKEY	No	No	Yes	C	Yes	Yes	N	Yes	Yes	C	C

15549	CONDIMENTS SUB	VINEGAR MALT	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50887		WHOLE BLACK PEPPER	Yes	Yes	N	N	N	N	N	N	N	N	N
45889		ENGLISH MUSTARD	Yes	No	Yes	C	C	C	N	C	Yes	N	N
48046		TABLE SALT	Yes	Yes	N	N	N	N	N	N	N	N	N
48060		HP BROWN SAUCE	Yes	Yes	Yes	N	N	N	N	N	N	N	N
48873		FRENCH MUSTARD	Yes	Yes	Yes	N	N	N	N	Yes	Yes	N	N
50360		TOMATO KETCHUP	Yes	Yes	N	N	N	N	N	N	Yes	N	N
50984		REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
-------	------------	-------------	--------------------------	---------------------	----------------	------------------------------	----------------------------	------------------------------	-----------------------------------	-------------------	----------------------------------------------------------------	--------------------------------------------------	-------------------------------------

Desserts

46567	CHOC INDULGE	CHOC FLAVOUR FUDGE SAUCE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
50414		CHOCOLATE SUNDAE SPRINKLE	Yes	No	Yes	Yes	C	Yes	N	Yes	C	C	C
51028		CHOCOLATE ICE CREAM	Yes	No	N	Yes	N	Yes	N	Yes	N	N	N
51074		AEROSOL CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
51124		CHOCOLATE BROWNIE	Yes	No	Yes	N	Yes	Yes	N	Yes	N	C	C
60233		MARSHMALLOWS	No	No	Yes	N	N	N	N	N	N	N	N
		CHOC INDULGE	No	No	Yes	Yes	Yes	Yes	N	Yes	C	C	C

46567	BROWNIE KID	CHOC FLAVOUR FUDGE SAUCE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
51028		CHOCOLATE ICE CREAM	Yes	No	N	Yes	N	Yes	N	Yes	N	N	N
51030		VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	Yes	N	N	N
51124		CHOCOLATE BROWNIE	Yes	No	Yes	N	Yes	Yes	N	Yes	N	C	C
		BROWNIE KID	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	C	C

49120	JELLY N ICE CREAM	STRAWBERRY JELLY	No	No	N	N	N	N	N	Yes	N	N	N
51029		STRAWBERRY ICE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
51030		VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	Yes	N	N	N
		JELLY N ICE CREAM	No	No	N	N	N	Yes	N	Yes	N	N	N

46567	CRUNCHIE SUNDAE	CHOC FLAVOUR FUDGE SAUCE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
50414		CHOCOLATE SUNDAE SPRINKLE	Yes	No	Yes	Yes	C	Yes	N	Yes	C	C	C
51030		VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	Yes	N	N	N
		CRUNCHIE SUNDAE	Yes	No	Yes	Yes	C	Yes	N	Yes	C	C	C

WCode	RecipeName	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
26109	ICE CREAM SUNDAE	STRAWB SAUCE	No	No	N	N	N	N	N	Yes	N	N	N
42756		POMPADOUR FAN WAFERS	Yes	No	Yes	Yes	N	Yes	N	N	N	N	N
46567		CHOC FLAVOUR FUDGE SAUCE	Yes	No	N	N	N	Yes	N	Yes	N	N	N
48190		TOFFEE FUDGE DESSERT SAUCE	Yes	No	N	Yes	N	Yes	N	Yes	N	N	N
51028		CHOCOLATE ICE CREAM	Yes	No	N	Yes	N	Yes	N	Yes	N	N	N
51029		STRAWBERRY ICE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
51030		VANILLA ICE CREAM	Yes	No	N	N	N	Yes	N	Yes	N	N	N
		ICE CREAM SUNDAE	No	No	Yes	Yes	N	Yes	N	Yes	N	N	N

Kids Party

38225	KID PARTY BUFFET	SWEETCORN COBS MINI	Yes	Yes	N	N	N	N	N	N	N	N	N
43825		FISH BATTER - MCDUGALLS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
47182		UNIT MATURE GRATED CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
47177		LARDERFRESH SUNFLOWER SPREAD 100	Yes	No	N	N	N	C	N	Yes	N	N	N
47808		WILTSHIRE HAM	No	No	N	N	N	N	N	Yes	N	N	N
48664		CRITERION LONG LIFE OIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50842		CELEBRATION CAKE	Yes	No	Yes	N	Yes	Yes	N	Yes	N	N	C
50088		TOMATOES M	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
50091		BATTERED CHICKEN BITES	No	No	Yes	N	N	Yes	N	N	N	N	N
50507		FLOURED BAP	Yes	Yes	Yes	Yes	N	N	N	N	C	N	N
51093		TRADITIONAL CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
48699		PANGA	No	No	N	N	N	N	Yes	N	N	N	N
50497	FRUIT SALAD PARTY	FRESH FRUIT SALAD	Yes	Yes	N	N	N	N	N	N	N	N	N

Key & interpreting the data

Allergy data detailed in the table has been derived from specifications obtained from the suppliers of the products.

Allergy data for condiments (pepper, salt, etc.) which you may add to your food, are listed at the bottom of the table (i.e. not with the dish).

NB the staff need to be informed of your allergy every time you dine with us even if you have eaten the dish before so that every precaution can be taken in our kitchen to prevent cross contamination.

'N' means that the allergen is not part of the product as it is delivered by the supplier .

'Yes' in a column entitled 'allergen(s) (e.g. gluten) present' indicates that the product contains that allergen & is, therefore, not suitable for you if you suffer from this allergy.

'C' means that this allergen is present in the manufacturing site/factory/supply chain & our suppliers believe there is a significant risk that this allergen could cross-contaminate the food.

The 'Yes'/No' in the column entitled 'suitable for vegans'/'suitable for vegetarians' details information supplied by the product manufacturer. Our kitchens have limited space and as such we cannot always preserve the vegetarian status of a meal. For example we only have one fryer for breaded products and so breaded vegetable products cannot be considered vegetarian.

'Data unavailable' is where ingredient detail for the item/dish is currently unavailable from the supplier & will be added onto the table upon obtaining it. Or because it is bought at local level in-house.

Gluten is a protein component of wheat, rye, barley & oats. If you are intolerant to gluten then please consult the 'gluten present' column.

Additives are artificial antioxidants, colours, flavourings, preservatives, sweeteners, flavour-enhancers & sulphites.

The Treenut column indicates the presence of the following; almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their respective derivatives.

NB: We have taken all reasonable steps to ensure that this table is accurate. However, we cannot guarantee that the product is '100% free from' that component because of the risk of unexpected cross-contamination. Your statutory rights are not affected.

WCode	Description	Calculate Dish Totals	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
48584	BRD CAMEMBERT	FRENCH DRESSING 2X2.27LTR	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48664		CRITERION LONG LIFE OIL 15LTR PAIL	Yes	Yes	N	N	N	N	N	N	N	N	N
50088		TOMATOES M 1X6KG	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX 5X400G	Yes	Yes	N	N	N	N	N	N	N	N	N
51639		BREADED CAMEMBERT 1X100	Yes	No	Yes	Yes	N	Yes	N	N	N	N	N
51202		DRUNKEN CRANBERRIES 12X500G	Yes	No	C	C	C	Yes	N	Yes	C	N	N
	Per Portion		Yes	No	Yes	Yes	C	Yes	N	Yes	Yes	N	N

Mains

43908	WALNUT SQSH TART	WESSON GREEN 4 X 5 LITRE	Yes	Yes	N	N	N	N	N	N	N	N	N
47925		MARIS PEER 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
48260		BROCCOLI PART PREP 1X5KG	Yes	Yes	N	N	N	N	N	N	N	N	N
48520		CARROT PREPARED 2X1KG!	Yes	Yes	N	N	N	N	N	N	N	N	N
48641		GARLIC AND PARSLEY SPREAD BLEND 4X1K	Yes	No	N	N	N	Yes	N	N	N	N	N
50509		GRAVY VEGETARIAN 1X60	Yes	No	Yes	C	C	Yes	N	Yes	Yes	N	N
51555		BUTTERNUT SQUASH & WALNUT TART 12X2G	Yes	No	Yes	N	N	Yes	N	N	N	N	Yes
	Per Portion		Yes	No	Yes	C	C	Yes	N	Yes	Yes	N	Yes

