

**Whitbread PUBs**



**COOKHOUSE+PUB**

*Allergy Information Guide Information:*

Hello, welcome to our allergy information guide which is designed to help you make decisions on the food and drink that you order. As our menus do not include all ingredients, please use the allergy information guide to choose suitable dishes for you to eat and enjoy. Our allergen information guide declares allergens intentionally added only; **we cannot say that any dish on our menus is "free-from" any allergen**, but only that it does not contain that allergen as an ingredient. Our allergen information sheet **does not** include any **"may contains"** information where provided by our suppliers. Our kitchens also handle numerous ingredients and allergens and whilst we have strict controls in place to reduce the risk of contamination, unfortunately, it is not possible for us to guarantee that our dishes will be 100% allergen free. There is also significant risk of cross contamination from our fryers.

Please let a member of our team know if you have an allergy or sensitivity to any ingredient even if you have dined with us before as ingredients may be substituted or changed at short notice.

Our allergen information covers the following major allergens: **Celery, Cereals containing Gluten (Wheat including varieties such as Spelt and Khorasan (Kamut); Rye, Barley, Oats), Crustaceans, Egg, Fish, Lupin, Milk, Molluscs, Mustard, Peanuts, Sesame, Soya, Sulphites (over 10ppm) and Nuts (specifically Almond, Brazil, Cashew, Hazelnut, Macadamia (Queensland nut) , Pecan, Pistachio, Walnut)** and products thereof.

Items that are added as a choice, upgrade or addition must be checked and the allergen information considered in addition to the main meal.

**Our vegan dishes are made to a vegan recipe, but we cannot guarantee that they are suitable for those with MILK or EGG allergies. Please speak to your server if you any dietary requirements.**

We take care in producing this allergy information guide for you and work closely with the suppliers of our products to ensure data is accurate. This information may change at any time so please check with us for up to date information.

## KEY FOR WHITBREAD PUBS ALLERGY INFORMATION GUIDE

Y	The allergen is present
C	Risk of cross-contamination



**COOKHOUSE+PUB**

PUB SPRING/SUMMER 2026 DRINKS ALLERGY

Product Description	Allergens Present																	
	Cereal Containing Gluten																	
	Wheat Products	Rye Products	Barley Products	Oat Products	Soya products	Egg products	Milk products	Fish Products	Crustacean Products	Mollusc Products	Sulphite Products	Sesame Products	Celery Products	Mustard Products	Peanut Products	Lupin Products	Tree Nuts Products	Tree Nut Source (if present)
<b>COCKTAILS</b>																		
APEROL SPRITZ											Y							
PASSION FRUIT MARTINI											Y							
BLUE LAGOON																		
TROPICAL WOO WOO																		
MOJITO																		
PINA COLADA																		
<b>SHOTS</b>																		
TEQUILA ROSE							Y											
BAILEYS IRISH CREAM							Y											
EL JIMADOR BLANCO TEQUILA																		
EL JIMADOR REPOSADO TEQUILA																		
ANTICA CLASSIC SAMBUCA																		
ANTICA BLACK SAMBUCA																		
BABY GUINNESS							Y											
<b>SPIRITS</b>																		
<b>GIN</b>																		
JJ ARTISANAL VODKA																		
JJ PINK GIN																		
BOMBAY SAPPHIRE GIN																		
BOMBAY CITRON PRESSE																		
WHITLEY NEILL DISTILLERS CUT GIN																		
*DELISTED* WHIT NEILL RHUBARB & GINGER																		
WHITLEY NEILL RASPBERRY GIN 7																		
<b>VODKA</b>																		
JJ ARTISANAL VODKA																		
JJ RASPBERRY VODKA																		
ABSOLUT ORIGINAL																		
ABSOLUT PASSIONFRUIT																		

