



At least 2 of your 5 a day in every meal when served with two sides!

Kids' MENU

2-COURSE MEAL DEAL



GREAT ORMOND STREET HOSPITAL CHARITY
For every 2-course meal sold, we donate 20p to GOSH



Scrummy STARTERS

Pick a starter and a main
Small Tums £4.99 Big Yums £5.99

Tortilla Chips 🍷

Served with a cucumber, yoghurt & mint dip and diced tomatoes (176kcal)

Vegan option available. Just ask! (150kcal)

Veggie Sticks 🍷 1

Served with a cucumber, yoghurt & mint dip (44kcal)

Garlic Flatbread 🍷 (190kcal)

Small TUMS



Ten Veg Tomato Pasta 🍷 2 (233kcal)

Veg Sausages, Mash & Gravy (300kcal)

Oven-Baked Poppin' Chicken

Breaded chicken bites made with 100% chicken breast, served with skin-on chips (280kcal)

Oven-Baked Fish Bites** 🍷

3 breaded pollock fish bites, served with skin-on chips (334kcal)

Grilled Chicken Breast

Served with skin-on chips (236kcal)

Swap your Skin-on Chips 🍷 (158kcal) for Mash 🍷 (110kcal) or Mini Jacket Potatoes 🍷 (155kcal)



Big YUMS



Spaghetti Bolognese 1 (209kcal)

Margherita Pizza 🍷 (377kcal)

Grilled Chicken Breast Burger

Served with skin-on chips (372kcal)

Beef Burger

Served with skin-on chips (508kcal)

Oven-Baked Fish Bites** 🍷

5 breaded pollock fish bites, served with skin-on chips (452kcal)

Swap your Skin-on Chips 🍷 (158kcal) for Mash 🍷 (110kcal) or Mini Jacket Potatoes 🍷 (155kcal)



Pick 2 yummy SIDES

2 Mini Corn Ribs 🍷 1 (125kcal)

HEINZ Baked Beans 🍷 1 (48kcal)

Garden Peas 🍷 1 (47kcal)

Mini Salad 🍷 1 (27kcal)



Perfect PUDDINGS

Add for
£1.49

Berry Blast Sundae* ♻️

Frozen strawberry yoghurt, mixed berries, a whip of cream & sprinkles (125kcal)

Fruit Salad ♥️ 2️ (50kcal)

Vanilla Ice Cream ♻️

With a wafer & sprinkled with chocolate (181kcal)

Pancakes ♻️ 1️

With fresh banana, chocolate sauce & a whip of cream (238kcal)

Chocolate Brownie ♻️

Served with vanilla ice cream (256kcal)

Pip Organic Rainbow Fruity Ice Lolly ♥️ (19kcal)

Pip Organic Berry Ice Lolly ♥️ (31kcal)



Delicious DRINKS



Innocent Kids Juicy Water Apples & Mangoes (200ml, 56kcal) 2.25

Innocent Kids Juicy Water Apples & Strawberries (200ml, 64kcal) 2.25

Pip Organic Cloudy Apple Juice (180ml, 77kcal) 2.35

Pip Organic Strawberry & Blackcurrant Juice (180ml, 74kcal) 2.35

We care about all our guests, especially our youngest ones. It's why we've designed our kids' menu with the help of our clever nutritionist

The Important Stuff

- 100% responsibly-sourced fish
- 100% chicken breast
- 100% UK and Irish beef
- No genetically-modified ingredients

We promise:

- To provide carefully controlled levels of calories, fat, saturates, sugar and salt*
- To meet the nutritional needs of children†
- To include 2 of their 5 a day in all our main meals

- To offer yummy vegetarian options
- To never use artificial colours or flavours*
- To offer a range of no-added sugar drinks*



Children between 5-10 years old need around 1,800kcal a day.

Don't worry, we know there are allergens in our food that we need to tell you about, so please let your server know if you have a specific allergy or would like more information about our dishes. Menu descriptions may not list every individual ingredient, please ask for more information. Ingredients can occasionally be substituted or changed at short notice so please review the allergy information on the website at the time of your visit and ask your server when you arrive. The calories provided are based on the average serving size for the whole dish or drink as detailed on the menu, unless otherwise stated. We ensure that the calorie information provided is as accurate as possible and correct at time of printing, however some product variation may occur. Ingredients are occasionally substituted or changed which may affect the calorie information. ♻️ = suitable for vegetarians, ♥️ = suitable for vegans and vegetarians. Our vegan and vegetarian dishes are made to a vegan or vegetarian recipe but we cannot guarantee that they are suitable if you have a food allergy. Please refer to our allergen information if you have a specific requirement. *May contain small bones. Meat, fish and poultry dishes may contain bones. †May contain fruit stones. 1️ 1 of your 5 a day, 2️ 2 of your 5 a day. 1 of 5 a day is a minimum of 40g of fruit or vegetables, or 150ml pure juice. All the dishes on the kids' menu meet our children's nutrition criteria. Calorie information on an average serving for each dish is provided to help you make an informed choice. Children between 5-10 years old need around 1,800kcal a day, this will vary by age and some children will need less, and some will need more. Full nutrition information is available on our website. We ensure that the calorie information provided is as accurate as possible and correct at time of printing, however some product variation may occur. Ingredients are occasionally substituted or changed which may affect the calorie information. Images are for illustrative purposes only. Great Ormond Street Hospital Children's Charity. Registered charity no. 1160024. Price promotions excluded from charity donation.



Seafood certified to MSC's environmental standard for fishing. www.msc.org. MSC-C-55716