44975	SMKD SALMON PRWN SLD	PEPPERS RED!	Yes	Yes	N	N	N	N	N	N	C	N	N
48584		FRENCH DRESSING 2X2.27LTR	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48690		COOKED & PEELED PRAWNS 80/120 6X2KG	No	No	N	N	N	N	Yes	N	N	N	N
48919		ONIONS RED 1X10KG!	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M 1X6KG	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBER CAT II 1X5KG!	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX 5X400G	Yes	Yes	N	N	N	N	N	N	N	N	N
50987		PRAWN COCKTAIL SAUCE 1X2.5KG	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
51419		LEMON1X15KG!	Yes	Yes	N	N	N	N	N	N	C	N	N
51571		SMOKED SCOTTISH SALMON 12X240G	No	No	N	N	N	N	Yes	N	N	N	N
	Per Portion		No	No	N	Yes	Yes	N	Yes	Yes	Yes	N	N

42876	CHICK WRAPPED BAC	SELECT BACK BACON 4 X 2.26KG	No	No	N	N	N	N	N	Yes	N	N	N
43908		WESSON GREEN 4 X 5 LITRE	Yes	Yes	N	N	N	N	N	N	N	N	N
44556		CARROT 1X2KG	Yes	Yes	N	N	N	N	N	N	C	N	N
46451		CHICKEN BREAST FILLETS 40X185G	No	No	C	C	C	C	N	C	C	C	C
47925		MARIS PEER 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
48260		BROCCOLI PART PREP 1X5KG	Yes	Yes	N	N	N	N	N	N	N	N	N
48656		CREAMERY SALTED BUTTER 40X250G	Yes	No	N	N	N	Yes	N	N	N	N	N
49022		CREAMY PESTO SAUCE 24X150G	Yes	No	C	C	C	Yes	N	Yes	Yes	N	N
	Per Portion		No	No	C	C	C	Yes	N	Yes	Yes	C	C

WCode	Description	Calculate Dish Totals	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
43908	SALMON WATERCRESS	WESSON GREEN 4 X 5 LITRE	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
46307		SALMON TAILS 30X160-190G	No	No	N	N	N	N	Yes	N	N	N	N
48656		CREAMERY SALTED BUTTER 40X250G	Yes	No	N	N	N	Yes	N	N	N	N	N
49105		WATERCRESS CREME FRAICHE 60X75G	Yes	No	Yes	N	N	Yes	N	Yes	Yes	N	N
51285		POTATOES JACKET 25KG	Yes	Yes	N	N	N	N	N	N	N	N	N
51419		LEMON1X15KG!	Yes	Yes	N	N	N	N	N	N	C	N	N
	Per Portion		No	No	Yes	N	N	Yes	Yes	Yes	Yes	N	N
Alternative sauce-													
48111	BEARNAISE SAUCE	60X60G BERNAISE SAUCE	Yes	No	C	Yes	Yes	Yes	N	Yes	C	N	N
43908	BALMORAL CHICKEN	WESSON GREEN 4 X 5 LITRE	Yes	Yes	N	N	N	N	N	N	N	N	N
46451		CHICKEN BREAST FILLETS 40X185G	No	No	C	C	C	C	N	C	C	C	C
47925		MARIS PEER 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
48260		BROCCOLI PART PREP 1X5KG	Yes	Yes	N	N	N	N	N	N	N	N	N
48520		CARROT PREPARED 2X1KG!	Yes	Yes	N	N	N	N	N	N	N	N	N
48656		CREAMERY SALTED BUTTER 40X250G	Yes	No	N	N	N	Yes	N	N	N	N	N
51107		WHISKEY SAUCE 60X75G	No	No	C	C	C	Yes	N	Yes	Yes	C	N
51121		HAGGIS 8X907G	No	No	Yes	N	N	N	N	N	N	C	C
	Per Portion		No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
47925	STEAK PIE	MARIS PEER 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
48260		BROCCOLI PART PREP 1X5KG	Yes	Yes	N	N	N	N	N	N	N	N	N
50912		SEMI SKIM MILK 4 X 2L!	Yes	No	N	N	N	Yes	N	N	N	N	N
48520		CARROT PREPARED 2X1KG!	Yes	Yes	N	N	N	N	N	N	N	N	N
48656		CREAMERY SALTED BUTTER 40X250G	Yes	No	N	N	N	Yes	N	N	N	N	N
51108		BEEF GRAVY PIE FILLING 36X300G	No	No	Yes	C	C	Yes	N	Yes	Yes	C	N
51231		PUFF PASTRY SHEET 1X16	Yes	No	Yes	N	N	N	N	Yes	N	N	N
	Per Portion		No	No	Yes	C	C	Yes	N	Yes	Yes	C	N
43908	LEMON SOLE	WESSON GREEN 4 X 5 LITRE	Yes	Yes	N	N	N	N	N	N	N	N	N
45674		A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
47925		MARIS PEER 1X10KG	Yes	Yes	N	N	N	N	N	N	C	N	N
48260		BROCCOLI PART PREP 1X5KG	Yes	Yes	N	N	N	N	N	N	N	N	N
48656		CREAMERY SALTED BUTTER 40X250G	Yes	No	N	N	N	Yes	N	N	N	N	N
48656		CREAMERY SALTED BUTTER 40X250G	Yes	No	N	N	N	Yes	N	N	N	N	N
50659		LEMON SOLE HEADED 20X200-250G	No	No	N	N	N	N	Yes	N	N	N	N
51419		LEMON1X15KG!	Yes	Yes	N	N	N	N	N	N	C	N	N
	Per Portion		No	No	N	N	N	Yes	Yes	N	C	N	N

WCode	Description	Calculate Dish Totals	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
48584	STILTON N BROCCOLI TART	FRENCH DRESSING 2X2.27LTR	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48656		CREAMERY SALTED BUTTER 40X250G	Yes	No	N	N	N	Yes	N	N	N	N	N
48664		CRITERION LONG LIFE OIL 15LTR PAIL	Yes	Yes	N	N	N	N	N	N	N	N	N
48919		ONIONS RED 1X10KG!	Yes	Yes	N	N	N	N	N	N	C	N	N
50088		TOMATOES M 1X6KG	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBER CAT II 1X5KG!	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX 5X400G	Yes	Yes	N	N	N	N	N	N	N	N	N
51093		CHIPS 9/16 6X2.5KG	Yes	Yes	N	N	N	N	N	N	N	N	N
51285		POTATOES JACKET 25KG	Yes	Yes	N	N	N	N	N	N	N	N	N
51432		STILTON N BROCCOLI TART 18X240G	Yes	No	Yes	N	N	Yes	N	N	N	N	N
	Per Portion		Yes	No	Yes	N	N	Yes	N	Yes	Yes	N	N
44975	SMKD MACKEREL SALAD	PEPPERS RED!	Yes	Yes	N	N	N	N	N	N	C	N	N
47480		HORSERADISH SAUCE 6X1.1LITRE	Yes	No	N	N	Yes	N	N	Yes	Yes	N	N
48584		FRENCH DRESSING 2X2.27LTR	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
50088		TOMATOES M 1X6KG	Yes	Yes	N	N	N	N	N	N	C	N	N
50089		CUCUMBER CAT II 1X5KG!	Yes	Yes	N	N	N	N	N	N	C	N	N
50132		SALAD SEASONAL MIX 5X400G	Yes	Yes	N	N	N	N	N	N	N	N	N
51047		SOURD CREAM REDUCED FAT 1X1KG	Yes	No	N	N	N	Yes	N	N	N	N	N
51412		PEPPERED MACKEREL FILLETS 1X3.175KG	No	No	N	N	N	N	Yes	N	N	N	N
51419		LEMON1X15KG!	Yes	Yes	N	N	N	N	N	N	C	N	N
51421		ONION RED 1X5KG!	Yes	Yes	N	N	N	N	N	N	C	N	N
	Per Portion		No	No	N	N	Yes	Yes	Yes	Yes	Yes	N	N
45674	FISH PIE	A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
48656		CREAMERY SALTED BUTTER 40X250G	Yes	No	N	N	N	Yes	N	N	N	N	N
51094		MASH POTATO 4X2.5KG	Yes	No	C	N	N	Yes	N	N	N	N	N
51368		MALTED BROWN SANDWICH BREAD 10X800G	Yes	Yes	Yes	N	N	N	N	N	N	N	N
51446		MATURE GRATED CHEDDAR 10X1KG	Yes	No	N	N	N	Yes	N	N	N	N	N
51543		FISH PIE FILLING 36X275G	No	No	Yes	C	C	Yes	Yes	Yes	Yes	N	N
	Per Portion		No	No	Yes	C	C	Yes	Yes	Yes	Yes	N	N
15549	Condiments	C&B MALT VINEGAR _2X5LT_	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50887		PEPPER BLACK CRACKED _UNIT_	Yes	Yes	N	N	N	N	N	N	N	N	N
45889		ENGLISH MUSTARD 2 X 2.5L	Yes	No	Yes	N	N	N	N	N	Yes	N	N
48046		TABLE SALT 2X6KG	Yes	Yes	N	N	N	N	N	N	N	N	N
48053		GROUND WHITE PEPPER 1X600G	Yes	Yes	N	N	N	N	N	N	N	N	N
48873		FRENCH MUSTARD 2X2.27LTR	Yes	Yes	Yes	N	N	N	N	Yes	Yes	N	N
50360		TOMATO KETCHUP 2X4.6KG	Yes	Yes	N	N	N	N	N	N	Yes	N	N
50984		RED CAL MAYONNAISE 1X2.5KG	Yes	No	N	N	Yes	N	N	Yes	Yes	N	N
51544		HP BROWN SAUCE 2X2.3KG	Yes	Yes	Yes	N	N	N	N	N	N	N	N