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<b>WHISKY/WHISKEY</b>																		
JAMESON IRISH WHISKEY																		
GLENFIDDICH 20YO																		
TALISKER																		
JACK DANIELS NO.7																		
JACK DANIELS TENNESSEE HONEY																		
<b>RUM</b>																		
BACARDI CARTA BLANCA SUPERIOR WHITE RUM																		
CAPTAIN MORGAN WHITE																		
CAPTAIN MORGAN DARK RUM																		
CAPTAIN MORGAN SPICED RUM																		
DEAD MANS FINGER SPICED RUM																		
MALIBU																		
<b>DRAUGHT BEER &amp; CIDER</b>																		
CARLING	Y		Y															
COORS LIGHT	Y		Y															
CRUZCAMPO			Y															
MADRI EXCEPCIONAL	Y		Y															
BIRRA MORETTI			Y															
GUINNESS			Y															
STRONGBOW ORIGINAL											Y							
CAFFREY'S	Y		Y															
<b>PACKAGED BEER &amp; CIDER - SEE PACKAGING LABEL FOR ALLERGENS</b>																		
<b>REFILLABLE DRINKS</b>																		
COCA COLA ZERO SUGAR																		
DIET COKE																		
SCHWEPPES LEMONADE																		
FANTA ORANGE ZERO																		
DR PEPPER ZERO SUGAR																		
FLAVOURED SHOTS CHERRY																		
FLAVOURED SHOTS VANILLA																		
FLAVOURED SHOTS LIME																		

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<b>DRAUGHT SOFTS</b>																		
COCA COLA ZERO SUGAR																		
COCA COLA CLASSIC																		
DIET COKE																		
SCHWEPES LEMONADE																		
OASIS SUMMER FRUITS																		
<b>PACKAGED SOFT DRINKS - SEE PACKAGING LABEL FOR ALLERGENS</b>																		
<b>PACKAGED KIDS DRINKS - SEE PACKAGING LABEL FOR ALLERGENS</b>																		
<b>HOT DRINKS</b>																		
LATTE																		
CAPPUCCINO																		
FLAT WHITE																		
AMERICANO BLACK																		
AMERICANO WHITE (+ 95ML SEMI SKIMMED MILK)																		
ESPRESSO																		
ESPRESSO																		
HOT CHOCOLATE																		
HOT CHOCOLATE WITH CREAM																		
PG PLAIN BLACK																		
PG TIPS PEPPERMINT HERBAL																		
PG TIPS RASBERRY HERBAL																		
PG TIPS GREEN TEA																		
PG TIPS EARL GREY																		
PG TIPS DECAF																		
ALPRO SOYA DRINK																		
SEMI SKIMMED MILK																		
FLAVHAVANS BARISTA OAT DRINK																		
MINOR FIGURES BARISTA OAT MILK																		
<b>COFFEE SYRUPS</b>																		
SWEETBIRD VANILLA SUGAR FREE SYRUP																		
SWEETBIRD HAZELNUT SUGAR FREE SYRUP																		
SWEETBIRD SALTED CARAMEL SUGAR FREE SYRUP																		

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	Wheat Products	Rye Products	Barley Products	Oat Products														
<b>WINES</b>																		
<b>WHITE</b>																		
JACK RABBIT PINOT GRIGIO											Y							
THE NED, SAUVIGNON BLANC											Y							
ANDREW PEACE SILHOUETTE CHARDONNAY											Y							
JAM SHED CHARDONNAY						Y	Y	Y			Y							
VISTAMAR MATINAL SAUVIGNON											Y							
VINO POMONA CATARRATTO PINOT GRIGIO											Y							
<b>ROSE</b>																		
THE NED, SAUVIGNON BLANC											Y							
VINO POMONA ROSATO											Y							
JACK RABBIT WHITE ZINFANDEL											Y							
<b>RED</b>																		
CAMPO VIEJO, RIOJA											Y							
ANDREW PEACE SILHOUETTE SHIRAZ											Y							
FLAGSTONE POETRY MERLOT											Y							
JAM SHED SHIRAZ						Y	Y				Y							
VISTAMAR MATINAL MERLOT											Y							
FINCA DEL ALTA MALBEC											Y							
<b>SPARKLING</b>																		
SETTE BELLO PROSECCO DOC											Y							
VINA POMONA PROSECCO FOR ONE											Y							