PROPER PUB GROB SA



AVAILABLE ALL DAY FROM 12PM SANDWICHES AVAILABLE TIL 6pm

Fish Finger Gouion Sandwich" 5.99

Served with aherkins, tartare sauce, crisp lettuce. in white bloomer bread and ready salted crisps (938kcal)

↑ Upgrade to skin-on chips ♥ ▼ 79p (993kcal)

Club Sandwich 5.99

Streaky bacon, succulent chicken breast, fresh tomato, crisp lettuce and mayonnaise, topped with a fried egg and sandwiched between 3 slices of toasted white bloomer bread. Served with ready salted crisps (1245kcal)

↑ Upgrade to skin-on chips 79p (1300kcal)

Cauliflower Bites ♥ ¥ 4.49

Coated in a light crisp batter and served with a Piri Piri dip (267kcal)

Chips and Gravy 3.49

(Serves 1, 336kcal)

♠ Upgrade to share 1.50

(Serves 2, 672kcal, 336kcal per serve)

Mac & Cheese Topped Chips 4.49

Topped with mac & cheese and streaky bacon (493kcal)

↑ Upgrade to share 1.50

(Serves 2, 986kcal, 493kcal per serve)

Chipotle Chilli Topped Chips 4.49

Topped with gooey cheese sauce, chipotle beef chilli and reduced-fat soured cream (Serves 1, 417kcal)

↑ Upgrade to share 1.50

(Serves 2, 834 kcal, 417kcal per serve)

Loaded Chilli Cheezy Chips ♥ ¥ 4.49

Topped with our spicy sloppy joe mix and melted Violife Cheeze (Serves 1, 411kcal)

↑ Upgrade to share 1.50

(Serves 2, 822 kcal, 411kcal per serve)

Skin-On Chips ♥ ♥ 2.69 (291kcal)

Mini Fish & Chips" Ø 5.49

Served with skin-on chips, tartare sauce and a lemon wedge (536kcal)

Sausage Roll 3.49

Served with English mustard (560kcal)

Adults need around 2,000kcal a day.



Classic Wings

Tossed in a smoky BBQ sauce

x6 WINGS 5.29 (serves 1, 466kcal)

x12 WINGS 9.29 (serves 2, 895kcal, 448kcal per serve)

x18 WINGS 13.29 (serves 3, 1,325kcal, 442kcal per servel

Loaded Wings

Tossed in a smoky BBQ sauce, topped with streaky bacon and a cheese sauce

x6 WINGS 5.99 (serves 1, 513kcal)

x12 WINGS 9.99 (1.025kcal. serves 2, 512kcal per serve)

x18 WINGS 13.99 (serves 3, 1,537kcal, 512kcal per serve)

Spicy Wings

Tossed in a spicy sauce and served with a creamy blue cheese dip

x6 WINGS 5.99 (serves 1, 519kcal)

x12 WINGS 9.99 (930kcal, serves 2 465kcal per serve)

x18 WINGS 13.99 (serves 3. 1.340kcal. 447kcal per serve)

NEW Trio Of Pies 10.99

A tasty selection of mini pies with our 3 favourite fillings: steak & ale§, slow-cooked lamb & mint, chicken tikka (885kcal) These pies pair well with the following beers in our range - Guinness with lamb, Doom Bar® with steak, Madri with chicken tikka



Don't worry, we know there are allergens in our food that we need to tell you about, so please let your server know if you have a specific allergy or would like more information about our dishes. Ingredients can occasionally be substituted or changed at short notice so please review the allergy information on the website at the time of your visit and ask your server when you arrive. The calories provided are based on the average serving size for the whole dish or drink as detailed on the menu, unless otherwise stated. We ensure that the calorie information provided is as accurate as possible and correct at time of printing, however some product variation may occur. Ingredients are occasionally substituted or changed which may affect the calorie information. (*) Suitable for vegetarians. ■ Suitable for vegans. **May contain small bones or shell. Fish, meat and poultry dishes may contain bones. Images are for illustrative purposes only. Menu descriptions may not list every individual ingredient and some items may be subject to change.