WCode	Description	Calculate Dish Totals	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
-------	-------------	-----------------------	--------------------------	---------------------	----------------	------------------------------	----------------------------	------------------------------	-----------------------------------	-------------------	----------------------------------------------------------------	--------------------------------------------------	-------------------------------------

Desserts

51553	MINCE PIE ICE CRM	MINCE PIE ICECREAM 3X5L	Yes	No	Yes	Yes	N	Yes	N	Yes	N	N	N
43917	RASPBERRY CRANACH	ICING SUGAR 10 X 500G	Yes	No	N	N	C	N	N	N	N	N	N
47236		RASPBERRY SAUCE TOPPING 1X500G	Yes	Yes	N	N	N	N	N	YES	N	N	N
51431		RASPBERRY MERINGUE 12X100G	Yes	No	Yes	N	Yes	Yes	N	N	N	N	Yes
	Per Portion		Yes	No	Yes	N	Yes	Yes	N	Yes	N	N	Yes
44336	CHOC N BANANA TRIFLE	BANANA 1X1.5KG I	Yes	Yes	N	N	N	N	N	N	C	N	N
50414		CHOCOLATE SUNDAE SPRINKLE 2X4KG	Yes	No	Yes	Yes	C	Yes	N	Yes	C	C	C
51090		CUSTARD READY TO SERVE 12X1KG	Yes	No	N	N	N	Yes	N	N	N	N	N
51556		YULE LOG 2X12PTN	Yes	No	Yes	Yes	Yes	Yes	N	N	N	C	C
51620		DAIRY AEROSOLCASE MILLAC CREAM9X500G	Yes	No	N	N	N	Yes	N	N	N	N	N
	Per Portion		Yes	No	Yes	Yes	Yes	Yes	N	Yes	C	C	C
47236	WAFFLES MULLED FRUIT	RASPBERRY SAUCE TOPPING 1X500G	Yes	Yes	N	N	N	N	N	YES	N	N	N
48554		MULLED WINE FRUIT COMP 6X500G	Yes	No	C	C	C	C	N	Yes	N	N	C
50980		BELGIAN PLAIN WAFFLES 40X90G	Yes	No	Yes	Yes	Yes	N	N	Yes	N	N	N
51030		VANILLA FLAVOURED ICE CREAM 6X4L	Yes	No	N	N	N	Yes	N	Yes	N	N	N
	Per Portion		Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	N	C
42756	MULLED FRUIT SUNDAE	POMPADOUR FAN WAFER	Yes	No	Yes	Yes	N	Yes	N	N	N	N	N
47236		RASPBERRY SAUCE TOPPING 1X500G	Yes	Yes	N	N	N	N	N	YES	N	N	N
48554		MULLED WINE FRUIT COMP 6X500G	Yes	No	C	C	C	C	N	Yes	N	N	C
51030		VANILLA FLAVOURED ICE CREAM 6X4L	Yes	No	N	N	N	Yes	N	Yes	N	N	N
51620		DAIRY AEROSOLCASE MILLAC CREAM9X500G	Yes	No	N	N	N	Yes	N	N	N	N	N
	Per Portion		Yes	No	Yes	Yes	C	Yes	N	Yes	N	N	C
26108	CHOC MERINGUE	CHOC SAUCE 12X500G	Yes	Yes	N	N	N	N	N	Yes	N	N	N
51528		CHOCOLATE MERINGUE 1X12	Yes	No	N	Yes	Yes	Yes	N	N	N	N	N
	Per Portion		Yes	No	N	Yes	Yes	Yes	N	Yes	N	N	N

BREWER'S FAYRE MAIN MENU

The Food Standards Agency Guidelines for daily intake for the various components that go to make up the nutrition data are given below. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person.

GDAs	Energy	Protein	Carbohydrate	Sugar	Fat	Saturates	Salt
	kCal	g	g	g	g	g	g
Men	2500	55	300	120	95	30	6
Women	2000	45	230	90	70	20	6

At present the FSA is primarily targeting reduction of saturated fat and salt intake.

The figures given below give the nutrition values for each complete dish as listed on the menu. Dishes are divided into the courses and the order on the menu and where choices are available they are given at the start of each section. Figures are typical for that dish and may vary slightly.

STARTERS

Breaded Butterfly Prawns	291	7.9	17.6	1.5	13.2	3.4	1.2
Breaded Camembert Bites	425	18.9	33.0	12.6	30.4	18.7	1.9
Chicken Goujons	268	16.1	30.0	12.0	9.3	2.4	0.8
Chicken Liver Pate	521	10.4	34.9	4.9	37.1	16.9	1.9
Combo Feast (Ideal for 2 people)	1438	58.7	114.7	30.4	82.2	22.3	5.3
Garlic & Herb Breaded Mushrooms	430	5.9	34.6	3.6	29.8	5.0	1.2
Potato Shells with Cheese	280	16.8	7.2	1.5	20.4	11.8	1.2
Potato Shells with Cheese & Bacon	408	29.4	7.6	1.9	28.8	15.2	3.6
Prawn Cocktail	434	17.4	28.9	6.6	27.6	12.3	2.3
Seasonal Soup (Average)	399	8.7	44.4	8.0	20.7	12.6	2.3

GRILLS

Dish	Energy	Protein	Carbohydrate	Sugar	Fat	Sat Fat	Salt
	(kCal in dish)	g in dish	g in dish	g in dish	g in dish	g in dish	g in dish
10oz* Rump Steak	1172	69.5	102.4	5.7	55.3	18.3	0.9
Add Peppercorn Sauce, don't forget to add the nutrition on too.							
Creamy Peppercorn	64	2.0	2.8	0.7	5.0	2.9	0.8
BBQ Ribs	1229	40.5	118.5	24.0	67.2	22.2	2.7
Beef Burger	1286	48.1	136.4	10.6	61.9	18.1	3.3
extra Burger	239	29.6	0.1	0.1	13.3	6.0	0.9
extra Cheese & Bacon Topping	182	16.2	0.6	0.4	12.8	6.1	2.7
Chicken Burger	1221	56.5	137.4	11.5	50.5	12.7	2.9
extra Cheese & Bacon Topping	182	16.2	0.6	0.4	12.8	6.1	2.7

Gammon Steak with Eggs	1233	72.2	103.9	5.5	60.2	16.3	3.4
Gammon Steak with Pineapple Rings	1137	58.9	124.1	26.6	47.7	14.6	3.0
Gammon Steak with one of each	1185	65.6	114.0	16.1	53.9	15.5	3.2
Mixed Grill	1695	92.1	112.5	8.0	98.8	35.4	3.7
Surf, Turf & Chicken with Peas	938	77.4	82.6	19.2	34.2	12.3	1.9
Surf, Turf & Chicken with Salad	930	75.3	80.1	19.2	34.8	12.4	2.0

* Approximate weights before cooking

PUB CLASSICS

Beef & Ale Pie	1469	41.9	144.5	9.5	80.0	30.9	3.6
Beef Lasagne	1190	38.9	130.0	22.8	54.4	25.0	4.1
Beef Stew & Cobbler	826	41.3	75.7	15.1	39.3	20.5	3.5
Chargrilled Red Pepper Pasta	749	22.6	87.2	15.7	34.5	13.3	4.0
Cheese, Onion & Tomato Quiche with Chips	996	27.9	85.6	4.8	61.2	27.3	2.4
Cheese, Onion & Tomato Quiche with Jacket	808	23.8	72.8	10.7	38.7	20.1	2.4
Chicken & Mushroom Pie	1294	37.9	141.6	8.8	64.0	25.4	2.9
Chicken Tikka Masala	883	41.4	116.8	24.2	26.4	9.1	5.0
Glazed Oven Roast Chicken with Chips	1290	80.7	100.0	8.0	64.2	18.1	2.8
Glazed Oven Roast Chicken with Jacket Potato	811	73.5	57.2	13.4	31.8	8.1	3.0

Don't forget to add the nutrition for your glaze or sauce:-

BBQ sauce	60	0.3	14.6	11.7	0.1	0.0	1.3
Piri Piri sauce	83	0.9	4.6	2.1	6.8	4.1	1.4
Lemon & Thyme sauce	76	0.6	3.6	1.9	6.6	4.1	1.2
Goan Vegetable Curry	887	21.5	122.9	23.0	32.5	2.1	4.4
Grilled Chicken & Bacon Salad	493	65.9	7.9	6.3	21.4	8.0	5.6
Liver & Onions in a Giant Yorkshire Pudding	1160	57.4	135.8	21.8	40.8	15.0	5.8
Mediterranean Vegetable Lasagne	851	24.1	84.6	6.8	45.8	15.5	2.1
Pork Chop with Chips	1031	51.3	76.9	14.8	58.2	21.7	1.3
Pork Chop with Jacket Potato	843	47.3	64.2	20.8	43.8	19.9	1.5
Sausage & Mash in a Giant Yorkshire Pudding	1319	55.7	131.0	18.5	61.5	22.8	5.0
Sausage, Egg & Chips	1174	54.5	77.7	4.7	72.6	22.5	2.0
Slow Cooked Lamb Shank	803	55.4	37.7	11.5	47.4	23.2	3.0
Smothered Chicken	1372	71.2	125.9	18.1	65.9	22.5	5.4

FISH

Breaded Scampi, Chips & Peas	1209	27.5	126.3	5.1	67.5	14.7	2.8
Breaded Scampi, Chips & Mushy Peas	1255	30.4	134.9	5.2	67.4	14.6	3.6
Ideal for 2 to share:							

Fish & Chip Shop Platter & Peas	2411	92.6	221.0	13.6	129.3	33.1	6.0
Fish & Chip Shop Platter & Mushy Peas	2457	95.6	229.6	13.6	129.2	33.0	6.8
Hand-battered Fish, Chips & Peas	1347	50.2	108.3	4.4	80.6	16.1	1.0
Hand-battered Fish, Chips & Mushy Peas	1392	53.1	116.9	4.5	80.5	16.0	1.8
Salmon & Prawn Fishcakes	897	20.9	33.6	2.8	35.9	5.1	2.2

SIDE ORDERS

Dish	Energy (kCal in dish)	Protein g in dish	Carbohydrate g in dish	Sugar g in dish	Fat g in dish	Sat Fat g in dish	Salt g in dish
Extra Feast	690	11.8	81.7	4.5	35.2	9.4	2.6
Chips	467	6.5	61.4	1.6	22.6	7.2	0.0
Garlic Bread	229	3.8	26.4	0.5	12.1	3.2	0.8
Garlic Bread with Cheese	394	14.5	27.1	0.5	25.3	11.4	1.6
Mushrooms Pan-Fried in Butter	325	4.5	7.8	0.5	30.6	14.2	0.4
Onion Ring Feast (Great for Sharing)	1152	17.6	135.0	9.7	60.1	15.1	4.7

CONDIMENTS

Values are for 100g of the condiment.

Item	Energy (kCal/100g)	Protein (g/100g)	Carbohydrate (g/100g)	Sugar (g/100g)	Fat (g/100g)	Sat Fat (g/100g)	Salt (g/100g)
Vinegar	19	0.5	0.6	0.0	0.0	0.0	0.0
Cracked Black Pepper	235	11.0	40.2	0.6	3.3	1.0	0.1
Reduced Calorie Mayonnaise	278	0.6	8.3	2.6	27.2	2.2	1.8
English Mustard	187	9.0	18.9	9.8	9.3	0.6	7.9
Salt	0	0.0	0.0	0.0	0.0	0.0	100.0
Brown Sauce	119	1.1	27.1	22.7	0.2	0.0	2.9
French Mustard	119	1.1	27.1	22.7	0.2	0.0	2.9
Tomato Ketchup	102	0.9	23.9	23.5	1.4	0.9	3.1
Horseradish Sauce	215	1.9	12.0	8.5	17.7	1.3	2.9
Mint Sauce	69	1.4	13.4	11.5	1.0	0.1	0.7
Bramley Apple Sauce	130	0.1	32.0	28.0	0.0	0.0	0.0

BREWER'S FAYRE DESSERT MENU

The Food Standards Agency Guidelines for daily intake for the various components that go to make up the nutrition data are given below. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person.

GDAs	Energy	Protein	Carbohydrate	Sugar	Fat	Saturates	Salt
	kCal	g	g	g	g	g	g
Men	2500	55	300	120	95	30	6
Women	2000	45	230	90	70	20	6

At present the FSA is primarily targeting reduction of saturated fat and salt intake.

The figures given below give the nutrition values for each complete dish as listed on the menu. Dishes are divided into the courses and the order on the menu and where choices are available they are given at the start of each section. Figures are typical for that dish and may vary slightly.

DESSERTS

Dish	Energy	Protein	Carbohydrate	Sugar	Fat	Sat Fat	Salt
	(kCal in dish)	g in dish	g in dish	g in dish	g in dish	g in dish	g in dish
Baileys Scoop NEW	177	2.4	18.2	17.1	7.3	2.7	0.1
Belgian Banoffe Waffles	628	15.3	63.7	62.6	34.7	13.7	1.2
Caramel Apple Crumble with Custard	612	7.8	94.4	64.4	22.5	10.9	0.3
Caramel Apple Crumble with Cream	629	6.7	79.6	54.2	31.4	16.6	0.2
Caramel Apple Crumble with Vanilla Ice Cream	619	6.7	90.6	65.0	25.4	10.7	0.3
Cheesecake with Blackcurrant Compote	398	4.0	45.3	34.8	22.3	12.4	0.5
Chocolate Fudge Cake with Vanilla Ice Cream	530	4.7	67.6	57.6	26.6	6.5	0.7
Chocolate Fudge Cake with Cream	544	4.8	56.6	46.8	33.0	12.5	0.6
Chocolate Indulgence	767	11.0	95.4	83.8	37.9	14.3	0.7

Ice Cream

Two scoops of Vanilla Flavour Ice Cream with your choice of either chocolate flavour fudge sauce or strawberry sauce.

Vanilla Ice Cream (2 scoop)	189	3.5	24.4	24.1	8.6	1.4	0.2
with Chocolate Flavour Fudge Sauce	406	6.1	48.4	44.4	20.8	3.1	0.6
with Strawberry Sauce	341	3.6	62.2	61.9	8.7	1.4	0.2
Profiteroles	558	8.6	39.8	28.9	40.4	19.7	0.4
Rhubarb Crumble	583	7.8	92.9	59.2	19.3	9.0	0.3
Sticky Toffee Pudding with Custard	621	9.4	91.0	63.6	24.1	13.5	1.1
Sticky Toffee Pudding with Cream	637	8.3	76.2	53.4	33.0	19.1	1.1
Sticky Toffee Pudding with Vanilla Ice Cream	627	8.3	87.2	64.3	27.0	13.3	1.2
Strawberry Sundae	471	7.5	75.4	69.2	15.5	3.5	0.4
Ultimate Sharing Sundae	2098	26.8	248.3	204.1	110.7	41.5	2.3

BREWER'S FAYRE SNACK MENU

The Food Standards Agency Guidelines for daily intake for the various components that go to make up the nutrition data are given below. Where the dishes are for sharing the figure given is for the total dish and you must divide this by the number of people sharing the dish to get the nutrition per person.

GDAs	Energy	Protein	Carbohydrate	Sugar	Fat	Saturates	Salt
	kCal	g	g	g	g	g	g
Men	2500	55	300	120	95	30	6
Women	2000	45	230	90	70	20	6

At present the FSA is primarily targeting reduction of saturated fat and salt intake.

The figures given below give the nutrition values for each complete dish as listed on the menu. Dishes are divided into the courses and the order on the menu and where choices are available they are given at the start of each section. Figures are typical for that dish and may vary slightly.

SANDWICHES & BAGUETTES	Energy	Protein	Carbohydrate	Sugar	Fat	Sat Fat	Salt
	(kCal in dish)	g in dish	g in dish	g in dish	g in dish	g in dish	g in dish
Ham Sandwich	447	32.4	43.6	2.8	16.0	4.1	3.4
Ham Baguette	503	33.6	54.3	4.7	13.0	3.5	3.7
Mature Cheddar Cheese & Ham Sandwich	602	35.1	44.4	2.6	31.8	14.3	3.4
Mature Cheddar Cheese & Ham Baguette	658	36.3	55.1	4.5	28.8	13.7	3.8
Mature Cheddar Cheese & Tomato Sandwich	549	24.0	45.8	3.8	30.2	13.6	2.3
Mature Cheddar Cheese & Tomato Baguette	605	25.2	56.5	5.7	27.2	13.0	2.7
Prawns in Seafood Sauce Sandwich	435	17.8	46.4	4.9	19.8	3.7	2.5
Prawns in Seafood Sauce Baguette	491	19.0	57.1	6.8	16.8	3.1	2.9
Add Chips & Coleslaw							
Chips & Coleslaw	483	7.0	64.7	4.4	22.8	7.2	0.0
Add a Bowl of Soup							
Soup (average)	108	4.2	13.2	6.0	4.2	1.8	1.5

HOT FILLED SANDWICHES & BAGUETTES	Energy	Protein	Carbohydrate	Sugar	Fat	Sat Fat	Salt
	(kCal in dish)	g in dish	g in dish	g in dish	g in dish	g in dish	g in dish
BBQ Chicken Melt Baguette	1147	62.5	122.2	11.3	42.5	15.2	2.9
Blackened Minute Steak Baguette	1143	51.3	118.7	8.4	48.7	17.9	2.1
Chicken Club Sandwich	1459	94.3	111.3	7.5	72.0	23.4	9.3
Sausage & Red Onion Baguette	846	37.2	62.1	4.9	45.9	17.0	3.1

All served with chips and coleslaw (nutrition included as above)

JACKETS

Dish	Energy	Protein	Carbohydrate	Sugar	Fat	Sat Fat	Salt
	(kCal in dish)	g in dish	g in dish	g in dish	g in dish	g in dish	g in dish
Baked Beans	572	15.6	86.6	23.9	18.2	11.1	2.7
Chilli Con Carne	675	19.1	74.2	18.5	32.9	15.8	2.2
Mature Cheddar Cheese	881	36.1	56.2	11.8	57.3	35.6	2.8
Mature Cheddar Cheese & Bacon	845	38.1	55.9	12.2	52.5	30.8	4.4
Mature Cheddar Cheese & Baked Beans	899	37.0	88.0	23.9	44.6	27.4	4.3
Prawns in a Seafood Sauce	614	16.7	60.3	15.9	34.1	12.9	2.7
Quorn™ Chilli	573	13.1	82.6	21.4	21.5	11.3	2.0

Add a Bowl of Seasonal Soup to your Baguette

CONDIMENTS

Values are for 100g of the condiment.

Item	Energy	Protein	Carbohydrate	Sugar	Fat	Sat Fat	Salt
	(kCal/100g)	(g/100g)	(g/100g)	(g/100g)	(g/100g)	(g/100g)	(g/100g)
Vinegar	19	0.5	0.6	0.0	0.0	0.0	0.0
Cracked Black Pepper	235	11.0	40.2	0.6	3.3	1.0	0.1
Reduced Calorie Mayonnaise	278	0.6	8.3	2.6	27.2	2.2	1.8
English Mustard	187	9.0	18.9	9.8	9.3	0.6	7.9
Salt	0	0.0	0.0	0.0	0.0	0.0	100.0
Brown Sauce	119	1.1	27.1	22.7	0.2	0.0	2.9
French Mustard	119	1.1	27.1	22.7	0.2	0.0	2.9
Tomato Ketchup	102	0.9	23.9	23.5	1.4	0.9	3.1
Horseradish Sauce	215	1.9	12.0	8.5	17.7	1.3	2.9
Mint Sauce	69	1.4	13.4	11.5	1.0	0.1	0.7
Bramley Apple Sauce	130	0.1	32.0	28.0	0.0	0.0	0.0

BREWER'S FAYRE KID'S MENU

The Food Standards Agency Guidelines for daily intake for the various components that go to make up the nutrition data are given below.

GDAs	Energy	Protein	Carbohydrate	Sugar	Fat	Saturates	Salt
	kCal	g	g	g	g	g	g
Children	1800	24	220	85	70	20	4

At present the FSA is primarily targeting reduction of saturated fat and salt intake.

The figures given below give the nutrition values for each complete dish as listed on the menu. Dishes are divided into the courses and the order on the menu and where choices are available they are given at the start of each section. Figures are typical for that dish and may vary slightly.

STARTERS

Dish	Energy	Protein	Carbohydrate	Sugar	Fat	Saturates	Salt
	(kCal in dish)	g in dish	g in dish	g in dish	g in dish	g in dish	g in dish
Garlic Bread	229	3.8	26.4	0.5	12.1	3.2	0.8

MAINS

Dish	Energy	Protein	Carbohydrate	Sugar	Fat	Saturates	Salt
	(kCal in dish)	g in dish	g in dish	g in dish	g in dish	g in dish	g in dish
Beef & Onion Pie	395	10.0	44.6	5.2	19.3	9.1	1.4
Beef Burger	805	35.0	89.6	6.1	34.8	13.2	2.0
with Cheese	859	38.5	89.8	6.1	39.2	15.9	2.3
Chicken Dinner	493	29.0	46.1	6.6	21.3	5.9	2.1
Chicken Nuggets	680	26.9	62.9	5.3	36.4	7.5	1.6
Create Your Own Pizza	420	17.3	57.7	13.4	13.3	6.1	3.3

You then need to choose your 2 toppings from ham, bacon, pineapple or mushrooms. Add the nutrition for these 2 to the pizza base to get the final nutrition for your dinner.

Ham	31	5.8	0.1	0.1	0.9	0.3	0.5
Bacon	128	12.7	0.4	0.4	8.4	3.4	2.4
Pineapple	20	0.1	5.5	5.4	0.0	0.0	0.0
Mushrooms	24	0.8	1.3	0.1	1.8	0.1	0.0
Fish & Chips	680	21.6	61.0	2.6	39.6	8.2	1.2
Sausage & Mash	496	20.7	65.3	8.7	16.3	6.3	2.3
Spaghetti Bolognese	314	24.5	30.5	5.5	10.3	5.2	1.0
Sunday Roast (Only available on Sundays)							
Roast Pork	736	36.6	53.4	7.0	41.6	12.3	2.1
Roast Beef	669	43.3	50.6	7.1	32.5	10.2	1.7
Roast Turkey	628	40.6	50.1	6.6	29.3	7.7	1.9
Tomato Pasta	407	11.7	54.6	3.1	16.6	9.7	1.7

DESSERTS

Dish	Energy	Protein	Carbohydrate	Sugar	Fat	Sat Fat	Salt
	(kCal in dish)	g in dish	g in dish	g in dish	g in dish	g in dish	g in dish
Chocolate Brownie	600	8.2	83.2	75.9	26.1	8.4	1.2
Mini Chocolate Indulgence	327	4.2	38.5	34.1	17.3	7.0	0.3
Jelly & Ice Cream	98	1.7	12.6	12.1	4.3	0.7	0.3

CONDIMENTS

Values are for 100g of the condiment.

Item	Energy	Protein	Carbohydrate	Sugar	Fat	Sat Fat	Salt
	(kCal/100g)	(g/100g)	(g/100g)	(g/100g)	(g/100g)	(g/100g)	(g/100g)
Vinegar	19	0.5	0.6	0.0	0.0	0.0	0.0
Cracked Black Pepper	235	11.0	40.2	0.6	3.3	1.0	0.1
Reduced Calorie Mayonnaise	278	0.6	8.3	2.6	27.2	2.2	1.8
English Mustard	187	9.0	18.9	9.8	9.3	0.6	7.9
Salt	0	0.0	0.0	0.0	0.0	0.0	100.0
Brown Sauce	119	1.1	27.1	22.7	0.2	0.0	2.9
French Mustard	119	1.1	27.1	22.7	0.2	0.0	2.9
Tomato Ketchup	102	0.9	23.9	23.5	1.4	0.9	3.1
Horseradish Sauce	215	1.9	12.0	8.5	17.7	1.3	2.9
Mint Sauce	69	1.4	13.4	11.5	1.0	0.1	0.7
Bramley Apple Sauce	130	0.1	32.0	28.0	0.0	0.0	0.0

Key & interpreting the data

Allergy data detailed in the table has been derived from specifications obtained from the suppliers of the Allergy data for condiments (pepper, salt, etc.) which you may add to your food, are listed at the bottom of the NB the staff need to be informed of your allergy every time you dine with us even if you have eaten the dish before so that every precaution can be taken in our kitchen to prevent cross contamination.

'N' means that the allergen is not part of the product as it is delivered by the supplier .

'Yes' in a column entitled 'allergen(s) (e.g. gluten) present' indicates that the product contains that allergen & is, therefore, not suitable for you if you suffer from this allergy.

'C' means that this allergen is present in the manufacturing site/factory/supply chain & our suppliers believe there is a significant risk that this allergen could cross-contaminate the food.

The 'Yes'/'No' in the column entitled 'suitable for vegans'/'suitable for vegetarians' details information supplied by the product manufacturer. Our kitchens have limited space and as such we cannot always preserve the vegetarian status of a meal. For example we only have one fryer for breaded products and so breaded vegetable products cannot be considered vegetarian.

'Data unavailable' is where ingredient detail for the item/dish is currently unavailable from the supplier & will be added onto the table upon obtaining it. Or because it is bought at local level in-house.

Gluten is a protein component of wheat, rye, barley & oats. If you are intolerant to gluten then please consult

Additives are artificial antioxidants, colours, flavourings, preservatives, sweeteners, flavour-enhancers & sulphur

The Treenut column indicates the presence of the following; almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their respective derivatives.

***NB*: We have taken all reasonable steps to ensure that this table is accurate. However, we cannot guarantee that the product is '100% free from' that component because of the risk of unexpected cross-contamination.**

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
-------------	--------------------------	---------------------	----------------	------------------------------	----------------------------	------------------------------	-----------------------------------	-------------------	----------------------------------------------------------------	--------------------------------------------------	-------------------------------------

Soup & Bread

TIGER BREAD	Yes	Yes	Yes	N	N	N	N	Yes	N	N	N
BUTTER PORTIONS	Yes	No	N	N	N	Yes	N	N	N	N	N
LARDERFRESH SUNFLOWER SPREAD 100X	Yes	No	N	N	N	C	N	Yes	N	N	N
CREAMY ROOT VEG SOUP	Yes	No	N	N	N	Yes	N	Yes	C	C	C
COUNTRY VEGETABLE SOUP	Yes	No	Yes	N	N	Yes	N	N	Yes	C	C
CREAM OF MUSHROOM SOUP	Yes	No	Yes	N	N	Yes	N	Yes	C	C	C
CREAM OF TOMATO SOUP	Yes	No	Yes	N	N	Yes	N	Yes	Yes	C	C
CARROT & CORIANDER SOUP	Yes	No	N	N	N	Yes	N	Yes	Yes	C	C
MINISTRONE SOUP	Yes	Yes	Yes	N	N	N	N	Yes	Yes	C	C
CREAMY SUMMER VEG SOUP	Yes	No	N	N	N	Yes	N	Yes	Yes	C	C
CREAM OF MUSHROOM SOUP	Yes	No	Yes	N	N	Yes	N	Yes	C	C	C
CREAMY ROOT VEG SOUP	Yes	No	N	N	N	Yes	N	Yes	C	C	C
POTATO & LEEK SOUP	Yes	No	N	N	N	Yes	N	Yes	C	C	C
COUNTRY VEGETABLE SOUP	Yes	No	Yes	N	N	Yes	N	N	Yes	C	C
SPICY ROAST PARSNIP SOUP	Yes	No	Yes	N	N	Yes	N	Yes	Yes	C	C

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
-------------	--------------------------	---------------------	----------------	------------------------------	----------------------------	------------------------------	-----------------------------------	-------------------	----------------------------------------------------------------	--------------------------------------------------	-------------------------------------

Salad Bar

BUTTER BEANS	Yes	Yes	N	N	N	N	N	N	N	N	N
RED KIDNEY BEANS	Yes	Yes	N	N	N	N	N	N	N	N	N
CELERY	Yes	Yes	N	N	N	N	N	N	Yes	N	N
Coleslaw	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
CRISPY FRIED ONIONS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
CUCUMBERS	Yes	Yes	N	N	N	N	N	N	C	N	N
BEETROOT	Yes	Yes	N	N	N	N	N	N	N	N	N
PREP CARROTS WHOLE	Yes	Yes	N	N	N	N	N	N	C	N	N
ICEBERG LETTUCE	Yes	Yes	N	N	N	N	N	N	C	N	N
MELON HONEYDEW	Yes	Yes	N	N	N	N	N	N	C	N	N
Potato Salad	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N
SEEDLESS RAISINS	Yes	Yes	N	N	N	N	N	N	N	N	N
Rice Salad	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
SWEETCORN 10X1KG	Yes	Yes	N	N	N	N	N	N	N	N	N
TOMATOES	Yes	Yes	N	N	N	N	N	N	C	N	N
RED ONIONS	Yes	Yes	N	N	N	N	N	N	C	N	N
PINEAPPLES	Yes	Yes	N	N	N	N	N	N	C	N	N
BLUE CHEESE DRESSING	Yes	No	N	N	Yes	Yes	N	Yes	Yes	N	N
FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
1000 ISLAND DRESSING	Yes	No	N	N	Yes	N	N	Yes	Yes	N	N
HONEY & MUSTARD DRESSING	Yes	No	N	N	Yes	N	N	N	Yes	N	N
DRESSING RANCH	Yes	No	Yes	Yes	Yes	Yes	N	Yes	C	N	N

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
-------------	--------------------------	---------------------	----------------	------------------------------	----------------------------	------------------------------	-----------------------------------	-------------------	----------------------------------------------------------------	--------------------------------------------------	-------------------------------------

Chinese Night (Mondays)

Sweet & Sour Sauce Chicken	No	No	Yes	Yes	C	Yes	N	Yes	Yes	N	N
CHICKEN CURRY	No	No	Yes	N	N	Yes	N	N	Yes	N	C
KUNG PO CHICKEN	No	No	Yes	Yes	N	N	N	N	Yes	N	C
BEEF IN BLACK BEAN SAUCE	No	No	Yes	Yes	C	C	N	Yes	C	N	N
BEEF & OYSTER SAUCE	No	No	Yes	Yes	N	N	Yes	N	Yes	N	C
CHICKEN & OYSTER SAUCE	No	No	Yes	Yes	N	N	Yes	N	Yes	N	C
SZECHUAN VEGETABLES	Yes	No	Yes	Yes	N	N	N	N	Yes	N	C
VEGETABLE CHOW MEIN	Yes	No	Yes	Yes	Yes	Yes	N	Yes	Yes	N	N
LONG GRAIN EASY COOK RICE	Yes	Yes	N	N	N	N	N	N	N	N	N
Prawn Crackers	No	No	N	N	N	N	Yes	Yes	N	N	N
Sesame Toast	No	No	Yes	Yes	N	N	Yes	Yes	Yes	N	N
Vegetable Spring Rolls	Yes	No	Yes	Yes	N	N	N	N	Yes	N	N

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
-------------	--------------------------	---------------------	----------------	------------------------------	----------------------------	------------------------------	-----------------------------------	-------------------	----------------------------------------------------------------	--------------------------------------------------	-------------------------------------

Curry Buffet (Tuesdays & Thursdays)

CHICKEN TIKKA MASALA	No	No	N	N	N	Yes	N	N	N	N	N
CHICKEN KORMA	No	No	N	N	N	Yes	N	Yes	N	N	N
CHICKEN JALFREZI	No	No	N	N	N	Yes	N	Yes	N	N	N
BEEF MADRAS	No	No	N	N	N	Yes	N	Yes	Yes	N	N
LAMB KOFTA ROGAN JOSH	No	No	Yes	N	N	Yes	N	Yes	N	N	N
VEGETABLE GOAN CURRY	Yes	No	N	Yes	N	Yes	N	Yes	Yes	N	N
CHICKEN VINDALOO	No	No	N	N	N	Yes	N	Yes	N	N	N
LONG GRAIN EASY COOK RICE	Yes	Yes	N	N	N	N	N	N	N	N	N
NAAN PLAIN	Yes	No	Yes	N	N	Yes	N	N	N	N	N
POPPADUMS PLAIN S/WOOD	Yes	Yes	N	N	N	N	N	N	N	N	N
MANGO CHUTNEY - GREEN LABEL	Yes	Yes	N	N	N	N	N	N	C	C	C
Yoghurt & Mint Dip	Yes	No	Yes	N	N	Yes	N	Yes	N	N	C
Onion, Tomato & Coriander	Yes	Yes	N	N	N	N	N	N	C	N	N

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
-------------	--------------------------	---------------------	----------------	------------------------------	----------------------------	------------------------------	-----------------------------------	-------------------	----------------------------------------------------------------	--------------------------------------------------	-------------------------------------

Mexican Buffet (Wednesdays)

Beef Chilli	No	No	C	C	C	Yes	N	Yes	Yes	N	N
QUORN CHILLI	Yes	No	Yes	Yes	Yes	Yes	N	C	Yes	N	N
LONG GRAIN EASY COOK RICE	Yes	Yes	N	N	N	N	N	N	N	N	N
6INCH FLOUR TORTILLAS	Yes	Yes	Yes	N	N	N	N	Yes	N	N	N
TORTILLA CHIPS	Yes	Yes	N	N	N	N	N	N	N	N	N
Beef Enchilada	No	No	Yes	N	N	Yes	N	Yes	C	N	C
Veg Enchilada	Yes	No	Yes	N	N	Yes	N	Yes	C	N	C
Chicken Fajita	No	No	N	N	N	N	N	N	N	N	N
SALSA SAUCE SFC	Yes	Yes	N	N	N	N	N	Yes	N	N	N
REDUCED FAT SOUR CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
GUACAMOLE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
GRATED MATURE CHEDDAR	Yes	No	N	N	N	Yes	N	N	N	N	N
SLICED JALAPENOS	Yes	Yes	N	N	N	N	N	N	N	N	N

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
-------------	--------------------------	---------------------	----------------	------------------------------	----------------------------	------------------------------	-----------------------------------	-------------------	----------------------------------------------------------------	--------------------------------------------------	-------------------------------------

Chip Shop Buffet (Fridays)

Battered Fish	No	No	Yes	C	C	C	Yes	N	N	N	N
ROASTED HALF CHICKEN	No	No	N	N	N	N	N	N	N	N	N
MINCED BEEF & ONION MINI PIE	No	No	Yes	C	C	C	N	N	C	N	N
SAVALOY	No	No	Yes	Yes	N	N	N	Yes	N	N	N
Chips	Yes	Yes	N	N	N	N	N	N	N	N	N
PEAS MUSHY	Yes	Yes	N	N	N	N	N	Yes	N	N	N
A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
TARTARE SAUCE	Yes	No	N	N	Yes	N	N	Yes	Yes	C	C
TOMATO KETCHUP	Yes	Yes	N	N	N	N	N	N	Yes	N	N
CURRY SAUCE	Yes	No	Yes	Yes	N	Yes	N	N	Yes	C	C
LEMONS	Yes	Yes	N	N	N	N	N	N	C	N	N

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
-------------	--------------------------	---------------------	----------------	------------------------------	----------------------------	------------------------------	-----------------------------------	-------------------	----------------------------------------------------------------	--------------------------------------------------	-------------------------------------

Sunday Carvery

PORK LOIN ROAST	No	No	N	N	N	N	N	Yes	N	N	N
TOPSIDE ROASTING JOINT	No	No	N	N	N	N	N	N	N	N	N
RAW TURKEY BUTTERFLY	No	No	N	N	N	N	N	N	N	N	N
Roast Potatoes	Yes	Yes	N	N	N	N	N	N	N	N	N
New Potatoes	Yes	No	N	N	N	Yes	N	N	N	N	N
BROCCOLI FLORETS	Yes	Yes	N	N	N	N	N	N	N	N	N
CARROT WEDGES	Yes	Yes	N	N	N	N	N	N	N	N	N
A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
DICED SWEDE	Yes	Yes	N	N	N	N	N	N	N	N	N
Cauliflower Cheese	Yes	No	Yes	N	N	Yes	N	N	C	C	C
SAGE & ONION STUFFING BALLS	Yes	Yes	Yes	N	N	N	N	N	N	N	N
INDIVIDUAL YORKSHIRE PUDDINGS	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
ROAST GRAVY	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
CRANBERRY SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
APPLE SAUCE	Yes	Yes	N	N	N	N	N	Yes	N	N	N
HORSERADISH SAUCE	Yes	No	N	N	Yes	N	N	Yes	Yes	N	N

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
-------------	--------------------------	---------------------	----------------	------------------------------	----------------------------	------------------------------	-----------------------------------	-------------------	----------------------------------------------------------------	--------------------------------------------------	-------------------------------------

Condiments

VINEGAR MALT	Yes	Yes	Yes	N	N	N	N	N	N	N	N
WHOLE BLACK PEPPER	Yes	Yes	N	N	N	N	N	N	N	N	N
ENGLISH MUSTARD	Yes	No	Yes	N	N	N	N	N	Yes	N	N
TABLE SALT	Yes	Yes	N	N	N	N	N	N	N	N	N
GROUND WHITE PEPPER	Yes	Yes	N	N	N	N	N	N	N	N	N
HP BROWN SAUCE	Yes	Yes	Yes	N	N	N	N	N	N	N	N
FRENCH MUSTARD	Yes	Yes	Yes	N	N	N	N	Yes	Yes	N	N
TOMATO KETCHUP	Yes	Yes	N	N	N	N	N	N	Yes	N	N
REDUCED FAT MAYONNAISE	Yes	No	N	Yes	Yes	N	N	Yes	Yes	N	N

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
-------------	--------------------------	---------------------	----------------	------------------------------	----------------------------	------------------------------	-----------------------------------	-------------------	----------------------------------------------------------------	--------------------------------------------------	-------------------------------------

Hot Desserts

MIXED SPONGE TRAY BAKED	Yes	No	Yes	Yes	Yes	Yes	N	Yes	C	C	C
APPLE PIE	Yes	No	Yes	N	Yes	C	N	Yes	N	C	C
BIRDS CUSTARD READY TO SERVE	Yes	No	N	N	N	Yes	N	N	N	N	N

Giant Cakes

SINGLE CREAM	Yes	No	N	N	N	Yes	N	N	N	N	N
GIANT CARROT CAKE	Yes	No	Yes	N	Yes	Yes	N	Yes	N	N	Yes
GIANT CHOCOLATE FUDGE CAKE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	N	C
GIANT STRAWBERRY CAKE	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	N	C
GIANT BLACKFOREST GATEAU	No	No	Yes	Yes	Yes	Yes	N	Yes	N	N	C

Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
-------------	--------------------------	---------------------	----------------	------------------------------	----------------------------	------------------------------	-----------------------------------	-------------------	----------------------------------------------------------------	--------------------------------------------------	-------------------------------------

Kids

BEEF BURGER	No	No	Yes	N	N	N	N	N	N	N	N
UNSEEDED BURGER BUN	Yes	Yes	Yes	Yes	N	N	N	N	C	N	N
KIDS PENNE PASTA 24X200G	Yes	Yes	Yes	N	N	N	N	N	C	N	C
MINI PORK SAUSAGE	No	No	Yes	N	N	N	N	N	N	N	N
Chicken Nuggets	No	No	Yes	Yes	N	Yes	N	N	N	N	N
Chips	Yes	Yes	N	N	N	N	N	N	N	N	N
GARLIC SLICES	Yes	Yes	Yes	N	N	N	N	N	N	N	N
Cheesy Garlic Bread	Yes	No	Yes	N	N	Yes	N	N	N	N	N
BAKED BEANS	Yes	Yes	N	N	N	N	N	N	N	N	N
A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
Corn on the cob	Yes	No	N	N	N	Yes	N	N	N	N	N
TOMATO KETCHUP	Yes	Yes	N	N	N	N	N	N	Yes	N	N

Key & interpreting the data

Allergy data detailed in the table has been derived from specifications obtained from the suppliers of the products.

Allergy data for condiments (pepper, salt, etc.) which you may add to your food, are listed at the bottom of the table (i.e. not with the

NB the staff need to be informed of your allergy every time you dine with us even if you have eaten the dish before so that every precaution can be taken in our kitchen to prevent cross contamination.

'N' means that the allergen is not part of the product as it is delivered by the supplier .

'Yes' in a column entitled 'allergen(s) (e.g. gluten) present' indicates that the product contains that allergen & is, therefore, not suitable for you if you suffer from this allergy.

'C' means that this allergen is present in the manufacturing site/factory/supply chain & our suppliers believe there is a significant risk that this allergen could cross-contaminate the food.

The 'Yes'/No' in the column entitled 'suitable for vegans'/'suitable for vegetarians' details information supplied by the product manufacturer. Our kitchens have limited space and as such we cannot always preserve the vegetarian status of a meal. For example we only have one fryer for breaded products and so breaded vegetable products cannot be considered vegetarian.

When 0 or Data Unavailable is shown unfortunately ingredient detail for the item/dish is currently unavailable & will be added onto the table as soon as possible.

Gluten is a protein component of wheat, rye, barley & oats. If you are intolerant to gluten then please consult the 'gluten present'

Additives are artificial antioxidants, colours, flavourings, preservatives, sweeteners, flavour-enhancers & sulphites.

The Treenut column indicates the presence of the following; almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts & their respective derivatives.

NB: We have taken all reasonable steps to ensure that this table is accurate. However, we cannot guarantee that the product is '100% free from' that component because of the risk of unexpected cross-contamination. Your statutory rights are not affected.

WCode	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
-------	-------------	--------------------------	---------------------	----------------	------------------------------	----------------------------	------------------------------	-----------------------------------	-------------------	----------------------------------------------------------------	--------------------------------------------------	-------------------------------------

Grill Night

51006	PREMIUM PORK SAUSAGE	No	No	Yes	N	N	N	N	Yes	N	N	N
50840	BEEF BURGER_6OZ_48X170G	No	No	Yes	N	N	N	N	N	N	N	N
38225	MINI SWEETCORN COBS	Yes	Yes	N	N	N	N	N	N	N	N	N
	Chips	Yes	Yes	N	N	N	N	N	N	N	N	N
	Onion Rings	Yes	No	Yes	N	N	Yes	N	N	N	N	N
50507	BAP 5IN SLICED WHITE FLOURED 6X8	Yes	Yes	Yes	Yes	N	N	N	N	C	N	N
50360	TOMATO KETCHUP 2X4.6KG	Yes	Yes	N	N	N	N	N	N	Yes	N	N
51584	BP BURGER RELISH 4 X 2.45 KG	Yes	Yes	N	N	N	N	N	N	Yes	N	N
51377	PEPPER SAUCE 24X500G	No	No	Yes	C	C	Yes	N	Yes	Yes	N	N
	Mushrooms	Yes	No	N	N	N	Yes	N	N	C	N	N
45674	A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
51378	BEEF STEAK OFF CUTS 2X2KG	No	No	N	N	N	N	N	N	N	N	N
51348	PORK CHOP_10OZ_-4X6X284G	No	No	C	C	N	C	N	Yes	C	N	N
48441	CHICK FILLET SMKD PRPK 40X185-210G	No	No	Yes	N	N	N	N	N	N	N	N

Grill Night Kids

50360	TOMATO KETCHUP 2X4.6KG	Yes	Yes	N	N	N	N	N	N	Yes	N	N
51014	Kids Sausages	No	No	Yes	N	N	N	N	N	N	N	N
28823	Baked Beans	Yes	Yes	N	N	N	N	N	N	N	N	N
	Chicken Nuggets	No	No	Yes	Yes	N	Yes	N	N	N	N	N
45674	A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
50838	4oz Beef Burgers	No	No	Yes	N	N	N	N	N	N	N	N
	Battered Fish Goujons	No	No	Yes	C	C	C	Yes	N	N	N	N
	Corn on Cob	Yes	No	N	N	N	Yes	N	N	N	N	N
	Chips	Yes	Yes	N	N	N	N	N	N	N	N	N
50639	Burger Buns	Yes	Yes	Yes	Yes	N	N	N	N	C	N	N

WCode	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
-------	-------------	--------------------------	---------------------	----------------	------------------------------	----------------------------	------------------------------	-----------------------------------	-------------------	----------------------------------------------------------------	--------------------------------------------------	-------------------------------------

Italian Night

50974	GARLIC BAGUETTE SLICES 1X150	Yes	Yes	Yes	N	N	N	N	N	N	N	N
	Ham & Pineapple Pizza	No	No	Yes	N	N	Yes	N	Yes	N	N	N
	Spicy Pepperoni Pizza	No	No	Yes	N	N	Yes	N	Yes	N	N	N
	Margarita Pizza	Yes	No	Yes	N	N	Yes	N	Yes	C	N	N
51293	BREADSTICKS GRISSINI 12X125G	Yes	Yes	Yes	N	N	N	N	N	N	N	N
	Sliced Chicken	No	No	C	C	C	C	N	C	C	C	C
51482	MEATBALLS 1X10KG	No	No	Yes	N	N	N	N	N	N	N	N
51290	BEEF LASAGNE 5X2KG	No	No	Yes	N	Yes	Yes	N	N	Yes	N	C
48978	CARBONARA SAUCE 6X2KG	Yes	No	N	N	N	Yes	N	Yes	Yes	N	N
	Tomato Ragout	Yes	Yes	N	N	N	N	N	Yes	C	N	N
	Spaghetti	Data Unavailable										
	Penne Pasta	Yes	Yes	Yes	N	N	N	N	N	N	N	N

WCode	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
-------	-------------	--------------------------	---------------------	----------------	------------------------------	----------------------------	------------------------------	-----------------------------------	-------------------	----------------------------------------------------------------	--------------------------------------------------	-------------------------------------

Salad Bar

50088	TOMATOES M 1X6KG	Yes	Yes	N	N	N	N	N	N	C	N	N
48928	ICEBERG LETTUCE 1X5KG!	Yes	Yes	N	N	N	N	N	N	C	N	N
50089	CUCUMBER CAT II 1X5KG!	Yes	Yes	N	N	N	N	N	N	C	N	N
	Potato Salad	Yes	No	N	N	Yes	N	N	Yes	Yes	N	N
48605	WHOLE PEELED CARROT ! 1 X 5KG	Yes	Yes	N	N	N	N	N	N	C	N	N
	Coleslaw	Yes	No	N	N	Yes	N	N	Yes	Yes	N	N
48601	BEETROOT DICED 6 X 3KG	Yes	Yes	N	N	N	N	N	N	N	N	N
51081	PINEAPPLE TIDBITS 6X3KG	Yes	Yes	N	N	N	N	N	N	N	N	N
51421	ONION RED 1X5KG!	Yes	Yes	N	N	N	N	N	N	C	N	N
44709	RANCH DRESSING 2X2.5LTR	Yes	No	Yes	Yes	Yes	Yes	N	Yes	N	N	N
48584	FRENCH DRESSING	Yes	Yes	N	N	N	N	N	Yes	Yes	N	N
48583	BLUE CHEESE DRESSING 2 X 2.27LT	Yes	No	N	N	Yes	Yes	N	Yes	Yes	N	N
51435	TIGER LOAF 12X800G	Yes	Yes	Yes	N	N	N	N	N	C	C	C
51398	BUTTER PORTIONS 5X100	Yes	No	N	N	N	Yes	N	N	N	N	N
47177	LARDERFRESH SUNFLOWER SPREAD 100X10G	Yes	No	N	N	N	C	N	Yes	N	N	N

Carvery

50890	TOPSIDE ROASTING JOINT 2X2.75-3.63KG	No	No	N	N	N	N	N	N	N	N	N
50070	BERNARD MATTHEWS TURKEY BREAST 4.5KG	No	No	N	N	N	N	N	N	N	N	N
	Roast Potatoes	Yes	Yes	N	N	N	N	N	N	N	N	N
48520	CARROT PREPARED 2X1KG!	Yes	Yes	N	N	N	N	N	N	N	N	N
45674	A GRADE PEAS	Yes	Yes	N	N	N	N	N	N	N	N	N
50855	SHREDDED SAVOY CABBAGE 2X1KG	Yes	Yes	N	N	N	N	N	N	N	N	N
51570	STUFFING BALLS 25G 6X1KG	Yes	Yes	Yes	N	N	N	N	N	N	N	N
51456	3INCH YORKSHIRE PUDDING 4X20	Yes	No	Yes	N	Yes	Yes	N	N	N	N	N
50694	GRAVY SUNDAY ROAST 6X2KG	No	No	Yes	C	C	Yes	N	Yes	Yes	C	C
47480	HORSERADISH SAUCE 6X1.1LITRE	Yes	No	N	N	Yes	N	N	Yes	Yes	N	N
50394	CRANBERRY SAUCE 1X2.5KG	Yes	Yes	N	N	N	N	N	Yes	N	N	N

Buffet Place Trials Oct 2011 Allergy

WCode	Description	Suitable for Vegetarians	Suitable for Vegans	Gluten present	Soya / soya products present	Egg / egg products present	Milk / milk products present	Fish / shellfish Products present	Additives present	Seeds / seed derivatives present (mustard, sesame &/or celery)	Peanut (&/or lupin) or their derivatives present	Tree nuts / nut derivatives present
Condiments												
15549	C&B MALT VINEGAR _2X5LT_	Yes	Yes	Yes	N	N	N	N	N	N	N	N
50887	PEPPER BLACK CRACKED _UNIT_	Yes	Yes	N	N	N	N	N	N	N	N	N
45889	COLMAN MUSTARD 2X2LTR ENGLISH	Yes	No	Yes	N	N	N	N	N	Yes	N	N
48046	TABLE SALT 2X6KG	Yes	Yes	N	N	N	N	N	N	N	N	N
51544	HP BROWN SAUCE 2X2.3KG	Yes	Yes	Yes	N	N	N	N	N	N	N	N
48873	FRENCH MUSTARD 2X2.27LTR	Yes	Yes	Yes	N	N	N	N	Yes	Yes	N	N
50360	TOMATO KETCHUP 2X4.6KG	Yes	Yes	N	N	N	N	N	N	Yes	N	N
50984	RED CAL MAYONNAISE 1X2.5KG	Yes	No	N	N	Yes	N	N	Yes	Yes	N	N

For all other dishes please see core allergy